



Next CBC Meeting - Apr 15, 2019

The Tailwind 041019

CBC Board & Membership Meeting, 6:00 PM, Monday, April 15

All members are invited to attend the monthly Executive Board meeting at Outdoor Chattanooga, 200 River St in Coolidge Park on the North Shore.

- If you're interested in discussing and shaping the future direction of the Chattanooga Bicycle Club, please consider attending this meeting.
 - After the meeting, all attendees are invited to gather at a local restaurant for dinner.
 - [Current Executive Board Meeting Agenda](#)



**Boom Days/DeSoto State Park Bike Weekend
September 19-23**, 2019**

SAVE THE DATE!!!

This is an event for everyone! We'll be spending the weekend at **DeSoto State Park** in Fort Payne, AL. That much is the same for everyone. The rest can be tailored to your tastes.

The **Boom Days Celebration** in Fort Payne, AL is happening this weekend. It's a 2 day festival, on September 21st and 22nd, with music and events. We'll take some time to enjoy the fun!

<https://boomdays.com/>

How do we get there?

Bike Tour:

For those wanting to bicycle from Chickamauga to DeSoto State Park, we will pedal an approximately 50 mile route on Friday, September 20th and return on Monday, September 23rd.. We'll be climbing Lookout Mountain out of Menlo, GA. There are two options for the tour: You can load up your bike and carry all of your own gear OR you can just ride your bike and let "Saggy" Bob Olson carry everything for you. He will be sagging for the ride.

Don't want to bike to the park?

Drive there:

Drive to the park on Thursday, September 19th and stay until Sunday or Monday, September 22nd or 23rd. We will have bike rides planned, out of the park, on Friday through Sunday.

Where do we stay?

DeSoto State Park has something for everyone! There's camping, cabins and a motel at the park. We recommend you make your reservations as soon as possible. Find a camping buddy and split the cost! **YOU ARE RESPONSIBLE FOR YOUR OWN RESERVATIONS**

<https://www.alapark.com/desoto-state-park>

Camping is \$37 per night (plus fees). You can have 2 tents OR 1 camper and 1 tent on each site. The Papes will be on site #17 and the Olsons will be on site #19. We are in the Upper Loop.

We'll have more details about this tour during the summer. Please RSVP or direct any questions to Peggy Olson, (920) 412-0999, pbiker10@yahoo.com.

The Honeybee Metric-Century is coming soon! It's a great ride that benefits the kids in LaFayette, GA.

If you haven't signed up, yet, make sure you do!

<https://www.bikereg.com/40885>

(And make sure you order one of these neat jerseys, too! They're available in both Ladies and Mens sizing.)

The Chattanooga Bicycle Club will be sponsoring the rest stop in Chickamauga again this year! See you there!

If you don't plan on riding, but would like to help out, contact Peggy Olson (920) 412-0999 for details.



Presented by City of LaFayette.

Primal Bike Jersey - \$65.00
2019 Jersey



Mark's jersey design for private design approval only.
Colors may vary slightly based on your printing service. If you wish to match specific colors, please provide exact color names. Colors and designs are the sole property of Mark's jersey design.
All artwork, graphics and text are created by Primal Wear, Inc., or its property or licensees. Any unauthorized use of these properties without express written permission is strictly prohibited. © 2018 Primal Wear, Inc.
Please consult with your染色师 to avoid conflicts with any current print-to-order projects.



CYCLE SEQUATCHIE

CBC and Velo View Bike Tours are introducing a new cycling tradition in Sequatchie Valley! And although this new ride doesn't hit 3 states, it does offer **4 route options** with as little or as much climbing and mileage as you'd like, including a 3-mile timed K.O.M. challenge with prizes!

We've also eliminated all of the urban and industrial sections (no train tracks!), and added a **farm-to-table post-ride lunch** and **outdoor expo** at the finish line. Plus we're lining up a number of activities for non-cycling spouses and families. *There's something for everyone!*

Join CBC and Velo View Bike Tours in Dunlap on **OCTOBER 5th** for the first annual **CYCLE SEQUATCHIE!** Only half an hour from town but a world away from the traffic. Check out CycleSequatchie.com for more info and to sign up!

