



Next CBC Meeting - August 19, 2019

The Tailwind 072419

Oct 5, 2019 | Dunlap, TN



CYCLE SEQUATCHIE

I know the Cycle Sequatchie seems a long way off but it will be here before we know it. CBC is responsible for this event and we need participation from our members. We need volunteers. We always had great support from our members for the 3-State and we need it again for this event. [You can find a list of volunteer opportunities for the event by clicking here.](#)

We still need more volunteers!

In addition to offering a fun cycling event for both locals and out-of-towners, the ride will serve as the primary fundraiser for the club, much as the 3 State 3 Mountain Challenge was for many years. As a first-year event, our expectations for revenue are modest, but we believe the ride has great potential to turn into a significant fundraising event.

To reach that point, we need this first year to be a success. So please help us spread the word about the ride, and consider getting involved as a volunteer. [You can find a list of volunteer opportunities for the event by clicking here.](#) All volunteers will receive an event t-shirt along with lunch & beer tickets!

We are especially looking for help with the rest stops and would love to have someone step up to help with recruiting & coordinating the volunteers. If you would like to take a lead role at a rest stop or with the volunteer effort as a whole, please let us know and we'll get you plugged in!

Of course if you want to do the ride, by all means [sign up!](#) We want all of our club members to participate in whatever way feels right.

You can find more details about the event at: CycleSequatchie.com

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Shannon Burke
Velo View Bike Tours
veloviewbiketours.com

423.834.8388

Join us OCT 5th for Cycle Sequatchie!



Boom Days/DeSoto State Park Bike Weekend
September 19-23, 2019**

SAVE THE DATE!!!

This is an event for everyone! We'll be spending the weekend at **DeSoto State Park** in Fort Payne, AL. That much is the same for everyone. The rest can be tailored to your tastes.

The Boom Days Celebration in Fort Payne, AL is happening this weekend. It's a 2 day festival, on September 21st and 22nd, with music and events. We'll take some time to enjoy the fun!

<https://boomdays.com/>

How do we get there?

Bike Tour:

For those wanting to bicycle from Chickamauga to DeSoto State Park, we will pedal an approximately 50 mile route on Friday, September 20th and return on Monday, September 23rd.. We'll be climbing Lookout Mountain out of Menlo, GA. There are two options for the tour: You can load up your bike and carry all of your own gear OR you can just ride your bike and let "Saggy" Bob Olson carry everything for you. He will be sagging for the ride.

Don't want to bike to the park?

Drive there:

Drive to the park on Thursday, September 19th and stay until Sunday or Monday, September 22nd or 23rd. We will have bike rides planned, out of the park, on Friday through Sunday.

Where do we stay?

DeSoto State Park has something for everyone! There's camping, cabins and a motel at the park. We recommend you make your reservations as soon as possible. Find a camping buddy and split the cost! ****YOU ARE RESPONSIBLE FOR YOUR OWN RESERVATIONS****

<https://www.alapark.com/desoto-state-park>

Camping is \$37 per night (plus fees). You can have 2 tents OR 1 camper and 1 tent on each site. The Papes will be on site #17 and the Olsons will be on site #19. We are in the Upper Loop.

We'll have more details about this tour during the summer. Please RSVP or direct any questions to Peggy Olson, (920) 412-0999, pbiker10@yahoo.com.

New database shows best cycling routes in area

Bikeways of the Scenic South—www.scenicbikeways.com—makes it easy to find the best backroads in the Chattanooga tri-state region, as well as hidden gems along the way! The website currently features curated routes in Sequatchie Valley and the region around the Ocoee, Hiwassee and Tellico rivers. Bikeways of the Scenic South will eventually cover 15 counties in Alabama, Georgia and Tennessee.

Bikeways of the Scenic South is spearheaded by the Southeast Tennessee Tourism Association, Velo View Bike Tours and BikeTours.com, in cooperation with government officials, local chambers of commerce and businesses, cycling clubs, and individuals across the region who have donated their time and resources to bring attention to our natural treasures.



CBC Facebook Group!

Did you know there is a new Facebook Group just for CBC members? It's a great outlet to keep in contact with your fellow biking friends. You can pass on messages about club rides, organized rides, interesting bike articles or memes or anything bike related. Keep it friendly and keep it clean!

