



*Next CBC Meeting - August 17, 6:00*

## **The Tailwind 081220**

**CBC Board & Membership Meeting, 6:00 PM, Monday,**

All members are invited to attend the monthly Executive Board meeting. If you're interested in discussing and shaping the future direction of the Chattanooga Bicycle Club, please consider attending this meeting.

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## Current Executive Board Meeting Agenda

The CBC Board Meeting on Mon, July 20 at 6:00, will be by computer through ZOOM. We are still needing to take precautions with the virus. So the the meeting will be through ZOOM. Forrest will send the link tomorrow. If you are not on the board but would like to attend the meeting, contact Forrest Simmons ([forrest.simmons4@gmail.com](mailto:forrest.simmons4@gmail.com)) for him to send you the link.



## **CPR CLASS FOR CHATTANOOGA BICYCLE CLUB MEMBERS!**

If something happened on a ride, at home or in public would you know what to do? It's something we never want to think about, but your fellow

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riders', or family members' lives could depend on how we react when the worst happens.

Join your fellow CBC members in learning how to administer CPR in an emergency situation.

When: Tuesday, August 18th

Time: 6pm-9pm

Where: We R CPR

5959 Shallowford Rd, Suite 227

Price: \$40 (The CBC will reimburse \$20 of the price to any members who have led rides within the last 12 months. Save your receipt and submit it to Sharon Russell after August 18th.)

How to register: Click on the following link and it will bring you to the registration for our class. No need to purchase any booklets.

<https://wercpr.enrollware.com/enroll?id=3927429>

If you have any questions, please contact Peggy Olson (920) 412-0999.

## **CYCLE SEQUATCHIE POSTPONED TO 2021**

After surviving the coronavirus lockdown this spring, we were optimistic that cases would decline and social distancing protocols would be relaxed by the time October rolled around. Unfortunately, that has not happened. With State and health officials discouraging large gatherings, and cases considerably higher now than they were this spring, we find ourselves having to make the difficult decision of postponing the ride to October 2021 or putting on a significantly modified event this year, with mask

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requirements and no expo or post-ride celebration.

The point of Cycle Sequatchie is to bring people together to share the wonderful experience of cycling (and eating!) in Sequatchie Valley. Having an event that keeps everyone apart in compliance with social distancing protocols does not sound like fun to us and runs counter to what Cycle Sequatchie is all about.

For that reason, **we are cancelling this year's event**. Those people who have already registered or purchased a jersey will be given the option of receiving a full refund, deferring their fees to the 2021 event, or donating their fees to our beneficiary [The Land Trust for Tennessee](#).

Cycle Sequatchie will be back next year! And of course Sequatchie Valley is a great place for a bike ride anytime. Check out [scenicbikeways.com/sequatchie-valley](http://scenicbikeways.com/sequatchie-valley) for a list of beautiful bike routes you can ride on your own year round, and we'll see you the first weekend in October 2021!

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**Shannon Burke**

**Velo View Bike Tours**

[veloviewbiketours.com](http://veloviewbiketours.com)

[tennesseegravel.com](http://tennesseegravel.com)

**423.834.8388**

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**BENEFITTING**



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## **INTERESTED IN GRAVEL CYCLING?**

Check out TennesseeGravel.com! This new website, which focuses on gravel riding in and around the Cherokee National Forest, has information on routes, bikepacking, events, and more!

## **Database shows best cycling routes in area**

**NEW ROUTES ADDED TO [SCENICBIKEWAYS.COM](http://scenicbikeways.com).**—makes it easy to find the best backroads in the Chattanooga tri-state region, as well as hidden gems along the way!

