
The Tailwind 071019

1 message

Daisy Blanton <DaisyBRider@comcast.net>
Reply-To: Daisy Blanton <DaisyBRider@comcast.net>
To: b8man51@gmail.com

Wed, Jul 10, 2019 at 2:11 PM



Next CBC Meeting - July 15 2019

The Tailwind 071019

**CBC Summer Celebration
Featuring**

Shreq's Scavenger Poker Rides and Patty's fabulous Kabobs



gg79771259 GoGraph ©

Thanks so very much to Lou and Cindy Pape for the fun routes and questions on Shreq's Scavenger Poker Rides and Patti Nihells for the tasty kabobs and all the fixings. Both were a lot of fun and that's saying a lot on a very HOT day!

CBC Board & Membership Meeting, 6:00 PM, Monday, July 15

All members are invited to attend the monthly Executive Board meeting at Outdoor Chattanooga, 200 River St in Coolidge Park on the North Shore.

- If you're interested in discussing and shaping the future direction of the Chattanooga Bicycle Club, please consider attending this meeting.
- After the meeting, all attendees are invited to gather at a local restaurant for dinner.
- [Current Executive Board Meeting Agenda](#)

Oct 5, 2019 | Dunlap, TN



CYCLE SEQUATCHIE

I know the Cycle Sequatchie seems a long way off but it will be here before we know it. CBC is responsible for this event and we need participation from our members. We need volunteers. We always had great support from our members for the 3-State and we need it again for this event. [You can find a list of volunteer opportunities for the event by clicking here.](#)

We still need more volunteers!

In addition to offering a fun cycling event for both locals and out-of-towners, the ride will serve as the primary fundraiser for the club, much as the 3 State 3 Mountain Challenge was for many years. As a first-year event, our expectations for revenue are modest, but we believe the ride has great potential to turn into a significant fundraising event.

To reach that point, we need this first year to be a success. So please help us spread the word about the ride, and consider getting involved

as a volunteer. [You can find a list of volunteer opportunities for the event by clicking here.](#) All volunteers will receive an event t-shirt along with lunch & beer tickets!

We are especially looking for help with the rest stops and would love to have someone step up to help with recruiting & coordinating the volunteers. If you would like to take a lead role at a rest stop or with the volunteer effort as a whole, please let us know and we'll get you plugged in!

Of course if you want to do the ride, by all means [sign up!](#) We want all of our club members to participate in whatever way feels right.

You can find more details about the event at: CycleSequatchie.com

--

Shannon Burke

Velo View Bike Tours

veloviewbiketours.com

423.834.8388

Join us OCT 5th for Cycle Sequatchie!



Boom Days/DeSoto State Park Bike Weekend September 19-23, 2019**

SAVE THE DATE!!!

This is an event for everyone! We'll be spending the weekend at **DeSoto State Park** in Fort Payne, AL. That much is the same for everyone. The rest can be tailored to your tastes.

The Boom Days Celebration in Fort Payne, AL is happening this weekend. It's a 2 day festival, on September 21st and 22nd, with music and events. We'll take some time to enjoy the fun!

<https://boomdays.com/>

How do we get there?

Bike Tour:

For those wanting to bicycle from Chickamauga to DeSoto State Park, we will pedal an approximately 50 mile route on Friday, September 20th and return on Monday, September 23rd.. We'll be climbing Lookout Mountain out of Menlo, GA. There are two options for the tour: You can load up your bike and carry all of your own gear OR you can just ride your bike and let "Saggy" Bob Olson carry everything for you. He will be sagging for the ride.

Don't want to bike to the park?

Drive there:

Drive to the park on Thursday, September 19th and stay until Sunday or Monday, September 22nd or 23rd. We will have bike rides planned, out of the park, on Friday through Sunday.

Where do we stay?

DeSoto State Park has something for everyone! There's camping, cabins and a motel at the park. We recommend you make your reservations as soon as possible. Find a camping buddy and split the cost! ****YOU ARE RESPONSIBLE FOR YOUR OWN RESERVATIONS****

<https://www.alapark.com/desoto-state-park>

Camping is \$37 per night (plus fees). You can have 2 tents OR 1 camper and 1 tent on each site. The Papes will be on site #17 and the Olsons will be on site #19. We are in the Upper Loop.

