



Next CBC Meeting - August 19, 2019

The Tailwind 081419

CBC Board & Membership Meeting, 6:00 PM, Monday, August 19

All members are invited to attend the monthly Executive Board meeting at Outdoor Chattanooga, 200 River St in Coolidge Park on the North Shore.

- If you're interested in discussing and shaping the future direction of the Chattanooga Bicycle Club, please consider attending this meeting.
- After the meeting, all attendees are invited to gather at a local restaurant for dinner.
 - [Current Executive Board Meeting Agenda.](#)



Too hot to bike, let's FLOAT

So it is too hot for me to ride. Please join us for a fun day on the Hiwassee. The first bus leaves at 11 a.m. and we should be on it! BYOP -- Bring your own Picnic for afterwards.

PLEASE RSVP to me no later than Tuesday August 27th so that I can make the reservations directly with Webb Bros. lynn.seeger@epbf.com or (423) 667-5134.

Bring a sun hat, strap for your sunglasses, water-safe sunblock, snacks and water, maybe a drybag, change of clothes, etc. Here is the website. <https://www.webbbros.com/rafting.html> .

Oct 5, 2019 | Dunlap, TN



CYCLE SEQUATCHIE

Good news! The **Lyndhurst Foundation** is going to give us funds to help pay for the **Cycle Sequatchie post-ride farm-to-table lunch buffet!** And **Village Volkswagen** is going to sponsor the **Cumberland K.O.M. Challenge**. They're also going to donate some prizes for the winners of the challenge and have offered the use of their vehicles for our course marshals.

We're still short on volunteers but at least we're finally getting some big ticket sponsors. Progress!

I know the Cycle Sequatchie seems a long way off but it will be here before we know it. CBC is responsible for this event and we need participation from our members. We need volunteers. We always had great support from our members for the 3-State and we need it again for this event. [You can find a list of volunteer opportunities for the event by clicking here.](#)

We still need more volunteers!

In addition to offering a fun cycling event for both locals and out-of-towners, the ride will serve as the primary fundraiser for the club, much as the 3 State 3 Mountain Challenge was for many years. As a first-year event, our expectations for revenue are modest, but we believe the ride

has great potential to turn into a significant fundraising event.

To reach that point, we need this first year to be a success. So please help us spread the word about the ride, and consider getting involved as a volunteer. [You can find a list of volunteer opportunities for the event by clicking here](#). All volunteers will receive an event t-shirt along with lunch & beer tickets!

We are especially looking for help with the rest stops and would love to have someone step up to help with recruiting & coordinating the volunteers. If you would like to take a lead role at a rest stop or with the volunteer effort as a whole, please let us know and we'll get you plugged in!

Of course if you want to do the ride, by all means [sign up](#)! We want all of our club members to participate in whatever way feels right.

You can find more details about the event at: CycleSequatchie.com

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Shannon Burke
Velo View Bike Tours
veloviewbiketours.com

423.834.8388

Join us OCT 5th for Cycle Sequatchie!



Bring your *non-cycling friends & family* to Cycle Sequatchie and they can enjoy their own guided paddle down the Sequatchie River while you're out riding the course or volunteering! We also have guided hikes and other free non-cycling activities scheduled for the morning of the ride. Check out all the fun stuff for non-cyclists to do on our Weekend Activities page!

<https://cyclesequatchie.com/weekend-activities>



**Boom Days/DeSoto State Park Bike Weekend
September 19-23**, 2019**

SAVE THE DATE!!! (See Latest update: at end of writeup)

This is an event for everyone! We'll be spending the weekend at **DeSoto State Park** in Fort Payne, AL. That much is the same for everyone. The rest can be tailored to your tastes.

The Boom Days Celebration in Fort Payne, AL is happening this weekend. It's a 2 day festival, on September 21st and 22nd, with music and events. We'll take some time to enjoy the fun!

<https://boomdays.com/>

How do we get there?