Please note that CBC has partnered with Velo View Bike Tours for this event. We need volunteers to help find sponsors and help with the actual event. This is our only fundraiser for now so we need to do all we can to make it a success and help it become a major event of the future.

Opportunities for Volunteering - Cycling Related

by Kat Volzer

What: Mostly kids bike rodeos (ages 6-12) with community partners throughout town. The kids are practically all minority, low-income. At rodeos I teach basic bike safety and handling skills as part of the LAB Smart Cycling curriculum.

What you'll be doing: Mostly wrangling kids. Making sure the kids keep their helmets on while riding. Calling kids to come back for another activity. Making sure kids listen to instructions. Demonstrating techniques such as a quick stop and offering tips on bike handling skills. Helping set up activities or "obstacle courses." Occasionally helping if we go on short rides (depends on the space) but leading or sweeping. Occasionally taking a few kids aside if they need more help in learning to ride.

Upcoming programs:
South Chatt YFD "Smart Cycling"
April 17, April 18, April 25, May 1
4pm-6pm

Learn to Ride Classes w/ La Paz
April 13, May 11
10am-12pm

Bike Rodeos with Girls Inc.
April 10, 11
3:30-5:30

Balance bike rodeo (toddlers)
April 12
10:30am-11:30am

If you are interested and would like to know more, contact Kat Volzer, Bicycle and Pedestrian Coordinator, City of Collegedale Police Department, Work Cell: 423-762-0939, Personal Cell: 615-477-4096.

New database shows best cycling routes in area

A new online database highlights tested, safe and scenic cycling routes at a variety of distances in the Sequatchie Valley.

Article in the [Times Free Press, Tues, Feb 12.](#)

Annual Cleveland Circuit Ride Announced

Johnston Woods
Saturday, April 27, 9am

The Cleveland Circuit Ride (CCR) is a fundraising bike ride with three courses through southern Bradley County along the foothills of the Smoky Mountains from which to choose: 25, 50, or 100 km.

In partnership with local businesses like Scott's Bicycle Centre (423-472-9881), the CCR raises money for Family Promise of Bradley County, with all proceeds benefiting the organization. This is a fully supported road ride with SAGs and mobile units on all three courses to assist riders when needed on an unbelievably flat route (for SE TN).

Family Promise is focused on the needs of homeless families; providing both shelter and comprehensive case management necessary to make a family self-sufficient and able to stand unassisted (many of whom return to help uplift others).

The CBC encourages its members to support as many charitable rides as possible. So please try to put this ride on your Spring calendar.



Up the Creek, Rome, GA, April 27, 2019

Up the Creek is back for the 29th consecutive year on Saturday, April 27. One of the best rides in all of Georgia for almost 30 years, UTC offers four scenic routes that roll throughout beautiful Northwest Georgia-32, 53, 71, and 104 mile distances. The ride leaves and finishes in downtown Rome, thereby promising great amenities like ample parking, post-ride showers, fabulous local bars and restaurants, and the chance to catch your breath after the ride in the heart of Rome's Town Green. Back again by popular demand, homemade strawberry ice cream at the last SAG stop to tide you over as you roll back to the Forum.

Route distances: 32, 53, 71, 104. <https://www.itsyourrace.com/Event.aspx?id=6484>

Editor's Note: In order to provide as much advance notice as possible, we will be using this space to promote area rides on an ongoing basis. The CBC urges all ride sponsors to provide event information as soon as their rides are scheduled.

Outdoor Chattanooga

Mountain to Town
Sunday, April 14 | 9 a.m. - 12 p.m. or 1 - 4 p.m.

Join Outdoor Chattanooga for a guided downhill bike adventure that starts at the top of Lookout Mountain and ends in downtown Chattanooga. Enjoy scenic views of the city while cruising down the Guild Trail until it connects with the Tennessee Riverwalk and follows the shores of the Tennessee River into downtown. Outdoor Chattanooga's experienced guides will be with you during the ride providing support and instruction. You can use your own bike or borrow one of ours at no additional cost. Cost is \$25 per person which includes guided tour with shuttle and use of bike if needed. Ages 10+ with participating adult. Must know how to confidently ride a bike. [Online registration](#) required in advance as space is limited.

[Mountain to Town](#)

New CBC Facebook Group!