Here's the link to get you started!

<https://www.facebook.com/groups/332991920650147/>



Jerseys, T-Shirts & Socks are available in the CBC Store

CBC short sleeve T-shirts, Jerseys and Socks are for sale now in the Club Store. T-Shirts will be shipped when purchased.

There is also a tab referring to '**Clearence**' items. These are items left over from previous events or club jerseys that were not sold at the time. Especially for new members, this is a great chance to get some older clothing. It is restricted to the sizes mentioned. However many folks wear clothing designated for the opposite sex. In these items it really doesn't matter. It just depends on how it fits. So check these out.

Ride Pictures

Before starting the week's pictures, I wanted to include the link to the video that Uwe Zitzow put together for **Carol's memorial Pumpkin Ride**. Here is the link to the 8-minute video (Pumpkin Ride 2019-f.wmv). It is in Windows Media Player (WMV) format and has good image resolution:

<https://www.dropbox.com/s/ah64i1eaimuqr2/Pumpkin%20Ride%202019-f.wmv?dl=0>

Some folks may not be able to play this format. So here a link to another file (Pumpkin Ride 2019.mov) that is in an mov format. It is lower in resolution but probably plays on any computer:

<https://www.dropbox.com/s/soyn10l0arw0d3l/Pumpkin%20Ride%202019.mov?dl=0>

Cheers, Uwe

We rode George Perry's **Iffy Weather Ride** in anticipation of touch and go weather on Thursday, but the day turned out to be beautiful. So was the ride!

The riders were:

Daisy Blanton, Art Thompson, Mike Hartline, Sharon Tingley and Chuck (photographer), Pete Williams (not pictured).



The riders on the **Riverpark Leisure 20-30** on July 19 were left side: Romy Oakey, Joan Thompson, Raleigh Cooper, Marty Pinson, Daisy Blanton, Howard Rowe, Fred Buttner - right side: Tony Thompson, Rich Rudner, Pete Williams, Mike Hartline, John Oakey, Chuck (photographer), and Jeff Green joined us for part of the ride.



Special guests at the start, John Vass and Necco the wonder dog!



Necco



Rich Rudner, Raleigh Cooper, Marty Pinson, Jeff Green



"Pete" Peter Williams is the Birthday Boy today. Happy Birthday, Pete. Pete Williams, Mike Hartline, Fred Buttner, Joan Thompson, Tony Thompson, Daisy Blanton



Got up and made it out to Chuck's CBC Friday Morning Riverwalk Ride today. Got rained on all the way home off and on. Put in 50+ miles today, returned home through Red Bank, TN - Howard Rowe



Spotted this Emu on Levi Road on the way home. I had not seen him before though I ride this road regularly. Emu is a big bird!



Thanks Jim Johnson for the **Englewood ride (part of the Three Rivers Way Scenic Bikeways near Athens and Tellico)**. Albeit HOT, there were some smart mules in the shade, one that looked at us like we were CRAZY, but the rolling terrain, the scenic shady road along Shoal Creek, and the 'breathtaking' vistas made it all worthwhile....



The mules wondering why we were in the sun.



Nice creek along the side of the road.



I think this is Lou Pape on the road. A little shade too.



Curious llama wondering about us also.



View at the top of possibly biggest hill. It is a beautiful area but it is HILLY!



Sunflower Loop ride - number 2. Another fun day riding to the Sunflower fields. This was the same as last weekend. We had a good turnout and again the rain held off. Thanks to everyone who came, whether a second run or new and whether you're a member or not. Riders not in order: Lou & Cindy Pape, Sharon & Richard Russell, Bill LaRoque, Rob, Dan Allen, Becky Buckles, Susan Lawton, Shane Downey



Milling before ride.





Thanks, Lou. For two wonderful rides!



Finally stayed dry this past Sunday on the Sunday **Riverwalk/Downtown** ride! Rode up Chestnut this time to the Farmers Market and then toured downtown before returning to the Riverpark.

Just have to give this link of Tigger on a ride. <https://youtu.be/WwklA5vY3NA>

Rich Rudner, Dawn Frazier, Greg Frazier (hiding behind), Mike Hartline (the "Sweeper"), Tony Thompson, Joan Thompson, Art Thompson, Marty Pinson, Tigger, and Carrie Debortoli (and Chuck Puglisi, our trusted photographer).



