



*Next CBC Meeting - Mar 18, 2019*

The Tailwind 030619 -  
N GA Lite Ride Today CANCELED

**Spring Fling - March 30, 2019**

Beverly Short, 423/667-9690, [bbshort@comcast.net](mailto:bbshort@comcast.net)

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You're Invited to the CBC's Annual

## SPRING FLING CELEBRATION

3 rides: Beginning at 11:00 Intern at 9:00 Long ride at 8:00

**Where:** Soddy Daisy Ballfields &  
Community Center (lunch)

**When:** SATURDAY, March 30th

**Time:** Your ride time Plus  
Lunch from 1 to 3:00

**CONTRIBUTION:**  
A crock pot of spring SOUP  
A bowl of spring SALAD or  
dessert

Contact Beverly Short or Patti Nihells with your  
contribution choice by March 22.



New database shows best cycling routes in area

A new online database highlights tested, safe and scenic cycling routes at a variety of distances in the Sequatchie Valley.

Article in the [Times Free Press, Tues, Feb 12.](#)



## CYCLE SEQUATCHIE

CBC and Velo View Bike Tours are introducing a new cycling tradition in *Sequatchie Valley*! And although this new ride doesn't hit 3 states, it does offer **4 route options** with as little or as much climbing and mileage as you'd like, including a 3-mile timed K.O.M. challenge with prizes! We've also eliminated all of the urban and industrial sections (no train tracks!), and added a **farm-to-table post-ride lunch** and **outdoor expo** at the finish line. Plus we're lining up a number of activities for non-cycling spouses and families. *There's something for everyone!*

Join CBC and Velo View Bike Tours in Dunlap on **OCTOBER 5th** for the first annual **CYCLE SEQUATCHIE!** Only half an hour from town but a world away from the traffic. Check out [CycleSequatchie.com](#) for more info and to sign up!

### Annual Cleveland Circuit Ride Announced

Johnston Woods

Saturday, April 27, 9am

The Cleveland Circuit Ride (CCR) is a fundraising bike ride with three courses through southern Bradley County along the foothills of the Smokey Mountains from which to choose: 25, 50, or 100 km.

In partnership with local businesses like Scott's Bicycle Centre (423-472-9881), the CCR raises money for Family Promise of Bradley County, with all proceeds benefiting the organization. This is a fully supported road ride with SAGs and mobile units on all three courses to assist riders when needed on an unbelievably flat route (for SE TN).

Family Promise is focused on the needs of homeless families; providing both shelter and comprehensive case management necessary to make a family self-sufficient and able to stand unassisted (many of whom return to help uplift others).

The CBC encourages its members to support as many charitable rides as possible. So please try to put this ride on your Spring calendar.



### Up the Creek, Rome, GA, April 27, 2019

Up the Creek is back for the 29th consecutive year on Saturday, April 27. One of the best rides in all of Georgia for almost 30 years, UTC offers four scenic routes that roll throughout beautiful Northwest Georgia-32, 53, 71, and 104 mile distances. The ride leaves and finishes in downtown Rome, thereby promising great amenities like ample parking, post-ride showers, fabulous local bars and restaurants, and the chance to catch your breath after the ride in the heart of Rome's Town Green. Back again by popular demand, homemade strawberry ice cream at the last SAG stop to tide you over as you roll back to the Forum.

Route distances: 32, 53, 71, 104. <https://www.itsyourrace.com/Event.aspx?id=6484>

**Editor's Note:** In order to provide as much advance notice as possible, we will be using this space to promote area rides on an ongoing basis. The CBC urges all ride sponsors to provide event information as soon as their rides are scheduled.

### Annual CBC Meeting Ride Video

For those of you who missed the Ride Video shown at the Annual Membership Meeting earlier this month, Tailwind is happy to provide a YouTube link. Over 150 stills are complemented by six individual ride videos and a special comedic piece, which concludes the 11:15 program.

Here's the link: [https://www.youtube.com/watch?v=bpu3t\\_Ag2j4](https://www.youtube.com/watch?v=bpu3t_Ag2j4)  
Enjoy!

### New CBC Facebook Group!

Did you know there is a new Facebook Group just for CBC members? It's a great outlet to keep in contact with your fellow biking friends. You can pass on messages about club rides, organized rides, interesting bike articles or

memes or anything bike related. Keep it friendly and keep it clean!

Here's the link to get you started!