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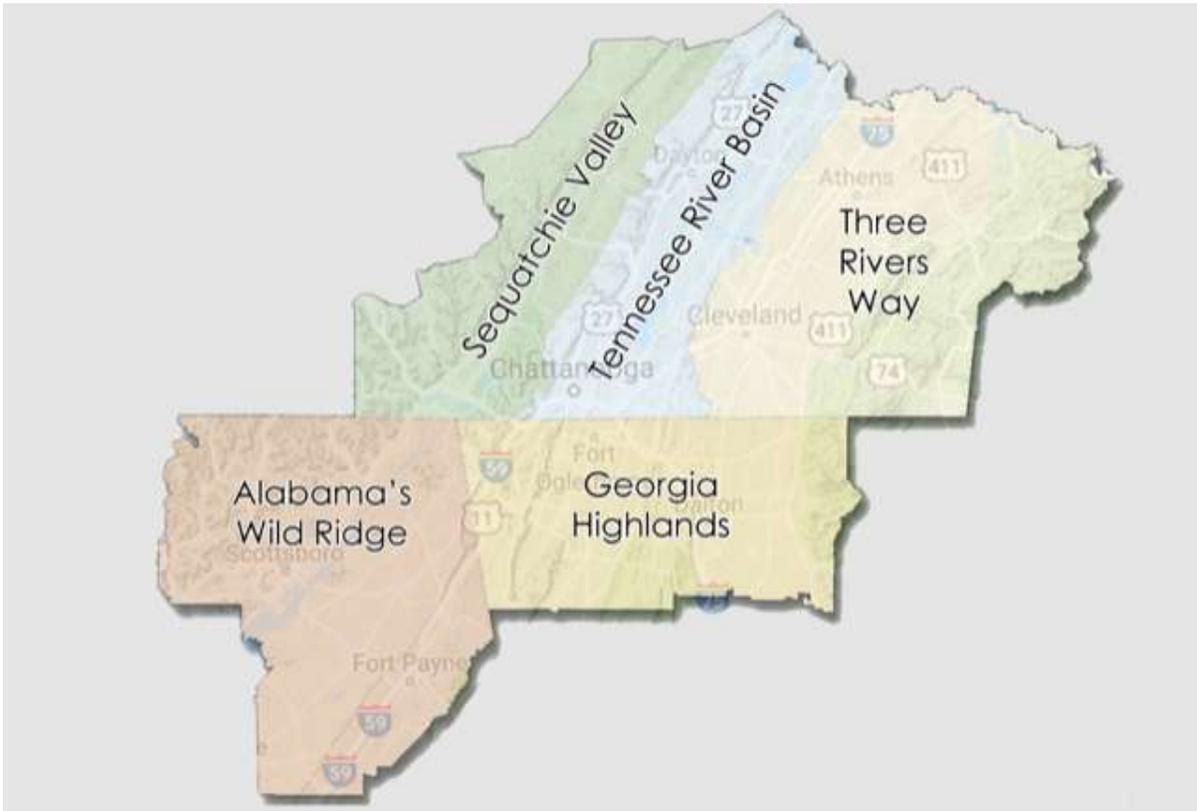
The website currently features curated routes in Sequatchie Valley and the region around the Ocoee, Hiwassee and Tellico rivers. Bikeways of the Scenic South will eventually cover 15 counties in Alabama, Georgia and Tennessee.

Bikeways of the Scenic South is spearheaded by the Southeast Tennessee Tourism Association, [Velo View](#) Bike Tours and [BikeTours.com](#), in cooperation with government officials, local chambers of commerce and businesses, cycling clubs, and individuals across the region who have donated their time and resources to bring attention to our natural treasures.

**Over 20 new routes** have been added to the Bikeways of the Scenic South website this year, with the majority of those in the "Tennessee River Basin" section (Hamilton & Rhea counties). Additional routes are currently being developed for the "Georgia Highlands" section. You can see all the routes

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at [ScenicBlkeways.com](http://ScenicBlkeways.com)!



### **CBC Facebook Group!**

Did you know there is a new Facebook Group just for CBC members? It's a great outlet to keep in contact with your fellow biking friends. You can pass on messages about club rides, organized rides, interesting bike articles or memes or anything bike related. Keep

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it friendly and keep it clean!