North GA Lite - **Tour de Chick Creek** - group. Tony Thompson, Pete Williams, Sharon Tingley, Marty Pinson. Art Thompson, Beverly Short and Daisy Blanton (photographer)



Senior moment! Found on Facebook. Senior picture — with Gary Hooper, Linda O'Keefe, Lou Pape and Thomas Jamison. Elderly, but still childlike! Love riding with these guys!!! Peggy



Weekly CBC Birthdays

July 25 - July 31

Andy Jones, 7/26; Don Kent, 7/26; Kellie Armstrong, 7/28; Eric Darling, 7/28; Peter Teruya, 7/29;

Monthly Membership Notices

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

Welcome New and Returning Members for the Month of July

Dan Allen, Bob & Linda Connelly, Shane Ham, Frank Martin, Kevin Mowery, Sue Newton, Lorrie Jane Peterson, Marty Pinson, David & Lee Ward

Membership Renewals Due in the Month of August 2019

Debbie Bowman and Sandy Mauser, Terry Hunt, Jim Reagan, Lee Reed, Robbie Wheat

[Renew Online](#)

2019 May CBC Meeting Minutes & 2019 July CBC Meeting Agenda

2019 June Annual meeting minutes.

<http://chattanoogaclub.com/wp-content/uploads/2019/07/June-2019-mtg-minutes.pdf>

2019 July annual meeting agenda.

<http://chattanoogaclub.com/wp-content/uploads/2019/07/CBC-General-meeting-agenda-7-15-19.pdf>

Outreach Discussion Group Agenda

<https://chattanoogaclub.com/wp-content/uploads/2019/03/Outreach-Discussion-Agenda-03-18-19.pdf>

This Week's Upcoming Rides - check the CBC ride calendar for more details and activities

<https://chattanoogaclub.com/ride-calendar/>

Thursday, July 25, 9:00 AM - Urban Ride - Burnt Mill-Curtain Pole Road - Ride Leader: Chuck

Phone: (865) 321-0893 Email: cjp0124@gmail.com

Ride Length: 30 miles

Average Speed: 11-13 mph

This fun urban ride starts and finishes on the Riverwalk, and includes an old club favorite - Burnt Mill Road and a ride through the city!

<https://ridewithgps.com/routes/26440958>

This park is along the Riverwalk off Amnicola Highway. It is south of the Riverpark Fry Center, and north of the Boathouse Restaurant. There is a Mapco directly across Amnicola at the turn for Curtain Pole Road.

Thursday, July 25, 6:00 PM - Battlefield - A, B, C Groups -

A weekly ride through the Chickamauga Battlefield and surrounding area. Meet in lower parking lot of Visitors Center. Rest rooms may or may not be open at start, so plan accordingly. Dependent on group, there may be option for mid-ride store stop.

A Group

Distance 25-35 miles. Average overall pace at ride's end is 18-20mph.

Ride leaders:

Ben Keim 423.504.8597 (benkeim03@hotmail.com)

Barry Matlock 423.475.3208 (barry.matlock@gmail.com)

B Group

Distance approx. 25 miles. Average overall pace at ride's end is 15-16 mph early in season. We'll work together to increase that pace with the goal of a 17-18+ avg by end of season. No drop.

Ride Leaders (will alternate weeks):

Richard Russell 423.598.1243 (rwr.tnruss@gmail.com)

Sharon Russell 423.240.2700 (slr.tnruss@gmail.com)

C Group

Distance 15-25 miles, depending on participants. Average overall pace at ride's end 12-14 mph. No drop.

Ride Leaders (will alternate weeks):

Sharon Russell 423.240.2700 (slr.tnruss@gmail.com)

Richard Russell 423.598.1243 (rwr.tnruss@gmail.com)

Friday, July 26, 9:30 AM - Riverpark Twenty or Thirty Mile Leisure Ride - This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (rider choice!), 9-10 mph, no drop. The average speed for the second loop will be a bit higher!

<https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, cjp0124@gmail.com

Saturday, July 27, 9:30 AM - Ladies Ride-Northern Bradley County - This is a monthly, ladies only ride. We keep an easy pace and regroup often. No one will be dropped. It's all about biking, girl talk and laughter. (Usually, there is food involved, too!)