Bike Tour:

For those wanting to bicycle from Chickamauga to DeSoto State Park, we will pedal an approximately 50 mile route on Friday, September 20th and return on Monday, September 23rd.. We'll be climbing Lookout Mountain out of Menlo, GA. There are two options for the tour: You can load up your bike and carry all of your own gear OR you can just ride your bike and let "Saggy" Bob Olson carry everything for you. He will be sagging for the ride.

Don't want to bike to the park?

Drive there:

Drive to the park on Thursday, September 19th and stay until Sunday or Monday, September 22nd or 23rd. We will have bike rides planned, out of the park, on Friday through Sunday.

Where do we stay?

DeSoto State Park has something for everyone! There's camping, cabins and a motel at the park. We recommend you make your reservations as soon as possible. Find a camping buddy and split the cost! ****YOU ARE RESPONSIBLE FOR YOUR OWN RESERVATIONS****

<https://www.alapark.com/desoto-state-park>

Camping is \$37 per night (plus fees). You can have 2 tents OR 1 camper and 1 tent on each site. The Papes will be on site #17 and the Olsons will be on site #19. We are in the Upper Loop.

We'll have more details about this tour during the summer. Please RSVP or direct any questions to Peggy Olson, (920) 412-0999, pbiker10@yahoo.com.

Latest update:

September will be here before we know it! Time to lock down your plans for a fun weekend.

Supported bicycle tour to the park from Chickamauga (52 miles) or drive directly to the park. Rides available every day!

There are still some campsites/cabins/lodge rooms available. You are responsible for your own reservations. Check the DeSoto Falls State Park website:

<https://www.alapark.com/parks/desoto-state-park>

Camping only dates are September 19-22

Bike tour plus camping dates are September 20-23

**In order to organize the weekend, please contact Peggy Olson to let her know you're coming and where you're staying. (also with any questions)

pbiker10@yahoo.com

(920) 412-0999

New database shows best cycling routes in area

Bikeways of the Scenic South—www.scenicbikeways.com—makes it easy to find the best backroads in the Chattanooga tri-state region, as well as hidden gems along the way! The website currently features curated routes in Sequatchie Valley and the region around the Ocoee, Hiwassee and Tellico rivers. Bikeways of the Scenic South will eventually cover 15 counties in Alabama, Georgia and Tennessee.

Bikeways of the Scenic South is spearheaded by the Southeast Tennessee Tourism Association, Velo View Bike Tours and BikeTours.com, in cooperation with government officials, local chambers of commerce and businesses, cycling clubs, and individuals across the region who have donated their time and resources to bring attention to our natural treasures.



CBC Facebook Group!

Did you know there is a new Facebook Group just for CBC members? It's a great outlet to keep in contact with your fellow biking friends. You can pass on messages about club rides, organized rides, interesting bike articles or memes or anything bike related. Keep it friendly and keep it clean!

Here's the link to get you started!

<https://www.facebook.com/groups/332991920650147/>



Jerseys, T-Shirts & Socks are available in the CBC Store

CBC short sleeve T-shirts, Jerseys and Socks are for sale now in the Club Store. T-Shirts will be shipped when purchased.

There is also a tab referring to '**Clearence**' items. These are items left over from previous events or club jerseys that were not sold at the time. Especially for new members, this is a great chance to get some older clothing. It is restricted to the sizes mentioned. However many folks wear clothing designated for the opposite sex. In these items it really doesn't matter. It just depends on how it fits. So check these out.

Ride Pictures

The riders on the **Riverpark Leisure 20-30** on August 9 were: Beverly Short, Joe Nivert, John Vass, Larry Akens, Bob Haag, Rich Rudner, Pete Williams, Gray Fletcher, Daisy Blanton, Raleigh Cooper, Marty Pinson, John Oakey, and Chuck (photographer).



Regrouped and took closeup.



Pete Williams, Raleigh Cooper, Beverly Short, John Oakey, Gray Fletcher, Daisy Blanton at Blue Goose stop.



