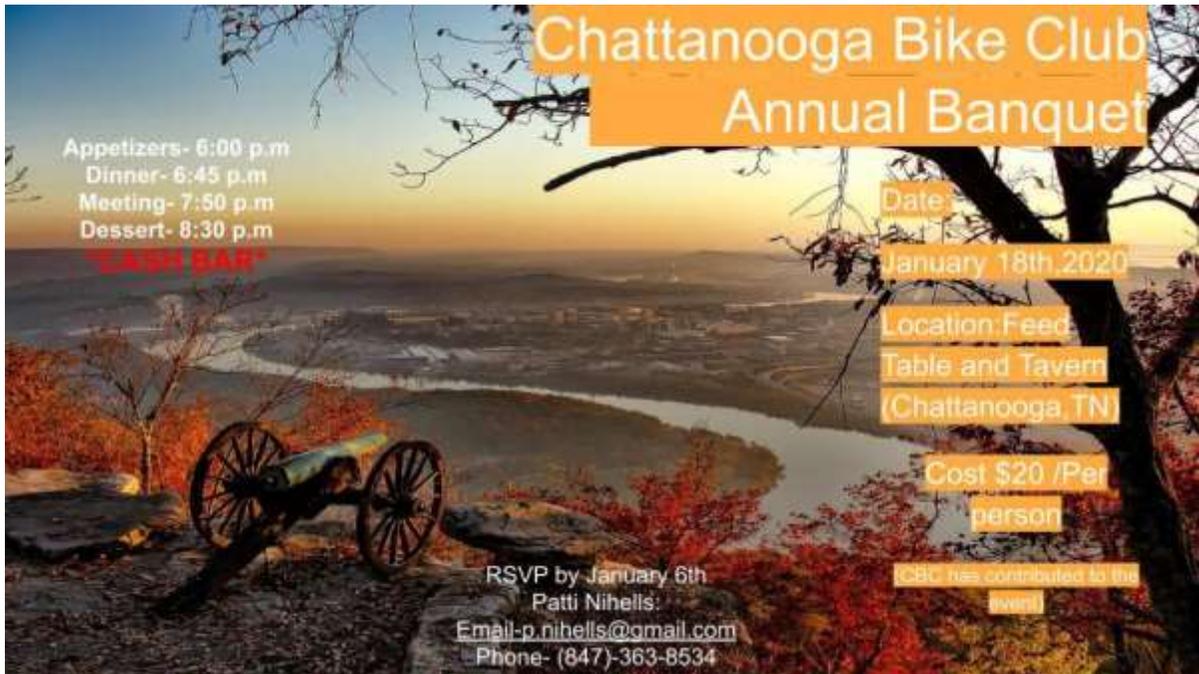




*Next CBC Meeting - Annual Party & Meeting - January 18, 2020*

The Tailwind 121819

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### Your CBC Dollars at Work

Each year, the CBC uses club funds to promote cycling and support local organizations. The dollars come from member donations (as indicated on membership signup/renewal forms), revenue from club events, and this year, from a \$1000 grant from the Jeff Roth Foundation.

Here is a list of 2019 donations/expenditures to date:

Apr - GoFundMe – Replace Liberty's Stolen Hand Cycle	500.00
Apr - Ride & Seek (local cycling event - gift cards)	50.00
May - Patch Kits/Tire Levers (for distribution at local events).	603.90
Jun - Honeybee Metric Rest Stop	169.14
Nov – Bike Lights - Roth Foundation Grant \$1000, CBC \$300 (with CBC logo - to be Distributed by Law Enforcement)	1300.00
Nov - Trust for Public Land (S Chick Greenway Connector).	500.00
Dec - Land Trust for TN (Cycle Sequatchie designated beneficiary)	2,500.00
Dec - Friends of Chickamauga Library	250.00
Dec - National Park Partners - Chickamauga Battlefield	250.00

### CBC Board Open for Nominations!!!

It's that time of year. The nomination committee is looking for volunteers to sit on the CBC Board for 2020. If you are interested in being a board member, or know someone who you would like to nominate to be on the board, please contact any of the listed members:

Peggy Olson, [pbiker10@yahoo.com](mailto:pbiker10@yahoo.com)  
Ben Keim, [benkeim03@hotmail.com](mailto:benkeim03@hotmail.com)  
Sharon Russell, [tnruss@gmail.com](mailto:tnruss@gmail.com)

We will vote on the new board members at the Annual Meeting.