Did you know there is a new Facebook Group just for CBC members? It's a great outlet to keep in contact with your fellow biking friends. You can pass on messages about club rides, organized rides, interesting bike articles or memes or anything bike related. Keep it friendly and keep it clean!

Here's the link to get you started!

<https://www.facebook.com/groups/332991920650147/>



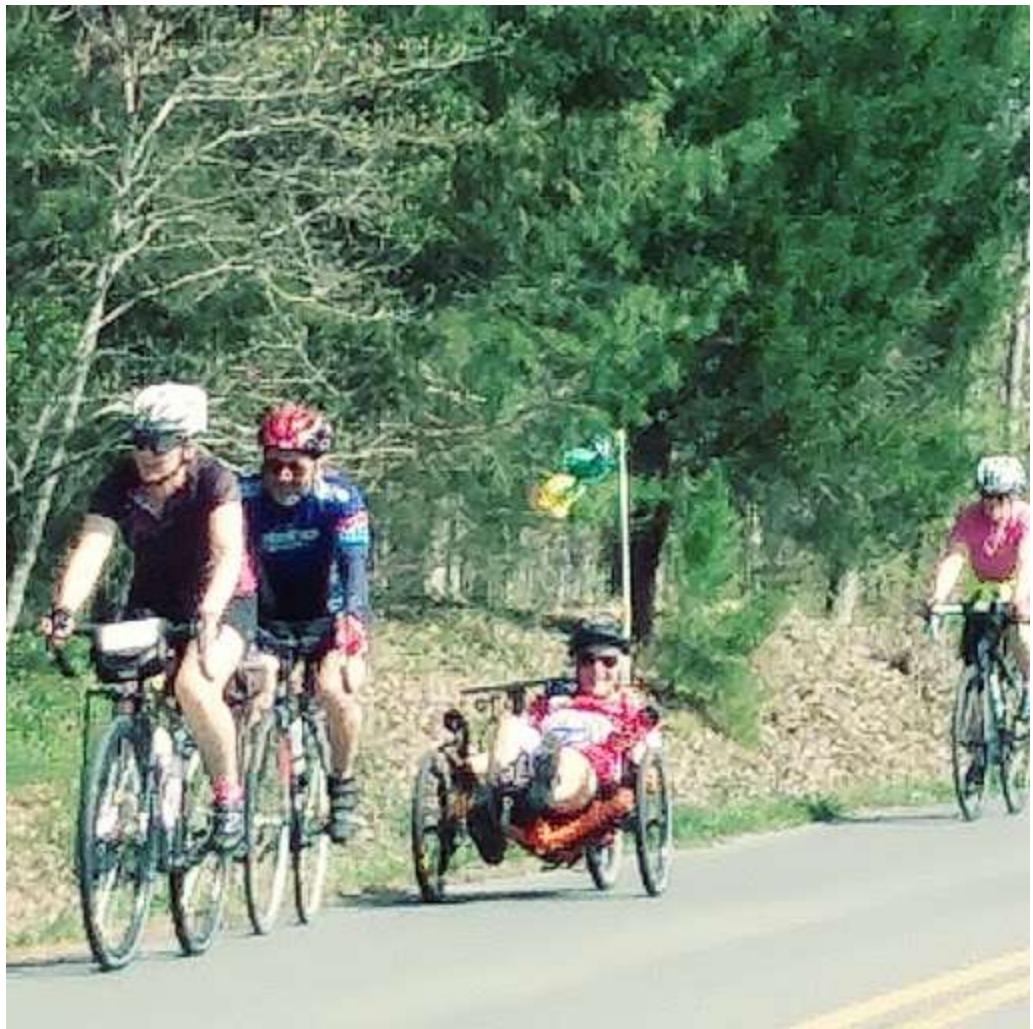
Jerseys, T-Shirts & Socks are available in the CBC Store

CBC short sleeve T-shirts, Jerseys and Socks are for sale now in the Club Store. T-Shirts will be shipped when purchased.

There is also a tab referring to '**Clearence**' items. These are items left over from previous events or club jerseys that were not sold at the time. Especially for new members, this is a great chance to get some older clothing. It is restricted to the sizes mentioned. However many folks wear clothing designated for the opposite sex. In these items it really doesn't matter. It just depends on how it fits. So check these out.

Ride Pictures

Peggy led the fun ride from Volkswagen Parkway to Collegedale and Apison. It was a beautiful day and we just enjoyed ourselves.