Marty Pinson, Jon Vass, Joe Nivert, Rich Rudner, Bob Haag



Pictures from Sharon Russell's **AuTour de Lookout** Saturday Morning — I thought today would be a fun ride and it was. It was a devilish ride Hot, Humid and uphill and over Lookout Mountain lead by Sharon Russell and a good group of high spirited riders. I lost my bike computer, it fell out of it's mount and crashed onto the pavement at 28mph, when I hit a hard bump. May it rest in peace.

Turned out to be an expensive ride today. Peggy Olson (I think).

Riders not in order: Gary Gesualdi, Forrest Simmons, Peggy Olson, Vicki Cox, Sharon Russell, Richard Russell, Christopher Williams, Tom Baker and Calvin Carson.



Vicki Cox





Fun sign at the bottom of Burkhalter Gap.



For those of us that decided to skip the mountain and start a little earlier because of the heat, we had a great time. We didn't get a group photo but did get a few pictures during the ride. Patti Nihells, Tony and Joan Thompson with Beverly Short in the background.



One of the best parts of the ride was seeing George Perry back riding. He was riding the Battlefield with Doug Wood. He said he would be on some of our rides soon. Tony and Joan Thompson, George Perry, Daisy Blanton in front.



Doug Wood was having a nice ride with George.



When we were almost back, in Alton Park, and waiting to regroup, Lou Pape turned around and spotted this great series of art work along a wall. All the pictures were good but these were our two favorites. Beverly Short, Patti Nihells, Lou Pape, Daisy Blanton and Cindy Pape's bike. Cindy took the pictures.



This was Lou's favorite. It was a really fun ride - overcast and cool most of the morning. But the sun had come out by the end of the ride and we were ready to get out of the sun.