### **2019 Sign In Sheets**

Just a reminder that if you led any rides in 2019, please make sure you get your sign in sheets to me. You can either text photos of them to me (920) 412-0999, email them to me ([pbiker10@yahoo.com](mailto:pbiker10@yahoo.com)), snail mail them to me (219 Poteet Rd SE, Cleveland, TN 37323) or just hand them to me if you plan on seeing me before January. (I'll be gone the last two weeks of December.)

Make sure you get them to me and get credit for leading the rides. You will get free or reduced membership, depending on how many rides you've led!

Those of you who have led rides this year, stay tuned for details about the Ride Leaders Pizza Party. It will be in February.

Thanks you all for a fun year of riding....but wait! That's not all! We still have one more month of bundled up fun ahead of us this year!

You guys rock!

Peg

### **Danger to the Natchez Trace Parkway From Jim Johnson**

One of America's most popular national parks for bicycling - the Natchez Trace Parkway - is proposing to install 40 miles of rumble stripes along the road's edge line and centerline in Alabama and Mississippi. With no shoulders and traffic speeds of 50+ mph, adding rumble stripes would be detrimental to bicycle safety and tourism for many reasons outlined below.

Please comment today and ask the park to not install rumble stripes along the Natchez Trace Parkway.

Why would rumble stripes be detrimental to bicycling on the Natchez Trace?

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They can cause loss of control of a bicycle, causing injury to bicyclists or causing them to fall in the path of a moving motor vehicle.

They limit options for lane positioning and reduce the possibility of an emergency escape.

Centerline rumble stripes can discourage motor vehicles from moving fully across the centerline to pass a bicyclist safely.



Without at least 4+ feet of separated shoulder space for cyclists, they do not protect cyclists from the possibility of being hit by a drowsy or distracted motorist.

They would detract from the cycling experience of the Parkway by creating noise every time a motorist passes cyclists.

Additionally, making the road more dangerous for bicycling would result in decreased bicycle visitation and tourism, which would hurt businesses in the parks' gateway communities.

The only way to ensure that rumble stripes don't contribute to increased numbers of cycling injuries and fatalities is for the park to add a minimum four-foot shoulder to the right of the rumble stripe. However, the park has stated that this option will not be considered.

We need to hold the Natchez Trace Parkway accountable to safety solutions that work for all road users, especially the most vulnerable. Please submit your comments by December 20, 2019, either online or by mail to:

Superintendent  
Natchez Trace Parkway  
2680 Natchez Trace Parkway  
Tupelo, MS 38804

[email address](#)

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## New Information - Latest Jersey Order Is Here

The latest batch of Cycle Sequatchie jerseys has arrived! We've filled all of the orders we took at the ride, and we have a few extras leftover. Jerseys are high quality super comfy Hincapie sportswear and cost \$65 (which includes tax). If you're interested in a jersey, please contact Shannon at [shannon@veloviewbiketours.com](mailto:shannon@veloviewbiketours.com) to check sizes.

The [pictures](#) from the 2019 event have finally arrived! Plus we've added the new 2020 routes to the website. And stay tuned for an announcement regarding registration opening coming soon!

### Pictures

Check out the new photo album at [CycleSequatchie.com](http://CycleSequatchie.com). We'll also post pictures on [Instagram](#) & [Facebook](#). *Videos coming soon!*

### Jerseys

The jerseys are in production and are scheduled to be shipped at the end of next week. We'll be in touch with those of you who ordered one just as soon as they arrive!

### Survey Feedback

Thanks to everyone who provided feedback through our [post-ride survey](#). Lots of good suggestions in there. *We look forward to making it an even better experience next year!*

### Website Update

While [CycleSequatchie.com](http://CycleSequatchie.com) is not yet 100% updated for 2020, we have gone ahead and provided the new [routes](#) (*and climbs!*) for next year, ranging from 15 to 103 miles!