This month, we'll take a 26 mile ride in the beautiful countryside of Northern Bradley County. We'll start in the Fresh N' Low parking lot, on the corner of Paul Huff Parkway and Georgetown Road. This route is a little hillier than past routes, but it's all about 'girl power'!

After the ride, we'll head over to Taziki's for lunch. (It's right by I-75)

Time: 9:30am

Where: Fresh N' Low, 3870 Candies Creek Lane, Cleveland

Distance: 26 miles, more or less

Average Speed: 11-13mph overall

Here is the route on Ride with GPS:
<https://ridewithgps.com/routes/30622751>
Peggy Olson, 920/412-0999

Sunday, July 28, 9:00 AM - Rabbit Valley Loop (Bikeways of the Scenic South, Three Rivers Way) - If you're looking for a ride with rolling hills, farmland scenery, an easy-to-access start/finish, and plenty of options for different distances this is the ride for you! We've mapped it out at 42 miles. We will park at the Farmhouse restaurant at 2260 Harrison Pike in south Cleveland, as it provides easy access to the backroads west of town and even easier access to a great post-ride meal!

There is a very detailed description of the ride on the CBC calendar.

Ride leader: Jim Johnson (423-313-5256)

Route map and cue: <https://ridewithgps.com/routes/28867875>

Sunday, July 28, 10:00 AM - Sunday Riverwalk/Downtown Group Option Ride - Riding downtown Chattanooga and nearby areas on Sunday – when vehicles and people are minimal – becomes really enjoyable. In fact, downtown transforms into this glorious “ghost town” where bike riders seemingly own the place; making it and the surrounding neighborhoods a lot of fun to ride.

This event also has the distinction of being a Group Option Ride. Every ride does launch from and return to the Riverpark's Hubert Fry Station, but the riders may select from routes such as:

Touring Fort Wood – lots of older, restored homes and businesses.

Cruising Broad, Market, and Chestnut Streets; maybe a stop at Farmers Market.

Heading toward the Dam, down Dotson and back on Holtzclaw.

Don't forget to bring a snack for our brief Recharge Stop along the way.

Ride Leader: Rich Rudner, 954-261-1828 - rudnerr@comcast.net

Ride Length: Approx. 20 miles

Average Speed: 11-13 mph

Rest/store stops: Available

This is a no-drop ride.

Monday, July 29, 6:00 PM - Beginner Ride - Hello Beginners!! Are you a beginning cyclist or one returning to riding after a long break?

Please come and join us for a fun and relaxing ride. The purpose of this ride is to gain confidence, get comfortable riding on the road with traffic, share knowledge and improve your skills. Let's get some exercise and, most of all, enjoy ourselves and have fun!

Ride time will generally be about an hour or so but each ride will be accommodated according to skill level and comfort of the group. Helmets required, rear and front bike lights are a very good idea.

Leave from the parking lot across from the Friends of the Festival office, 180 Hamm Rd, Chattanooga TN 37405.

Please feel free to call ride leader with concerns or questions.

Ride Leader: Lynn Seeger (423) 667-5134, lynn.seeger@epbfi.com

Monday, July 29, 6:00 PM - Monday Night City Ride - Riverview to Points North & South - Weekly Ride from Riverview Park. 13-16 mph overall avg. (Faster on flats/descents, slower on climbs.) No drop. Route selection (see below) will be at ride leader's discretion, and will vary depending upon season, participants, and road conditions. Also depending upon participation, we may split into faster/slower groups. No drop. Restrooms are available at start.

Riverview-Red Bank-MoccasinBend: <https://ridewithgps.com/routes/29488404>

Riverview-Chattanooga Valley: (route link to come)

Both routes include segments through city traffic. Front and rear lights highly recommended and essential during March and October.

Ride leaders:

Ed Park: 423-400-9530 / eparkseven@yahoo.com

Richard Russell: 423-598-1243 / rwr.tnruss@gmail.com

Tuesday, July 30, 9:00 AM - N GA Lite - This is a ride that takes place every Tuesday morning. Its location and time are variable. If the ride calendar is not edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35 miles, 10-13 mph, no drop.

Daisy Blanton, 706/820-1157 h, 423/243-8203 c, DaisyBRider@cs.com



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You are an active member of the Chattanooga Bicycle Club

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