Lou Pape toward the end of the ride.



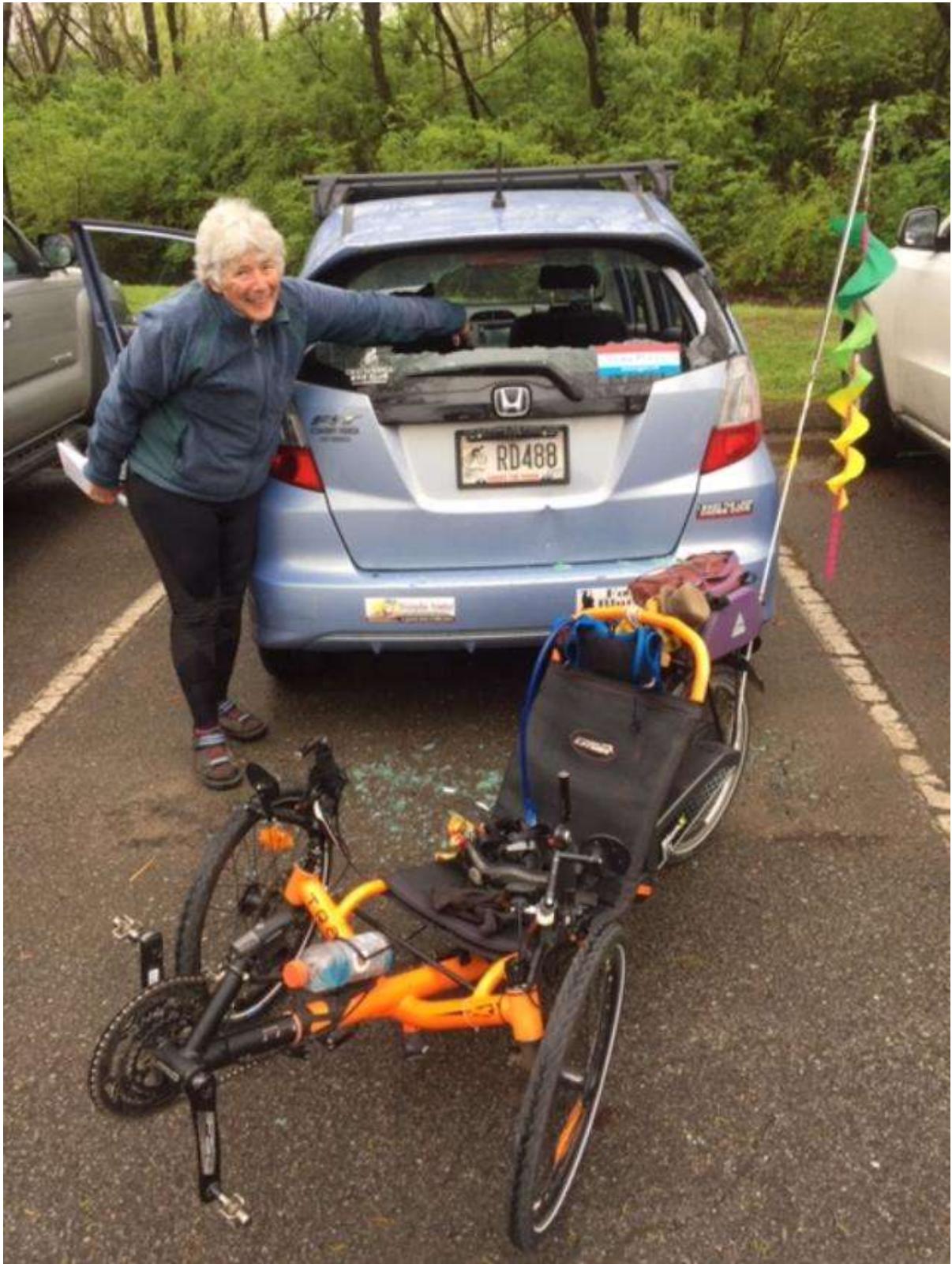
The Friday Riverwalk ride. What a crazy ride day! The fiberglass pennant pole on Daisy's trike got wedged under the back window of her car, and with a loud pop, the back window broke just before the ride. Then on the ride, the decking between the Boathouse Restaurant and the Rowing Club turned out to be as slick as a skating rink. A few of the gang went down there, but fortunately no one was hurt and they continued the ride!

