



Next CBC Meeting - August 19, 2019

The Tailwind 071719



CYCLE SEQUATCHIE

I know the Cycle Sequatchie seems a long way off but it will be here before we know it. CBC is responsible for this event and we need participation from our members. We need volunteers. We always had great support from our members for the 3-State and we need it again for this event. [You can find a list of volunteer opportunities for the event by clicking here.](#)

We still need more volunteers!

In addition to offering a fun cycling event for both locals and out-of-towners, the ride will serve as the primary fundraiser for the club, much as the 3 State 3 Mountain Challenge was for many years. As a first-year event, our expectations for revenue are modest, but we believe the ride has great potential to

turn into a significant fundraising event.

To reach that point, we need this first year to be a success. So please help us spread the word about the ride, and consider getting involved as a volunteer. [You can find a list of volunteer opportunities for the event by clicking here.](#) All volunteers will receive an event t-shirt along with lunch & beer tickets!

We are especially looking for help with the rest stops and would love to have someone step up to help with recruiting & coordinating the volunteers. If you would like to take a lead role at a rest stop or with the volunteer effort as a whole, please let us know and we'll get you plugged in!

Of course if you want to do the ride, by all means [sign up!](#) We want all of our club members to participate in whatever way feels right.

You can find more details about the event at: CycleSequatchie.com

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Shannon Burke
Velo View Bike Tours
veloviewbiketours.com
423.834.8388

Join us OCT 5th for Cycle Sequatchie!



**Boom Days/DeSoto State Park Bike Weekend
September 19-23**, 2019**

SAVE THE DATE!!!

This is an event for everyone! We'll be spending the weekend at **DeSoto State Park** in Fort Payne, AL. That much is the same for everyone. The rest can be tailored to your tastes.

The Boom Days Celebration in Fort Payne, AL is happening this weekend. It's a 2 day festival, on September 21st and 22nd, with music and events. We'll take some time to enjoy the fun!

<https://boomdays.com/>

How do we get there?

Bike Tour:

For those wanting to bicycle from Chickamauga to DeSoto State Park, we will pedal an approximately 50 mile route on Friday, September 20th and return on Monday, September 23rd.. We'll be climbing Lookout Mountain out of Menlo, GA. There are two options for the tour: You can load up your bike and carry all of your own gear OR you can just ride your bike and let "Saggy" Bob Olson carry everything for you. He will be sagging for the ride.

Don't want to bike to the park?

Drive there:

Drive to the park on Thursday, September 19th and stay until Sunday or Monday, September 22nd or 23rd. We will have bike rides planned, out of the park, on Friday through Sunday.

Where do we stay?

DeSoto State Park has something for everyone! There's camping, cabins and a motel at the park. We recommend you make your reservations as soon as possible. Find a camping buddy and split the cost! ****YOU ARE RESPONSIBLE FOR YOUR OWN RESERVATIONS****

<https://www.alapark.com/desoto-state-park>

Camping is \$37 per night (plus fees). You can have 2 tents OR 1 camper and 1 tent on each site. The Papes will be on site #17 and the Olsons will be on site #19. We are in the Upper Loop.

We'll have more details about this tour during the summer. Please RSVP or direct any questions to Peggy Olson, (920) 412-0999, pbiker10@yahoo.com.

New database shows best cycling routes in area

Bikeways of the Scenic South—www.scenicbikeways.com—makes it easy to find the best backroads in the Chattanooga tri-state region, as well as hidden gems along the way! The website currently features curated routes in Sequatchie Valley and the region around the Ocoee, Hiwassee and Tellico rivers. Bikeways of the Scenic South will eventually cover 15 counties in Alabama, Georgia and Tennessee.

Bikeways of the Scenic South is spearheaded by the Southeast Tennessee Tourism Association, Velo View Bike Tours and BikeTours.com, in cooperation with government officials, local chambers of commerce and businesses, cycling clubs, and individuals across the region who have donated their time and resources to bring attention to our natural treasures.



CBC Facebook Group!

Did you know there is a new Facebook Group just for CBC members? It's a great outlet to keep in contact with your fellow biking friends. You can pass on messages about club rides, organized rides, interesting bike articles or memes or anything bike related. Keep it friendly and keep it clean!

Here's the link to get you started!

<https://www.facebook.com/groups/332991920650147/>



Jerseys, T-Shirts & Socks are available in the CBC Store

CBC short sleeve T-shirts, Jerseys and Socks are for sale now in the Club Store. T-Shirts will be shipped when purchased.

There is also a tab referring to 'Clearance' items. These are items left over from previous events or club jerseys that were not sold at the time. Especially for new members, this is a great chance to get some older clothing. It is restricted to the sizes mentioned. However many folks wear clothing designated for the

opposite sex. In these items it really doesn't matter. It just depends on how it fits. So check these out.