We'll have more details about this tour during the summer. Please RSVP or direct any questions to Peggy Olson, (920) 412-0999, pbiker10@yahoo.com.

New database shows best cycling routes in area

Bikeways of the Scenic South—www.scenicbikeways.com—makes it easy to find the best backroads in the Chattanooga tri-state region, as well as hidden gems along the way! The website currently features curated routes in Sequatchie Valley and the region around the Ocoee, Hiwassee and Tellico rivers. Bikeways of the Scenic South will eventually cover 15 counties in Alabama, Georgia and Tennessee.

Bikeways of the Scenic South is spearheaded by the Southeast Tennessee Tourism Association, Velo View Bike Tours and BikeTours.com, in cooperation with government officials, local chambers of commerce and businesses, cycling clubs, and individuals across the region who have donated their time and resources to bring attention to our natural treasures.



CBC Facebook Group!

Did you know there is a new Facebook Group just for CBC members? It's a great outlet to keep in contact with your fellow biking friends. You can pass on messages about club rides, organized rides, interesting bike articles or memes or anything bike related. Keep it friendly and keep it clean!

Here's the link to get you started!

<https://www.facebook.com/groups/332991920650147/>



Jerseys, T-Shirts & Socks are available in the CBC Store

CBC short sleeve T-shirts, Jerseys and Socks are for sale now in the Club Store. T-Shirts will be shipped when purchased.

There is also a tab referring to '**Clearence**' items. These are items left over from previous events or club jerseys that were not sold at the time. Especially for new members, this is a great chance to get some older clothing. It is restricted to the sizes mentioned. However many folks wear clothing designated for the opposite sex. In these items it really doesn't matter. It just depends on how it fits. So check these out.

Ride Pictures

The riders on the **Happy 4th of July!** Ride were: Daisy Blanton, Carrie Debortoli, Marty Pinson and Tigger, Cindy Pape, David Eargle, Lou Pape, Sharon Tingley, Windy Scott, Dave Bennett, and Chuck (photographer).



Same folks, different angle.



Lou Pape ready to go!



We all flew American Flags for the 4th - even Tigger!



New CBC rider on the 4th celebrating the Riverwalk portion of the ride. Better known as Tigger.



Tigger had the best ride thanks to Carrie Debortoli,



Tigger close-up!



We thought a visit to the National Cemetery was in order for the 4th of July. Daisy Blanton, Wendy Scott, Lou Pape, Cindy Pape, David Bennett, Sharon Tingley, David Eargle and Chuck (photographer).



We had a nice ride on the **Riverpark Leisure 20-30** on Friday July 5. We welcomed Sue Newton, rode with the whole Donner party (Robert is back!), AND we were treated by a visit with little rider Laney!

The riders were: Back row - Fred Buttner, Patti Nihells, Mike Hartline, Raleigh Cooper, John Oakey, Tony Thompson, Joan Thompson, middle row - Peggy Olson, Laney Olson, Tom Jamison, Daisy Blanton, Sue Newton, Windy Scott, Marty Pinson, front row - Bob Haag, Robert Powderly, Loretta Leda, Jon Bell, Joe Nivert, and Chuck (photographer).



Again different angle.



Blue Goose rest stop. Tony Thompson, Fred Buttner, John Oakey, Mike Hartline, Joan Thompson, Daisy Blanton



Patti Nihells, Wendy Scott, Raleigh Cooper, Sue Newton, Marty Pinson, Peggy Olson and special guest, Laney Olson.



Poker Run, Chattanooga Bicycle Club celebration....a very hot ride, great time with friends.... We had a great time. Patti and Lou did a great job organizing the event. The food was delicious and the ride was fun. Lou's clues were clever and informative and Cindy did a great job as ride leader.

Too much going on during the ride with a scavenger hunt but captured a couple of pictures on the move and excitement shown to solve a clue! Picture in "downtown Soddy" in front of the old bank building from 1911-1920, now a 'Good Ole Days Museum'. 30 mile group.