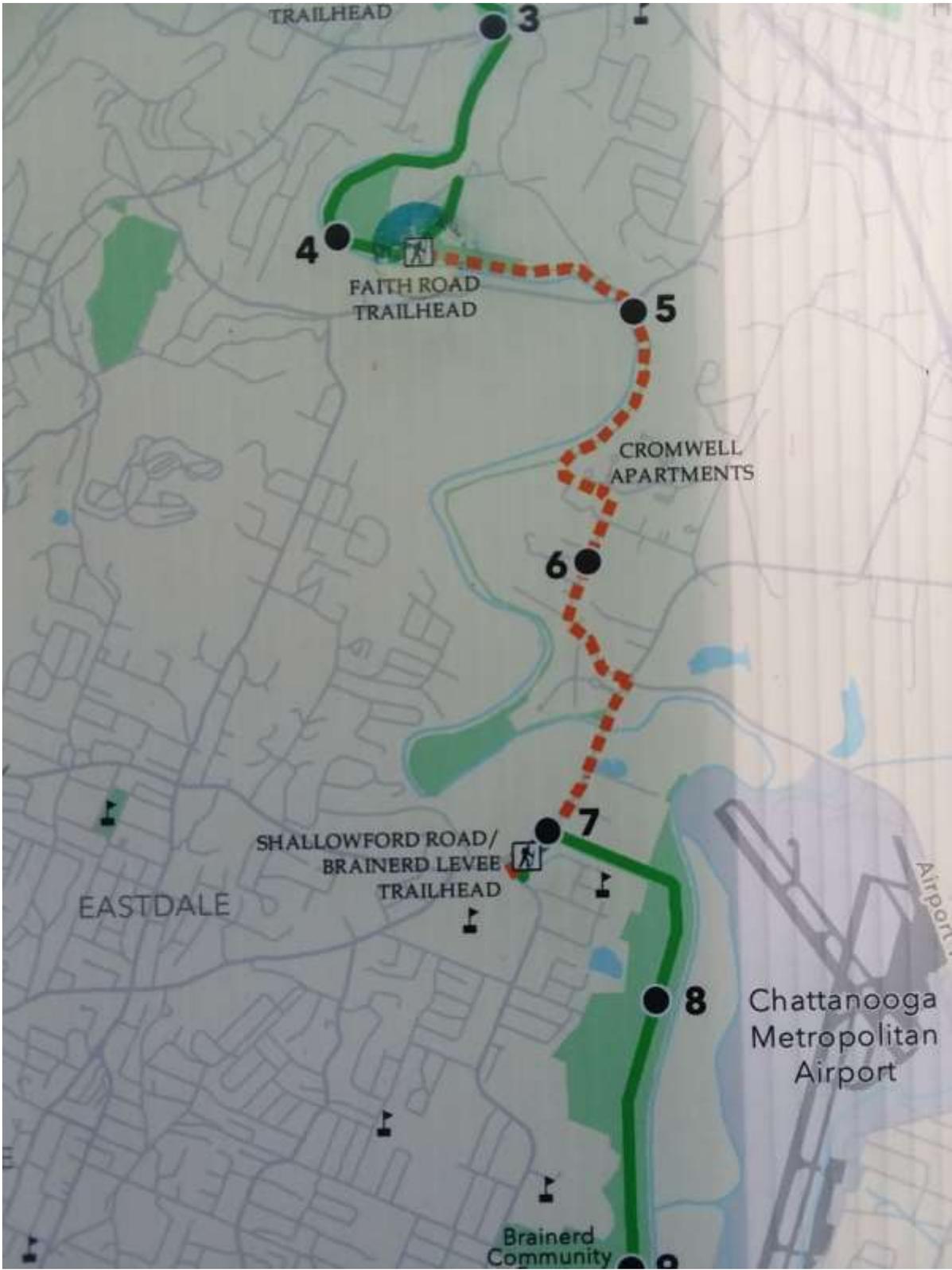


Three out of the last four **Sundays the Riverwalk** Gang had to deal with ride-interrupting rain. But this past Sunday was hot (92 deg) and humid (94%) – but totally dry – fantastic! In fact, the lack of rain for most of the previous week allowed us to ride the South Chick Greenway. At the current temporary end of the trail, we checked out the map which shows the planned connection from our Faith Road Trailhead location to the Shallowford Road/Brainerd Levee Trailhead. When completed, bikers will be able to ride on hard surfaces unimpeded by vehicular traffic from the Riverpark to Camp Jordan.

Upon our return to the Riverpark, we headed toward Battery Place on our way to Riverside, turned up Chestnut, went through downtown and then to Farmer’s Market for our recharge stop. Then it was back to Blue Goose Hollow and down the Riverwalk to Fry Station; completing this fun 25+ mile tour.

Pictured: Mark Dowling, Shane Ham, Rich Rudner, Patti Nihells, Mike Hartline and Chuck Puglisi (the “invisible photog”).





The N GA Lite - Hot Weather ride did exactly what we planned. It was quite shady and pleasant all through the park and even getting to Chickamauga and along Glass Mill and Old Lafayette Rd. The sun didn't take over until returning along Lee Clarkson Rd. It was just enough to make us happy to see the end to what had been a really pleasant ride. And George did join us. George Perry, Beverly Short, Art Thompson, Peggy Olson, Sue Newton, Daisy Blanton and Patti Nihells (photographer). Tony Thompson escaped before we got together for the picture.



Weekly CBC Birthdays

August 15 - August 21

Vicki Rowe, 8/15; Melissa Gill, 8/16; Sharon Tingley, 8/16; David Bishop, 8/17; Linda Jamerson, 8/18; Scott Packer, 8/20

Monthly Membership Notices

Please be sure to notify us of any email change since all our communication is generally online.
Thanks.