### Registration

Once we get everything finalized for 2020, we'll make an announcement and open registration. Like last year, ***the first 40 to register will get it for \$40!***

[CycleSequatchie.com](http://CycleSequatchie.com)

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### Database shows best cycling routes in area

Bikeways of the Scenic South—[www.scenicbikeways.com](http://www.scenicbikeways.com)—makes it easy to find the best backroads in the Chattanooga tri-state region, as well as hidden gems along the way! The website currently features curated routes in Sequatchie Valley and the region around the Ocoee, Hiwassee and Tellico rivers. Bikeways of the Scenic South will eventually cover 15 counties in Alabama, Georgia and Tennessee.

Bikeways of the Scenic South is spearheaded by the Southeast Tennessee Tourism Association, Velo View Bike Tours and BikeTours.com, in cooperation with government officials, local chambers of commerce and businesses, cycling clubs, and individuals across the region who have donated their time and resources to bring attention to our natural treasures.



### CBC Facebook Group!

Did you know there is a new Facebook Group just for CBC members? It's a great outlet to keep in contact with your fellow biking friends. You can pass on messages about club rides, organized rides, interesting bike articles or memes or anything bike related. Keep it friendly and keep it clean!

Here's the link to get you started!

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<https://www.facebook.com/groups/332991920650147/>



### **Jerseys, T-Shirts & Socks are available in the CBC Store**

CBC short sleeve T-shirts, Jerseys and Socks are for sale now in the Club Store. T-Shirts will be shipped when purchased.

There is also a tab referring to '**Clearence**' items. These are items left over from previous events or club jerseys that were not sold at the time. Especially for new members, this is a great chance to get some older clothing. It is restricted to the sizes mentioned. However many folks wear clothing designated for the opposite sex. In these items it really doesn't matter. It just depends on how it fits. So check these out.

### **Ride Pictures**

**Urban Ride - George Perry's Trickum Ride** - One of our favorites and we had a good group show up. We were trying to get a picture of the engine in the background above Lou's head. George Perry, Peggy Olson, Daisy Blanton, Lou Pape, Richard Russell, Chuck Puglisi, Beverly Short. Sharon Russell had ridden on ahead so she missed the picture.

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The Sunday 121519 beautiful homes tour - We rode around the Rivermont area and the homes there never cease to amaze me. Patti Nihells, Daisy Blanton, Peggy Olson, Joan and Tony Thompson and Chuck Puglisi (photographer).

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That's all the rides we did last week. We tried to have one this Tuesday. Five of us showed up, but the wind was so cold that we all decided it was not a good day to ride and went home. We're just a bunch of wimp's but I surely was relieved.

**Weekly CBC Birthdays**

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## **December 19 - December 25**

Casey Adams, 12/19; Patti Nihells, 12/19; Joan Thompson, 12/20; Kim Pace, 12/21; Dan Allen, 12/22; Kevin Whiteside, 12/23; Ellen Thompson, 12/24, Vanessa Amador, 12/25

## **Monthly Membership Notices**

Please be sure to notify us of any email change since all our communication is generally online.  
Thanks.

## **Welcome New and Returning Members for the Month of December 2019**

Chuck Feagans, Windy Scott, Pete & Beth Williams,

## **Membership Renewals Due in the Month of January 2020**

Pat Allison, Eric & Michelle Anderson, Jon Bell & Loretta Leda, Tim & Mikki Blaes, Daisy Blanton, Becky Buckles, Gary Burriss, Don & Norma Church, Bill Cornwall, Ted Dickerson, Don Kent, Tom Hand & Athena Moundalexis, Mike & Carrie Hartline, Marshall Horton, Troy & Ella Ivey, Andy Jones, Ben & Jodi Keim, David & Darda Kerfeld, John & Lijuan Oakey, Lou & Cindy Pape, Ed Park, Richard & Sharon Russell, Bob Shafto & India Broyles, Tony & Joan Thompson, Kat Volzer, Doug & Joann Wood, Eric & Tina Zitzow, Kevin Zitzow,

[Renew Online](#)

## **2019 November CBC Meeting Minutes & 2019 December CBC Meeting Agenda**

### **2019 November CBC meeting minutes.**

<http://chattanoogabicycleclub.com/wp-content/uploads/2019/12/CBC-General-Membership-meeting-minutes-11-18-2019.pdf>

### **2019 December CBC meeting agenda.**

<http://chattanoogabicycleclub.com/wp-content/uploads/2019/12/CBC-General-meeting-agenda-12-16-19.pdf>