Here's the link to get you started!

<https://www.facebook.com/groups/332991920650147/>



## **Jerseys, T-Shirts & Socks are available in the CBC Store**

CBC short sleeve T-shirts, Jerseys and Socks are for sale now in the Club Store. T-Shirts will be shipped when purchased.

There is also a tab referring to '**Clearence**' items. These are items left over from previous events or club jerseys that were not sold at the time. Especially for new members, this is a great chance to get some older clothing. It is restricted to the sizes mentioned. However many folks wear clothing designated for the opposite sex. In these items it really doesn't matter. It just depends on how it fits. So check these out.

## **Ride Pictures**

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Doc Rowe - Pictures from Sunday morning's ride with Jon Bell, Loretta Lynn, and Jittery Joe. Falling Water sunrise.



Unexpected guest for breakfast.

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Fun weekend riding around some of my favorite areas near Chattanooga:  
Sequatchie Valley and Tellico River Road. Jim Johnson

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Wesley Chapel

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Jim Johnson - on the road in Sequatchie Valley!

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Rebecca Shearer at Bald River Falls on the Tellico River.

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I hiked a few trails today for my second 900 mile Great Smoky Mountains

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National Park map. I hiked the Goldmine Trail, Tunnel Bypass Trail and Flat Creek Trail. Was a beautiful day with nice cooler summer weather. Also saw some elk. **Michelle Anderson**



Female Elk of side of Heintooga Road.

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Carolina Lily

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Elk hanging out at Oconaluftee Visitor Center.

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Tuesday Lite Ride was the Baker-Hearn Loop. We had the biggest group

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we've had in a while. I was thrilled. Everyone seemed to have enjoyed the route and had a good time. Tony & Joan Thompson, Beverly Short, Amy French (and she doesn't have a trike,) Jennifer Fiori, Amanda Turner, and Patti Nihells.



Patti insisted I get in the picture so this is the same group with Daisy Blanton in the picture and Patti Nihells taking it.

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## **Weekly CBC Birthdays**

**Aug 13 - Aug 19**

Scott Sawyer, 8/13; Joe Lodato, 8/14; Edith Lester, 8/15; Vickie Neida (Rowe), 8/15; Melissa Gill, 8/16, Sharon Tingley, 8/16; David Bishop, 8/17; Teresa Scott, 8/19;

## **Monthly Membership Notices**

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Please be sure to notify us of any email change since all our communication is generally online. Thanks.

### **Welcome New and Returning Members for the Month of August 2020**

Trey Baldwin, Debbie Bowman & Sandy Mouser, Jarrod Clark, Jim Reagan, Teresa Scott, Lisa Simmons, John & Chris Vass

### **Membership Renewals Due in the Month of September 2020**

Larry Akins, Tom & Carol Baker, David & Kathy Eargle, Angela & James Kimsey, Melody & Jacob Kobernik, Tom & Edith Lester, David & Joyce Nesbitt, Travis & Shayla Withers,

[Renew Online](#)

### **2020 February CBC Meeting Minutes & June CBC Meeting Agenda**

**2020 July CBC Meeting minutes.**

<http://chattanoogabicycleclub.com/wp-content/uploads/2020/07/CBC-Minutes-072020.pdf>

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## **2020 July CBC Meeting agenda -**

[https://chattanoogabicycleclub.com/wp-content/uploads/2020/06/CBC\\_MeetingAgenda-20200615.pdf](https://chattanoogabicycleclub.com/wp-content/uploads/2020/06/CBC_MeetingAgenda-20200615.pdf)

**[This Week's Upcoming Rides - check the CBC ride calendar for more details and activities](#)**

<https://chattanoogabicycleclub.com/ride-calendar/>

**Thursday, Aug 13, AM - No ride scheduled yet** - Please feel free to schedule a ride for Thursday. All we ask is that you follow the CBC COVID-19 Guidelines; they are mostly recommendations.