Joe Wheeler, Matt, Lynn Seeger, Tony Thompson, Cindy Pape, Joan Thompson, Sharon Russell, Richard Russell, Michelle Anderson



Tony & Joan Thompson and Matt.



Richard Russell selecting a poker card.



Looks like a good one!



Side trip to Japan to see the Buddha.



Michelle Anderson and Richard Russell ready to go.



Tony Thompson and Joe Wheeler.



Lynn Seeger reading the cues.



Cindy Pape, ride leader for the 30 mile group.



15 mile riders after the ride. It was HOT! Great riding group. I don't often ride with Ben - he's too fast for me. LOL. Gray.

Gray Fletcher, Ben Keim, Daisy Blanton, Sharon Tingley, Peggy Olson, Laney Olson (behind Peggy and Lou, only foot showing), Lou Pape.



Patti Nihells did a fabulous job of getting the party together AND cooking the Kabobs!



Quite a selection of good food!



That's a lot of food for a little girl. But it looks good!



Appropriate decoration on coolers for the occasion!



Prizes for the best hand for each riding group. Sharon Russell for the 30 mile and Daisy Blanton for the 15 milers.



Cool hand Sharon Russell a prize winner in the scavenger hunt.



The **Sunday Riverwalk Gang**, which tries to vary the route of our

Riverpark-based ride, decided to make a run to the Dam on our way for a first time visit to Sculpture Fields at Montague Park. Located at 1800 Polk Street, this privately sponsored 33-acre parkland showcases large, contemporary sculptures in open fields of grass (it's even pet-friendly). More info available at <https://www.sculpturefields.org/>

We also toured the back streets of Fort Wood, parts of the UTC campus and then downtown for a stop – albeit rain-delayed – at the Farmers Market (couldn't miss the Peach Festival) before heading back to the Riverpark.

The group launches at 10am every Sunday and does 21-25 miles or so depending on the route; speed range 11-13 mph. Join us...it's always a fun ride!

Sue Newton, Patti Nihells, Rich Rudner, Mike Hartline, Raleigh Cooper, Art Thompson (not pictured Fred Buttner and Chuck Puglisi).



McMinn County Loop (Bikeways of the Scenic South, Three Rivers Way). Rode 44 beautiful miles today with 3,300 feet of climbing in scenic McMinn County. I don't care what the description says; it was 3300 feet, not 2300 feet! Toughest ride I've done in quite some time! Jim

A full weekend for riding the bike. Today's ride was TOUGH for me....43+

miles, climbing at least 4 ridges. I was going to ride only 21 of the 43. Peggy Olson wanted to ride but would have been too long for little one to ride in a burley, so I suggested she ride 1/2 and I'll change places with her and play with Laney being a sag (kinda like Sea 😊 Hag). Peggy showed up at 21 without Laney since Bob Olson came home in time to look after her. So basically saying to me "Suck it up buttercup". So I did the full 43+ miles. The first 21 miles of rough riding on chip seal and gravel rattled our bones, joints, and teeth. And NO this is not a picture of Lou Pape's partial bouncing out of his mouth. No other pictures, JUST SAYING, too dangerous taking pictures with the conditions of the road.... Cindy

Lou and Cindy Pape, Peggy Olson, Michelle Anderson, Sharon and Richard Russell and Jim Johnson (photographer).



Sharon Russell enjoying one of the flatter sections.



A sample of the beautiful scenery along the way.



Weekly CBC Birthdays

July 11 - July 17

David Hundley, 7/11; Tony Perry, 7/13; David Eargle, 7/16; Doug Irish, 7/16;

Monthly Membership Notices

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

Welcome New and Returning Members for the Month of July

Dan Allen, Frank Martin, Kevin Mowery, Sue & Lee Newton, David & Lee Ward

Membership Renewals Due in the Month of August 2019

Debbie Bowman and Sandy Mauser, Terry Hunt, Jim Reagan, Lee Reed, Robbie Wheat

[Renew Online](#)

2019 May CBC Meeting Minutes & 2019 July CBC Meeting Agenda

2019 June Annual meeting minutes.

<http://chattanoogabicycleclub.com/wp-content/uploads/2019/07/June-2019-mtg-minutes.pdf>