Welcome New and Returning Members for the Month of August

Kathy Barton, Debbie Bowman, Winston DeCredico, Steve Harwood, Brent Jordan, Sandy Mauser,
Jim Reagan, John & Chris Vass

Membership Renewals Due in the Month of September 2019

Larry Akens, Walt & Vanessa Amador, Tom & Susan DuBose, David & Kathy Eargle, James &
Melissa Gill, Calley Hornbuckle, Doug Irish, Stef Nemeth, David & Joyce Nesbitt, Scott Packer,
Richard Sacilotto, Lisa Simmons, James & Virginia Trimble

[Renew Online](#)

2019 July CBC Meeting Minutes & 2019 August CBC Meeting Agenda

2019 July CBC meeting minutes.

<http://chattanoogabicycleclub.com/wp-content/uploads/2019/08/CBC-General-Membership-meeting-minutes-7-15-2019.pdf>

2019 August CBC meeting agenda.

<http://chattanoogabicycleclub.com/wp-content/uploads/2019/08/CBC-General-meeting-agenda-8-19-19.pdf>

Outreach Discussion Group Agenda

<https://chattanoogabicycleclub.com/wp-content/uploads/2019/03/Outreach-Discussion-Agenda-03-18-19.pdf>

This Week's Upcoming Rides - check the CBC ride calendar for more details and activities

<https://chattanoogabicycleclub.com/ride-calendar/>

Thursday, Aug 16, 9:30 AM - Urban Ride - Not So Urban Red Clay - Come to my neighborhood for a ride! It's not urban, but it's beautiful. You'll find low traffic roads thru rolling farmland. Meet at Red Clay Park, in the pavilion lot, and be ready to ride at 9:30am. We'll do a figure 8 ride, returning to the park about halfway through our 29 mile route. There is water at the park, but no snacks, so plan ahead if you need anything to eat. We'll end up with an average pace of 11-13mph and regroup, as needed, to stay together. No one will be dropped.

Here is the route on Ride With GPS:

<https://ridewithgps.com/routes/27872248>

Bad weather or poor road conditions will cancel this ride.

Ride Leader: Peggy Olson, pbiker10@yahoo.com, (920) 412-0999

Thursday, Aug 16, 6:00 PM - Battlefield - A, B, C Groups -

A weekly ride through the Chickamauga Battlefield and surrounding area. Meet in lower parking lot of Visitors Center. Rest rooms may or may not be open at start, so plan accordingly. Dependent on group, there may be option for mid-ride store stop.

A Group

Distance 25-35 miles. Average overall pace at ride's end is 18-20mph.

Ride leaders:

Ben Keim 423.504.8597 (benkeim03@hotmail.com)

Barry Matlock 423.475.3208 (barry.matlock@gmail.com)

B Group

Distance approx. 25 miles. Average overall pace at ride's end is 15-16 mph early in season. We'll work together to increase that pace with the goal of a 17-18+ avg by end of season. No drop.

Ride Leaders (will alternate weeks):

Richard Russell 423.598.1243 (rwr.tnruss@gmail.com)

Sharon Russell 423.240.2700 (slr.tnruss@gmail.com)

C Group

Distance 15-25 miles, depending on participants. Average overall pace at ride's end 12-14 mph. No drop.

Ride Leaders (will alternate weeks):

Sharon Russell 423.240.2700 (slr.tnruss@gmail.com)

Richard Russell 423.598.1243 (rwr.tnruss@gmail.com)

Friday, Aug 16, 9:30 AM - Riverpark Twenty or Thirty Mile Leisure Ride - This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (rider choice!), 9-10 mph, no drop. The average speed for the second loop will be a bit

higher!<https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, cjp0124@gmail.com

Saturday, Aug 17, 7:45 AM - Ride to Provide Metric-ish Loop - Hey Gang! For those of you needing a metric this August, this is YOUR lucky weekend! I will be leading a ride from the Publix in Ooltewah (Snow Hill Village) and covering the Open Arms Care (OAC) metric century route. You all may know this route from the OAC ride of past Septembers.

Start is in the parking lot of Publix to accommodate parking, if necessary. Park in the corner past Tire Discounters (who's humming their theme song??) and the liquor store, close to the rear of the building and the vacant former Family Cleaners storefront. Route distance is approximately 64 miles with 3100 feet of climbing, a chunk of that on the back end, climbing Harrison Pike and Mahan Gap Rd. Traffic should be mostly light in the middle of the route, favorable but not perfect for the rest. No drop. Pace TBD by the riders who partake. Stores along or just off route. Likewise, stops TBD; nothing set in stone.