The riders left were: Alan Eddy, Bob Shafto, Pete Williams, Jim Wildeman, Mike Hartline, and Marty Pinson (photographer). Chuck stayed with Daisy to get help with the window. Rich Rudner was there, just not in this picture.



Broken window with glass inside and outside the car.





Marty Pinson's scramble up Raccoon Mountain was a blast! 5th in the CBC season climbing tune up series. Great turn out to conquer Raccoon Mountain today! Up to 12% grades, 1502 ft over the climb up the mountain road of about ten miles. It's in the books getting the CBC Roulettes' legs in shape for the spring riding season.

Thank you to Marty Pinson for putting it all together for us!



Mingling before the ride.



Sharon Russell and two others at bottom of climb.



Peggy Olson, Sharon & Richard Russell at the Visitor Center on top of Raccoon Mtn.



Marty Pinson outside the Visitor Center.



Looking down the mountain.



The view from the top.



The bikes lined up at the top.



Riders at the top.



Peggy Olson & Marty Pinson riding around the reservoir.



Weekly CBC Birthdays

April 11 - April 17

Michael Goins, 4/11; Penny Claudio, 4/11; Janiece Rosenbloom, 4/12; John Poinsatte, 4/12; John Harward, 4/13; Alan Armstrong, 4/16; India Broyles, 4/16; Tom Ingledew, 4/17

Monthly Membership Notices

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

Welcome New and Returning Members for the Month of April

Johnny Barnes, David Bennett, Joe Lodato, Patricia Smith, Ed Waterhouse, Kerri & Cara Williams

Membership Renewals Due in the Month of May 2019

Benji Armstrong, Michael Brown, Mark Claudio, Bob Haag, David Hundley, Byron Mulligan, Mario & Janice Perri, Carter Simmons, Del Sudkamp, Wayne Wilson

[Renew Online](#)

2019 March Annual Meeting Minutes & 2019 March Annual Meeting Agenda

2019 February Annual meeting minutes.

<http://chattanoogabicycleclub.com/wp-content/uploads/2019/03/Feb-2019-mtg-minutes.pdf>

2019 April annual meeting agenda.

<http://chattanoogabicycleclub.com/wp-content/uploads/2019/04/CBC-General-meeting-agenda-4-15-19.pdf>

Outreach Discussion Group Agenda

<https://chattanoogabicycleclub.com/wp-content/uploads/2019/03/Outreach-Discussion-Agenda-03-18-19.pdf>

This Week's Upcoming Rides - check the CBC ride calendar for more details and activities <https://chattanoogabicycleclub.com/ride-calendar/>

Thursday, Apr 11, 9:00 AM - Urban Ride - Chickamauga To Downtown Villanow - A 46-mile route to Villanow. We cross Taylor's Ridge on GA136 on the way to Villanow, where we will stop at the Dollar General Store. Then we cross Taylor's Ridge again on Houston Valley Road. FAIR WARNING – this second crossing is difficult. The RL may be seen walking his bike if there is much traffic. Leave from the Chickamauga Community Center at 9:00 AM. No drop.

<https://ridewithgps.com/routes/19993608>

RL George Perry, Phone 423/290-1482

Thursday, Apr 11, 6:00 PM - Battlefield - A, B, C Groups - A weekly ride through the Chickamauga Battlefield and surrounding area. Meet in lower parking lot of Visitors Center. Rest rooms may or may not be open at start, so plan accordingly. Dependent on group, there may be option for mid-ride store stop.

A Group

Distance 25-35 miles. Average overall pace at ride's end is 18-20mph.

Ride leaders:

Ben Keim 423.504.8597 (benkeim03@hotmail.com)

Barry Matlock 423.475.3208 (barry.matlock@gmail.com)

B Group

Distance approx. 25 miles. Average overall pace at ride's end is 15-16 mph early in season. We'll work together to increase that pace with the

goal of a 17-18+ avg by end of season. No drop.

Ride Leaders (will alternate weeks):

Richard Russell 423.598.1243 (rwr.tnruss@gmail.com)

Sharon Russell 423.240.2700 (sir.tnruss@gmail.com)

C Group

Distance 15-25 miles, depending on participants. Average overall pace at ride's end 12-14 mph. No drop.