2019 July annual meeting agenda.

<http://chattanoogabicycleclub.com/wp-content/uploads/2019/07/CBC-General-meeting-agenda-7-15-19.pdf>

Outreach Discussion Group Agenda

<https://chattanoogabicycleclub.com/wp-content/uploads/2019/03/Outreach-Discussion-Agenda-03-18-19.pdf>

This Week's Upcoming Rides - check the CBC ride calendar for more details and activities

<https://chattanoogabicycleclub.com/ride-calendar/>

Thursday, July 11, 9:00 AM - Urban Ride - VW-Collegedale - Ride

Leader: Chuck

Phone: (865) 321-0893 Email: cjp0124@gmail.com

Ride Length: 31.4 miles

Average Speed: 11-13 mph

Rest stops available at the beginning and along the ride.

This is a no-drop ride.

One of Peggy's popular rides, this one starts at the Redoubt Soccer Fields (6900 Bonny Oaks Drive, Chattanooga TN 37421) lot across from Volkswagen Drive and works its way to Collegedale via real nice bike lanes. From there, we will take the Wolftever Creek Greenway and then roll out into a loop through the countryside in Apison. We get to enjoy the Greenway and the nice bike lanes again on the return. This is a very nice ride!!!

<https://ridewithgps.com/routes/29464179>

Thursday, July 11, 6:00 PM - Battlefield - A, B, C Groups - Please note: I don't see this ride on the calendar for this day and suspect it is canceled due to the 4th.

A weekly ride through the Chickamauga Battlefield and surrounding area. Meet in lower parking lot of Visitors Center. Rest rooms may or may not be open at start, so plan accordingly. Dependent on group, there may be option for mid-ride store stop.

A Group

Distance 25-35 miles. Average overall pace at ride's end is 18-20mph.

Ride leaders:

Ben Keim 423.504.8597 (benkeim03@hotmail.com)

Barry Matlock 423.475.3208 (barry.matlock@gmail.com)

B Group

Distance approx. 25 miles. Average overall pace at ride's end is 15-16 mph early in season. We'll work together to increase that pace with the goal of a 17-18+ avg by end of season. No drop.

Ride Leaders (will alternate weeks):

Richard Russell 423.598.1243 (rwr.tnruss@gmail.com)

Sharon Russell 423.240.2700 (slr.tnruss@gmail.com)

C Group

Distance 15-25 miles, depending on participants. Average overall pace at ride's end 12-14 mph. No drop.

Ride Leaders (will alternate weeks):

Sharon Russell 423.240.2700 (slr.tnruss@gmail.com)

Richard Russell 423.598.1243 (rwr.tnruss@gmail.com)

Friday, July 12, 9:30 AM - Riverpark Twenty or Thirty Mile Leisure

Ride - This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a “bring your own snack” stop at the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (rider choice!), 9-10 mph, no drop. The average speed for the second loop will be a bit higher!

<https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, cjp0124@gmail.com

Saturday, July 13, 8:30, 12:00 AM - Mountain Cove Farm Ride - Join

Forrest Simmons on one of his favorite rides!

Meet and be ready to roll out from Gordon Lee High School at 8:30am.

This is a beautiful tour into north Georgia to Mountain Cove Farms. It ranks pretty high on the list of scenic rides in the area!

Total mileage is about 46 miles, more or less. This is a no drop ride, with an average speed of 13-15mph overall. Faster riders are welcome to go ahead. Just make sure you know the route.

Here is the route on Ride with GPS:

<https://ridewithgps.com/routes/12383925>

**There is no restroom at the start of the ride, so please plan ahead.

Ride Leader: Forrest Simmons, fsimmons@keelpoint.com, (404) 323-4282

Bad weather or poor road conditions will cancel this ride.

Sunday, July 14, 8:30 AM - Sunflowers & Birchwood Pike Loop - Past

years there have been 3 massive fields of sunflowers on Smith Rd & Ooltewah-Georgetown Rd near the end of this ride. They were near their peak at this time last year, so let's go check 'em out!

Outbound route to the rest stop will traverse Monger & Birchwood Pike.