## **This Week's Upcoming Rides - check the CBC ride calendar for more details and activities**

<https://chattanoogabicycleclub.com/ride-calendar/>

**Thursday, Dec 19, 10:30 AM - Urban Ride-Soddy Duo Hollow Ride** - The weather looks promising this day for a rural ride in Soddy going through 2 hollows., ~ShIPLEY Hollow and then back through Posey Hollow. This hilly ride is approximately 30 <> miles. I encourage faster riders to come, ride at their own pace. This gives the ride leader, actually the caboose, some engine power! Ride leader expects average of 12-13 mph (MOL).

- 10:30 am
-

- Starts at the North Soddy ballfields near the Senior Citizen Community Center
  - restrooms available at the start
    - 30 +/- hilly miles
    - No drop ride
  - Store stop at Delta Express approx. 21mm
  - An average at ride's end of 12-13 mph
    - Cue sheets will be available
    - Did I mention there will be hills
- But if "weather outside is frightful....raining, snowing, this ride will cancel so don't feel spiteful
- Lunch afterwards at Ricko's Pizzeria and Italian Cuisine 10330 Dayton Pike, Soddy-Daisy, TN 37379

The weather looks promising this day for a rural ride in Soddy going through 2 hollows., ~Shipley Hollow and then back through Posey Hollow. This hilly ride is approximately 30 <> miles. I encourage faster riders to come, ride at their own pace. This gives the ride leader, actually the caboose, some engine power! Ride leader expects average of 12-13 mph (MOL).

Ride with GPS App download, Garmin download, cue sheet and map available at the following link...

<https://ridewithgps.com/routes/30768897>

Ride Leader: Cindy Pape

Phone: 423-693-8816 Email: [c1oupape@gmail.com](mailto:c1oupape@gmail.com)

**Friday, Dec 20, 10:00 AM - Riverpark Twenty or Thirty Mile Leisure Ride** - This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St.

Elmo. Near the end of the loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (rider choice!), 9-10 mph, no drop. The average speed for the second loop will be a bit higher! <https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, [cjp0124@gmail.com](mailto:cjp0124@gmail.com)

**Saturday, Dec 21 - No Ride Scheduled - Please schedule a ride!**

**Sunday, Dec 22, 10:00 AM EST - Sunday Riverwalk/Downtown Group Option Ride** - Riding downtown Chattanooga and nearby areas on Sunday – when vehicles and people are minimal – becomes really enjoyable. In fact, downtown transforms into this glorious "ghost town" where bike riders seemingly own the place; making it and the surrounding neighborhoods a lot of fun to ride. This event also has the distinction of being a Group Option Ride. Every ride does launch from and return to the Riverpark's Hubert Fry Station, but the riders may select from routes such as:

Touring Fort Wood – lots of older, restored homes and businesses.

Cruising Broad, Market, and Chestnut Streets; maybe a stop at Farmers Market.

Heading toward the Dam, down Dotson and back on Holtzclaw.

Don't forget to bring a snack for our brief Recharge Stop along the way.

Ride Leader: Chuck, 865/321-0893, [cjp0124@gmail.com](mailto:cjp0124@gmail.com)

Ride Length: Approx. 20 miles

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Average Speed: 11-13 mph  
Rest/store stops: Available  
This is a no-drop ride.

**Tuesday, Dec 24, 10:00 AM - Need Ride Leader** - *Daisy will not be available on this day so we need a ride leader if it is to happen.* This is a ride that takes place every Tuesday morning. Its location and time are variable. If the ride calendar is not edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35 miles, 10-13 mph, no drop.

Daisy Blanton, 706/820-1157 h, 423/243-8203 c, [DaisyBRider@cs.com](mailto:DaisyBRider@cs.com)

**Tuesday, Dec 24, 9:30 AM - N GA Plus** - This is a ride that leaves a little before the 'Lite' ride every Tuesday morning, ride is longer and faster and tries to finish around the same time. No Drop Ride. Average speed > 14-16 mph. Restrooms will be available at the start. Check the Ride Calendar for last minute info. Ride Leader: Sharon Russell 423.240.2700.

**Wednesday, Dec 25, Merry Christmas!!**

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