Ride Leader: Joe Lodato, (865) 414-0733; joe.lodato@epbfi.com. I plan on riding this anyway; I'll

notify if foul weather rears its ugly (some may say, merciful) head.

Saturday, Aug 17, 9:00 AM - Etowah-Benton Loop (Bikeways of the Scenic South, Three Rivers Way) - Explore the varied scenery of rural East Tennessee as you ride between two small towns, stopping at a farmers market and winery along the way! We will view this more as a tour than as a ride and plan to spend some time at the farmers market and the winery.

41 miles/2,100 feet of climbing.

Ride leader: Jim Johnson 423-313-5256.

Route: <https://ridewithgps.com/routes/28865024>

Average speed at end 11-13 mph.

There is a detail description of the ride on the CBC calendar.

Sunday, Aug 18, 10:00 AM - Sunday Riverwalk/Downtown Group Option Ride - Riding downtown Chattanooga and nearby areas on Sunday – when vehicles and people are minimal – becomes really enjoyable. In fact, downtown transforms into this glorious “ghost town” where bike riders seemingly own the place; making it and the surrounding neighborhoods a lot of fun to ride. This event also has the distinction of being a Group Option Ride. Every ride does launch from and return to the Riverpark’s Hubert Fry Station, but the riders may select from routes such as:

Touring Fort Wood – lots of older, restored homes and businesses.

Cruising Broad, Market, and Chestnut Streets; maybe a stop at Farmers Market.

Heading toward the Dam, down Dotson and back on Holtzclaw.

Don't forget to bring a snack for our brief Recharge Stop along the way.

Ride Leader: Rich Rudner, 954-261-1828 - rudnerr@comcast.net

Ride Length: Approx. 20 miles

Average Speed: 11-13 mph

Rest/store stops: Available

This is a no-drop ride.

Monday, Aug 19, 6:00 PM - CBC Monthly Board & Membership Meeting - See above.

Monday, Aug 19, 6:00 PM - Beginner Ride - Hello Beginners!! Are you a beginning cyclist or one returning to riding after a long break?

Please come and join us for a fun and relaxing ride. The purpose of this ride is to gain confidence, get comfortable riding on the road with traffic, share knowledge and improve your skills. Let's get some exercise and, most of all, enjoy ourselves and have fun!

Ride time will generally be about an hour or so but each ride will be accommodated according to skill level and comfort of the group. Helmets required, rear and front bike lights are a very good idea.

Leave from the parking lot across from the Friends of the Festival office, 180 Hamm Rd, Chattanooga TN 37405.

Please feel free to contact ride leader with concerns or questions.

Ride Leader: Kevin Mowery, kevin.mowery@chattanoogastrailer.com

Monday, Aug 19, 6:00 PM - Monday Night City Ride - Riverview to Points North & South - Weekly Ride from Riverview Park. 13-16 mph overall avg. (Faster on flats/descents, slower on climbs.) No drop. Route selection (see below) will be at ride leader's discretion, and will vary

depending upon season, participants, and road conditions. Also depending upon participation, we may split into faster/slower groups. No drop. Restrooms are available at start.

Riverview-Red Bank-MoccasinBend: <https://ridewithgps.com/routes/29488404>

Riverview-Chattanooga Valley: (route link to come)

Both routes include segments through city traffic. Front and rear lights highly recommended and essential during March and October.

Ride leaders:

Ed Park: 423-400-9530 / eparkseven@yahoo.com

Richard Russell: 423-598-1243 / rwr.tnruss@gmail.com

Tuesday, Aug 20, 9:00 AM - N GA Lite - This is a ride that takes place every Tuesday morning. Its location and time are variable. If the ride calendar is not edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35 miles, 10-13 mph, no drop.

Daisy Blanton, 706/820-1157 h, 423/243-8203 c, DaisyBRider@cs.com