Ride Pictures

The **VW-Collegedale ride** on Thursday, July 11 included a cut tire, the sole falling off a shoe, and laughs while waiting out a thunderstorm in the shelter at the Tucker Road Recreation Area. By the time the thunderstorm passed, a few of the gang were running out of time and needed to ride back to the start, but the rest of us finished the ride!

The riders were : Sandy Mauser, A.B. Maynard, Beverly Short, Sharon Tingley, Windy Scott, Dave Bennett, Daisy Blanton and Chuck (photographer).



Wendy Scott got this fabulous shot of the train that came by just as we hovered down for the rain.



Of course we had to get a shot of the flat tire fixin'. It was a really big slice in the tire but somehow Wendy's 'boot patch' along with a plastic lining held it. Somehow it is still holding five rides later.



Pictures from the **CBC Friday Riverwalk Ride** lead by Chuck "the Fat Chickin' " Puglisi.

Leaving from the Hubert Fry Center the riders were: Tony Thompson, Gray Fletcher, Joan Thompson, Beverly Short, Joe Nivert, Rich Rudner, Howard Rowe, Jon Bell, Loretta Leda, Daisy Blanton, Fred Buttner, Raleigh Cooper, Mike Hartline, Pete Williams, Marty Pinson, John Oakey, and Chuck (photographer).



Same people, different angle



Rich Rudner



Pete Williams



Wall Art





John Oakley

Jon Bell and Joe Nivert in front of Trailhead Juice wall painting.



John Oakey and Mike Hartline circling at the art district while others are coming up the zigzags.



The weather cleared enough for Forrest Simmons to lead a ride from **Gordon Lee High School to St. Elmo** and back. Thanks Forrest! It was a great ride, but it was a humid one – so humid we were pretty sure we saw fish swimming past us!!! I don't know all the riders' names but the ones I do know are: Forrest Simmons, Becky Buckles, Richard Russell, Tom Baker, Tom Jamison and Chuck (photographer).



Thanks to all that came out to the **Sunflower Loop ride**. Thank you Barry Matlock for sharing and adding a few DAC riders. We loved having everyone join us. I tried to get a group picture of all in the beginning; Well, FOOT! I got everyone but only got Barry's foot. So, Daisy Blanton, if you want a great group shot be sure and check CBC page - Howard L Rowe's posts.

Cindy's picture with the leg only. I can't correctly match the names to the people from DAC but here is my best guess: Mary Holder (DAC), Anthony Frank (DAC), Michelle Anderson, Lou Pape, Howard Rowe, Tom Jamison, Sharon Russell, Richard Russell, Trieu Nguyen, Lynn Seeger, Ben Keim, Joe Wheeler, Mariella Pechero (DAC), Linda ? (DAC), Barry Matlock (leg only) and Cindy Pape (photographer).



Howard Rowe's group picture. Looks like everybody's there,



Ready to go!!



Howard Rowe in front of the sunflowers.



Howard Rowe IN the sunflowers.



Were they waiting to load up?



Almost as decorative as the sunflowers!



Van decorated with people. Trieu Nguyen, Howard Rowe, Anthony Frank (DAC), Mary Holder (DAC), Michelle Anderson, Lou Pape, Cindy Pape, Richard Russell



Sunflower with butterfly.



Did one of my top favorite bicycle rides today with the Chattanooga Bicycle Club. We rode in the Ooltewah to Birchwood Pike area to visit the Sunflowers. Nice 40.5 miles with a great group of friends. Michelle Anderson. Me with my new friend Mary Holden.



Sharon & Richard Russell in the flowers.



Lynn Seeger and Joe Wheeler watching those climbing the fence to get closer to the sunflowers.



The **Sunday Riverwalk Gang** had its ride shortened a bit by rain, but still managed to ride thru parts of downtown and North Shore.

Pictured: A.B. Maynard, Sue Newton, Rich Rudner, Art Thompson, Daisy Blanton, Jim Johnson, Mike Hartline, and John Oakey (Chuck Puglisi took the pic).



Our ride leader and friend, Mark Jacobs, was back in town from Iowa and led the Monday Night City Ride. It was really great to have him back in the lead!

The riders on the Monday Night City Ride on July 15 were: Mark Jacobs, Becky Buckles, Joey Thomas, David Eargle, Richard Russell, and Chuck (photographer).



We had a great group (10 riders) for the N GA Lite ride with 2 first timers with CBC. The riders were: Sharon Tingley, Angie Kimsey, Sue Newton, Greg Frazier, Art Thompson, Kerry Kerlin (fresh from the BRAG), Wendy Scott and Daisy (photographer). Joan & Tony Thompson went on ahead so missed the picture. Welcome Angie and Kerry!!



The objective was to get the trike flower holder but it didn't turn out too well. Look close and you can make it out. Sharon Tingley, Art Thompson, Kerry Kerlin and Wendy Scott.