Return route features Bunker Hill (very mild), Blythe's Ferry & Meadowview Rds and the Sunflowers (hopefully).

The map, cue sheet, Garmin download, RWGPS app download, available here...<https://ridewithgps.com/routes/11050141> .

Possible lunch gathering after the ride. If you're fast check with us before end.

Details:

~8:30 am.

~Volunteer Energy Co-Op, [8212 Mahan Gap Rd](#), Ooltewah, TN 37363.

~restrooms may be available at the start at BP. Plan accordingly.

~41 miles.

~1 store stop at mile 20 (Island Oasis in Birchwood).

~No one dropped. Ride Leaders will lead the ride from, or near, the back, acting as sweep.

~RL expects an average at ride's end of 11-14 mph MOL, depending on group.

~Cue sheets will be available at the start for faster riders wanting to ride at their own pace.

~There will be hills.

~Rain at start time and location may cancel.

~Check back here before ride start for updates.

Cindy Pape, 423-693-8816.

Sunday, July 14, 10:00 AM - Sunday Riverwalk/Downtown Group

Option Ride - Riding downtown Chattanooga and nearby areas on Sunday – when vehicles and people are minimal – becomes really enjoyable. In fact, downtown transforms into this glorious “ghost town” where bike riders seemingly own the place; making it and the surrounding neighborhoods a lot of fun to ride.

This event also has the distinction of being a Group Option Ride. Every ride does launch from and return to the Riverpark's Hubert Fry Station, but the riders may select from routes such as:

 Touring Fort Wood – lots of older, restored homes and businesses.

 Cruising Broad, Market, and Chestnut Streets; maybe a stop at Farmers Market.

 Heading toward the Dam, down Dotson and back on Holtzclaw.

Don't forget to bring a snack for our brief Recharge Stop along the way.

Ride Leader: Rich Rudner, 954-261-1828 - rudnerr@comcast.net

Ride Length: Approx. 20 miles

Average Speed: 11-13 mph

Rest/store stops: Available
This is a no-drop ride.

Monday, July 15, 6:00 PM - CBC Monthly Board & Membership Meeting - See above.

Monday, July 15, 6:00 PM - Beginners Ride - Hello Beginners!! Are you a beginning cyclist or one returning to riding after a long break?

Please come and join us for a fun and relaxing ride. The purpose of this ride is to gain confidence, get comfortable riding on the road with traffic, share knowledge and improve your skills. Let's get some exercise and, most of all, enjoy ourselves and have fun!

Ride time will generally be about an hour or so but each ride will be accommodated according to skill level and comfort of the group. Helmets required, rear and front bike lights are a very good idea.

Leave from the parking lot across from the Friends of the Festival office, [180 Hamm Rd, Chattanooga TN 37405](#).

Please feel free to call ride leader with concerns or questions.

Ride Leader: Kevin Mowery, kevin.mowery@chattanoogaatrailer.com

Monday, July 15, 6:00 PM - Monday Night City Ride - Riverview to Points North & South - Weekly Ride from Riverview Park. 13-16 mph overall avg. (Faster on flats/descents, slower on climbs.) No drop. Route selection (see below) will be at ride leader's discretion, and will vary depending upon season, participants, and road conditions. Also depending upon participation, we may split into faster/slower groups. No drop.

Restrooms are available at start.

Riverview-Red Bank-MoccasinBend: <https://ridewithgps.com/routes/29488404>

Riverview-Chattanooga Valley: (route link to come)

Both routes include segments through city traffic. Front and rear lights highly recommended and essential during March and October.

Ride leaders:

Ed Park: 423-400-9530 / eparkseven@yahoo.com

Richard Russell: 423-598-1243 / rwr.tnruss@gmail.com

Tuesday, July 16, 9:00 AM - N GA Lite - This is a ride that takes place every Tuesday morning. Its location and time are variable. If the ride

calendar is not edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35 miles, 10-13 mph, no drop.

Daisy Blanton, 706/820-1157 h, 423/243-8203 c, DaisyBRider@cs.com



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You are an active member of the Chattanooga Bicycle Club

Our mailing address is:

Chattanooga Bicycle Club

PO Box 11495

Chattanooga, TN 37401

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