Ride Leaders (will alternate weeks):

Sharon Russell 423.240.2700 (sir.tnruss@gmail.com)

Richard Russell 423.598.1243 (rwr.tnruss@gmail.com)

Friday, Apr 12, 9:30 AM - Riverpark Twenty or Thirty Mile Leisure Ride - This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (rider choice!), 9-10 mph, no drop. The average speed for the second loop will be a bit higher!

<https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, cjp0124@gmail.com

Saturday, Apr 13, 9:00 AM - Double Suck Creek Mountain Climbing ride - Time to step up our climbing with a 2 climb ride. An old Joe

Nivert route, modified just a little, will be our path. We will start on Mountain Creek Rd at Redbank Elementary School. We will climb the front side of Suck Creek Mountain, descend into the Sequatchie Valley, go by Ketner Mill (shake & bake road), stop at the Holocaust Tribute, take a break, take a loop thru Whitwell, then head back, up the back side of Suck Creek Mountain. Once we get to the top, we can finish the ride with a very nice downhill followed by some very gentle terrain back to the car!!

- Start: 9:00 am, Redbank Elementary School
 - Distance: ~52 miles
- Pace 13-15 mph NO ONE DROPPED
 - Restrooms at start: NONE
- Store stop: One, somewhere while wandering around in the valley
 - Cue sheets; Yes for faster riders
- Ride leader: Tom Jamison, thomas.jamison@comcast.net, (423)847-3958
Inclement weather cancels ride.

Sunday, Apr 14, 9:30 AM - Sunday Ride on the Riverwalk -

Ride Leader: Rich Rudner, (954) 261-1828, rudnerr@comcast.net

Ride Length: Approximately 21 miles

Average Speed: 10-12 mph

Rest stops are available at the ride start and along the ride route.

No-drop ride!

This leisurely ride follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo.

Monday, Apr 15, 6:00 PM - CBC Board & Membership Meeting - See above.

Monday, Apr 15, 6:00 PM - Monday Night City Ride - Riverview to Points North & South - Weekly Ride from Riverview Park. 13-16 mph overall avg. (Faster on flats/descents, slower on climbs.) No drop. Route selection (see below) will be at ride leader's discretion, and will vary depending upon season, participants, and road conditions. Also depending upon participation, we may split into faster/slower groups. No drop. Restrooms are available at start.

Riverview-Red Bank-MoccasinBend: <https://ridewithgps.com/routes/29488404>

Riverview-Chattanooga Valley: (route link to come)

Both routes include segments through city traffic. Front and rear lights highly recommended and essential during March and October.

Ride leaders:

Ed Park: 423-400-9530 / eparkseven@yahoo.com

Richard Russell: 423-598-1243 / rwr.tnruss@gmail.com

Monday, Apr 15, 6:00 PM - Beginner Ride - Hello Beginners!! Are you a beginning cyclist or one returning to riding after a long break? Please come and join us for a fun and relaxing ride. The purpose of this ride is to gain confidence, get comfortable riding on the road with traffic, share knowledge and improve your skills. Let's get some exercise and, most of all, enjoy ourselves and have fun! Ride time will generally be about an hour or so but each ride will be accommodated according to skill level and comfort of the group. Helmets required, rear and front bike lights are a very good idea.

Please feel free to call ride leader with concerns or questions.

Ride Leader: Lynn Seeger (423) 667-5134, lynn.seeger@epbfi.com

The meet location is on Moccasin Bend in the parking lot across from the office for Riverbend Festival (Friends of the Festival).

Venue parking lot across from 180 Hamm Rd.

Tuesday, Apr 16, 10:00 AM - N GA Lite - This is a ride that takes place every Tuesday morning. Its location and time are variable. If the ride calendar is not edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35 miles, 10-13 mph, no drop.

Daisy Blanton, 706/820-1157 h, 423/243-8203 c, DaisyBRider@cs.com



Copyright © 2019 Chattanooga Bicycle Club, All rights reserved.

You are an active member of the Chattanooga Bicycle Club

Our mailing address is:

Chattanooga Bicycle Club
PO Box 11495
Chattanooga, TN 37401

[Add us to your address book](#)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)