Weekly CBC Birthdays

July 18 - July 24

Brian Newton, 7/19; Pete Williams, 7/19; Teresa Huckaby, 7/20

Monthly Membership Notices

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

Welcome New and Returning Members for the Month of July

Dan Allen, Bob & Linda Connelly, Frank Martin, Kevin Mowery, Sue & Lee Newton, David & Lee Ward

Membership Renewals Due in the Month of August 2019

Debbie Bowman and Sandy Mauser, Terry Hunt, Jim Reagan, Lee Reed, Robbie Wheat

[Renew Online](#)

2019 May CBC Meeting Minutes & 2019 July CBC Meeting Agenda

2019 June Annual meeting minutes.

<http://chattanoogabicycleclub.com/wp-content/uploads/2019/07/June-2019-mtg-minutes.pdf>

2019 July annual meeting agenda.

<http://chattanoogabicycleclub.com/wp-content/uploads/2019/07/CBC-General-meeting-agenda-7-15-19.pdf>

Outreach Discussion Group Agenda

<https://chattanoogabicycleclub.com/wp-content/uploads/2019/03/Outreach-Discussion-Agenda-03-18-19.pdf>

This Week's Upcoming Rides - check the CBC ride calendar for more details and activities

<https://chattanoogabicycleclub.com/ride-calendar/>

Thursday, July 18, 9:00 AM - Urban Ride - Iffy Weather Ride - Ride Leader: Chuck

Phone: (865) 321-0893 Email: cjp0124@gmail.com

Ride Length: 29 miles.

Average Speed: 11-13 mph.

Leave at 9:00 from the Chickamauga Civic/Community Center, behind the library on Lee Clarkson Rd.

Rest rooms are available at the start and during this ride.

This is a no-drop ride.

There is a good chance for rain Thursday, but if we can get in a ride George Perry has kindly offered his Iffy Weather Ride! He designed this ride for quick returns to the start if rain hits.

<https://ridewithgps.com/routes/30563899>

Please be sure to check this posting before you head out for the ride. The posting will be changed by Thursday at 6:15 am if a cancellation becomes necessary. Let's cross our fingers!

Thursday, July 18, 6:00 PM - Battlefield - A, B, C Groups -

A weekly ride through the Chickamauga Battlefield and surrounding area. Meet in lower parking lot of Visitors Center. Rest rooms may or may not be open at start, so plan accordingly. Dependent on group, there may be option for mid-ride store stop.

A Group

Distance 25-35 miles. Average overall pace at ride's end is 18-20mph.

Ride leaders:

Ben Keim 423.504.8597 (benkeim03@hotmail.com)

Barry Matlock 423.475.3208 (barry.matlock@gmail.com)

B Group

Distance approx. 25 miles. Average overall pace at ride's end is 15-16 mph early in season. We'll work together to increase that pace with the goal of a 17-18+ avg by end of season. No drop.

Ride Leaders (will alternate weeks):

Richard Russell 423.598.1243 (rwr.tnruss@gmail.com)

Sharon Russell 423.240.2700 (slr.tnruss@gmail.com)

C Group

Distance 15-25 miles, depending on participants. Average overall pace at ride's end 12-14 mph. No drop.

Ride Leaders (will alternate weeks):

Sharon Russell 423.240.2700 (slr.tnruss@gmail.com)

Richard Russell 423.598.1243 (rwr.tnruss@gmail.com)

Friday, July 19, 9:30 AM - Riverpark Twenty or Thirty Mile Leisure Ride - This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (rider choice!), 9-10 mph, no drop. The average speed for the second loop will be a bit higher!

<https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, cjp0124@gmail.com

Saturday, July 20, 8:30 AM - Redbank to Bakewell Loop - This is my revised Redbank to Bakewell loop. I've not changed the roads we ride on, but have changed the direction we go on some, to make them a little more gentle. Following is information about the ride:

- Distance: ~45 miles
- Leave from the old Redbank BiLo, 4825 Dayton Blvd.
- Pace: 13-15 mph, depending on who shows, NO DROP RIDE.
 - Cue sheet: Yes for faster riders.
- Ride leader/contact info: Tom Jamison, thomas.jamison@comcast.net, (423) 847-3958.

The ride is hilly, but very doable. This is a NO DROP RIDE.

Saturday, July 20, 9:00 AM - Englewood Loop (part of the Three Rivers Way Scenic Bikeways near Athens and Tellico) - From Bikeways of the Scenic South, designed by Shannon Burke. Route is 31 miles long with rolling hills. No drop. Average speed at end 11-14 mph.

This ride provides a sampling of the best of everything in this part of the Chattanooga region - farmland, woodland, hills, wide-open vistas, and creekside flats - all in a manageable 31-mile loop. It also has the perfect start/finish at the Tellico Junction Cafe in downtown Englewood. We'll have lunch there after (ask them about their chocolate gravy!).