<https://chattanoogabicycleclub.com/covid-19-ride-guidelines/>

**Thursday, Aug 13, 6:00 PM - CBC "B" Group Thursday night Battlefield rides** - YOU MUST RSVP FOR THIS RIDE AND THE FIRST 7 RIDERS TO RESPOND ARE IN. Please text or email:

Please include: Name, Cell phone, Emergency phone contact, and indicate if you are a bike club member.

Forrest Simmons 404-323-4282, [forrest.simmons4@gmail.com](mailto:forrest.simmons4@gmail.com)

Christopher Williams 423-693-6104

Average Speed 15-18 MPH. We will begin the season at 15 mpg average speed, and then build up to 18 by summer's end (we hope)! This is a no drop ride, and each ride will be 20-25/26 miles long. Please be sure you can maintain at least 15 mph and if you feel compelled to ride faster,

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please sign up for a faster group. Breakaways are highly discouraged until we arrive at a "hot zone" which will be described at the beginning of each ride. This will keep the group together, keep us working as a unit, and insures no one group either gets dropped or pulls away. Headlights are recommended as it may be dusk when we end the ride. Tail lights STRONGLY encouraged also. Ride leaves from the Chickamauga Battlefield Visitor Center lower lot, 3370 Lafayette Rd, Ft Oglethorpe, GA 30742

**Thursday, August 13, 6:00 PM - CBC "C" Group Thursday night Battlefield rides - PLEASE RSVP TO THE RIDE LEADER. SPACE LIMITED!!**

Ride Leaders: Tim Cox 423-503-7530 Vicki Cox 423-503-6406

Average Speed: 13-15mph. No store stop. This is a no drop ride.

We will begin the season about 13mph and build up to 15+ as the season progresses. Distance will be about 15 miles to start and as the daylight allows, increase over the summer to 25+/- miles. A store stop may be added as the mileage increases.

Headlights are recommended as it may be dusk when we end the ride. Tail lights STRONGLY encouraged also. Leave from the Battlefield lower lot at the Visitor's Center in Ft Oglethorpe at 6:00 PM.

**Saturday, Aug 15, No Ride Scheduled Yet - Please feel free to schedule one.**

**Sunday, Aug 16, No Ride Scheduled Yet - Please feel free to schedule**

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one.

**Monday, Aug 17, 6:00 PM - Beginner's Ride** - Hello! Are you new to cycling or returning to the sport after some time away. PLEASE come and join us for a lovely evening ride that is geared to beginners. Cycling is a great way to get in shape, see the country side, and make new friends. We can answer your questions, help with skills or just enjoy looking at the deer! Ride speed and distance is dependent on who shows up -- please no speed is too slow.

Experienced riders, looking for a recovery ride after a hard weekend? Want to share some of your love of cycling with new riders? You are more than welcome. We ask that you stick with the group. Feel free to call the ride leader beforehand if you have any questions at all.

Rain or bad weather cancels the ride. Check the website if the conditions look iffy

Directions to start of ride: From Market Street, turn left onto Manufacturers Road. Follow road under Hwy 27. Turn left onto Hamm Rd. Meeting place is in parking lot approximately 1/4 mile on the right.

John Poinatte

423-505-3410

**Monday, Aug 17, 6:00 PM - CBC Monthly Meeting** - See above.

**Tuesday, Aug 18, 9:00 AM - N GA Lite** - We had a really good turn-out last week. I hope we can keep that up. Again, it will be somewhat slow

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and short but will be a good ride for those who haven't been riding for a while or are new to riding. We are getting stronger. If you would like to lead this ride for one or more days, that would be wonderful. I will do anything I can to help. Just contact Daisy.

This is a ride that takes place every Tuesday morning. Its location and time are variable. If the ride calendar is not edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. This ride will be 8-13 mph for 15-30 miles, no drop.

Daisy Blanton, 706/820-1157 h, 423/243-8203 c, [DaisyBRider@cs.com](mailto:DaisyBRider@cs.com)

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