Englewood is a small town and you should have no problem finding a parking spot in front of the cafe. They open early, and you're welcome to use their restrooms before you head out for the ride. Rain, wet roads and high temps may cancel.

Ride leader: Jim Johnson (423-313-5256)

Route map and cue: <https://ridewithgps.com/routes/28982518>

To start: <https://goo.gl/maps/kUcu8avs4YqbkhXm7>

Sunday, July 21, 8:30 AM - Sunflowers & Birchwood Pike Loop - Past years there have been 3 massive fields of sunflowers on Smith Rd & Ooltewah-Georgetown Rd near the end of this ride. They were near their peak at this time last year, so let's go check 'em out!

Outbound route to the rest stop will traverse Monger & Birchwood Pike. Return route features Bunker Hill (very mild), Blythe's Ferry & Meadowview Rds and the Sunflowers (hopefully).

The map, cue sheet, Garmin download, RWGPS app download, available here...<https://ridewithgps.com/routes/11050141> .

Possible lunch gathering after the ride. If you're fast check with us before end.

Details:

~8:30 am.

~Volunteer Energy Co-Op, 8212 Mahan Gap Rd, Ooltewah, TN 37363.

~restrooms may be available at the start at BP. Plan accordingly.

~41 miles.

~1 store stop at mile 20 (Island Oasis in Birchwood).

~No one dropped. Ride Leaders will lead the ride from, or near, the back, acting as sweep.

~RL expects an average at ride's end of 11-14 mph MOL, depending on group.

~Cue sheets will be available at the start for faster riders wanting to ride at their own pace.

~There will be hills.

~Rain at start time and location may cancel.

~Check back here before ride start for updates.

Cindy Pape, 423-693-8816.

Sunday, July 21, 10:00 AM - Sunday Riverwalk/Downtown Group Option Ride - Riding downtown Chattanooga and nearby areas on Sunday - when vehicles and people are minimal - becomes really enjoyable. In fact, downtown transforms into this glorious "ghost town" where bike riders seemingly own the place; making it and the surrounding neighborhoods a lot of fun to ride.

This event also has the distinction of being a Group Option Ride. Every ride does launch from and return to the Riverpark's Hubert Fry Station, but the riders may select from routes such as:

Touring Fort Wood - lots of older, restored homes and businesses.

Cruising Broad, Market, and Chestnut Streets; maybe a stop at Farmers Market.

Heading toward the Dam, down Dotson and back on Holtzclaw.

Don't forget to bring a snack for our brief Recharge Stop along the way.

Ride Leader: Rich Rudner, 954-261-1828 - rudnerr@comcast.net

Ride Length: Approx. 20 miles

Average Speed: 11-13 mph

Rest/store stops: Available

This is a no-drop ride.

Monday, July 22, 6:00 PM - Beginner Ride - Hello Beginners!! Are you a beginning cyclist or one returning to riding after a long break?

Please come and join us for a fun and relaxing ride. The purpose of this ride is to gain confidence, get comfortable riding on the road with traffic, share knowledge and improve your skills. Let's get some exercise and, most of all, enjoy ourselves and have fun!

Ride time will generally be about an hour or so but each ride will be accommodated according to skill level and comfort of the group. Helmets required, rear and front bike lights are a very good idea.

Leave from the parking lot across from the Friends of the Festival office, 180 Hamm Rd, Chattanooga TN 37405.

Please feel free to call ride leader with concerns or questions.

Ride Leader: Lynn Seeger (423) 667-5134, lynn.seeger@epbf.com

Monday, July 22, 6:00 PM - Monday Night City Ride - Riverview to Points North & South - Weekly Ride from Riverview Park. 13-16 mph overall avg. (Faster on flats/descents, slower on climbs.) No drop. Route selection (see below) will be at ride leader's discretion, and will vary depending upon season, participants, and road conditions. Also depending upon participation, we may split into faster/slower groups. No drop. Restrooms are available at start.

Riverview-Red Bank-MoccasinBend: <https://ridewithgps.com/routes/29488404>

Riverview-Chattanooga Valley: (route link to come)

Both routes include segments through city traffic. Front and rear lights highly recommended and essential during March and October.

Ride leaders:

Ed Park: 423-400-9530 / eparkseven@yahoo.com

Richard Russell: 423-598-1243 / rwr.tnruss@gmail.com

Tuesday, July 23, 9:00 AM - N GA Lite - This is a ride that takes place every Tuesday morning. Its location and time are variable. If the ride calendar is not

edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35 miles, 10-13 mph, no drop.

Daisy Blanton, 706/820-1157 h, 423/243-8203 c, DaisyBRider@cs.com



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You are an active member of the Chattanooga Bicycle Club

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