<https://www.facebook.com/groups/332991920650147/>



#### **Jerseys, T-Shirts & Socks are available in the CBC Store**

CBC short sleeve T-shirts, Jerseys and Socks are for sale now in the Club Store. T-Shirts will be shipped when purchased.

There is also a tab referring to '**Clearence**' items. These are items left over from previous events or club jerseys that were not sold at the time. Especially for new members, this is a great chance to get some older clothing. It is restricted to the sizes mentioned. However many folks wear clothing designated for the opposite sex. In these items it really doesn't matter. It just depends on how it fits. So check these out.

#### **Outdoor Chattanooga**

##### **Bike the Bunkers Monday, March 18 | 9:30-11:30 a.m.**



Join Outdoor Chattanooga on a guided and equipped "bunker bicycle tour" along the paved trail system at Enterprise South Nature Park. During the 6-mile group ride, Park Rangers will offer a commentary on the history and happenings of the 2,800-acre wooded park that was once used as an old Army Ammunition Plant. This tour is considered an intermediate/moderate bike ride that contains hilly climbs and descents. We ask that participants be confident bike riders. This program is not appropriate for riders using training wheels, e-bikes, tricycles or novice riders. Bring your own bike and helmet or borrow one of ours at no additional charge. Ours bikes are appropriate for riders 5'2" to 6'3". Please make your selection during the check out process. [Register online here](#). For more info or questions call 423-643-6888.  
[Bunker Bicycle Tour](#)

##### **March 18 – Traffic Skills 101 for Bike Commuting – Learn to “drive” your bicycle in traffic**

Learn the rules of the road and riding techniques to be a confident and predictable commuter. Class offered the 3rd Monday of each month. Cost: Free. Our League of American Bicyclists

Certified Instructors will teach:

- TN State and Chattanooga laws pertaining to bicycles
- Lane positioning and changing
- Signaling and scanning
- Basic bicycle safety and helmet check

Class will be followed by an optional practice ride (in good weather). Open to adults and kids ages 14 and older (when accompanied by an adult). All participants must be able to ride a bicycle.

Don't know how to ride? Come to our monthly Learn to Ride class (2nd Mondays)

Pre-registration is required. Register and learn more:

Email: [info@newoc.mycha.co](mailto:info@newoc.mycha.co) . Call: (423) 643-6888.

**Mountain to Town**  
**Thursday, March 21 | 1 - 4 p.m.**

Join Outdoor Chattanooga for a guided downhill bike adventure that starts at the top of Lookout Mountain and ends in downtown Chattanooga. Enjoy scenic views of the city while cruising down the Guild Trail until it connects with the Tennessee Riverwalk and follows the shores of the Tennessee River into downtown. Outdoor Chattanooga's experienced guides will be with you during the ride providing support and instruction. You can use your own bike or borrow one of ours at no additional cost. Cost is \$25 per person which includes guided tour with shuttle and use of bike if needed. Ages 10+ with participating adult. Must know how to confidently ride a bike. [Online registration](#) required in advance as space is limited.

[Mountain to Town](#)



**Ride Pictures**

There was a great turnout for the memorial ride for David Meek. He was such a wonderful person that it doesn't surprise me but it was also a really challenging ride. Congratulations to those who participated! This is the group who started at Suck Creek Cycle. Others joined as they proceeded to Lookout Mtn.



Some of the folks most involved in getting this to happen. Erik McClelland, center, had the idea and returned to Chattanooga, after living away for 10 years, to make this happen.

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Milling around before the ride.

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David always had good ideas. He encouraged community participation while he was president of CBC.

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Peggy forgot to post these last week. She joined Patti Nihells and her friends Tom and Rick for a challenging ride. They climbed Hotwater Road, came down Hwy 111 into Dunlap and then turned around and climbed back up Hwy 111 to backtrack to Soddy Daisy. 40 miles with 2 mountain climbs!

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Patti Nihells and Peggy Olson

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Peggy climbing out of Dunlap

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Patti on her climb.

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Nice stream on side of Hotwater.

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A DELICIOUS ride with the ladies! The ladies ride for this month was to the Hot Chocolatier. What a great choice.  
Michelle Anderson, Sharon Tingley, Peggy Olson, Beverly Short, and Patti Nihells



The Hot Chocolatier. Michelle, Daisy, Sharon, Beverly, Patti

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So true.

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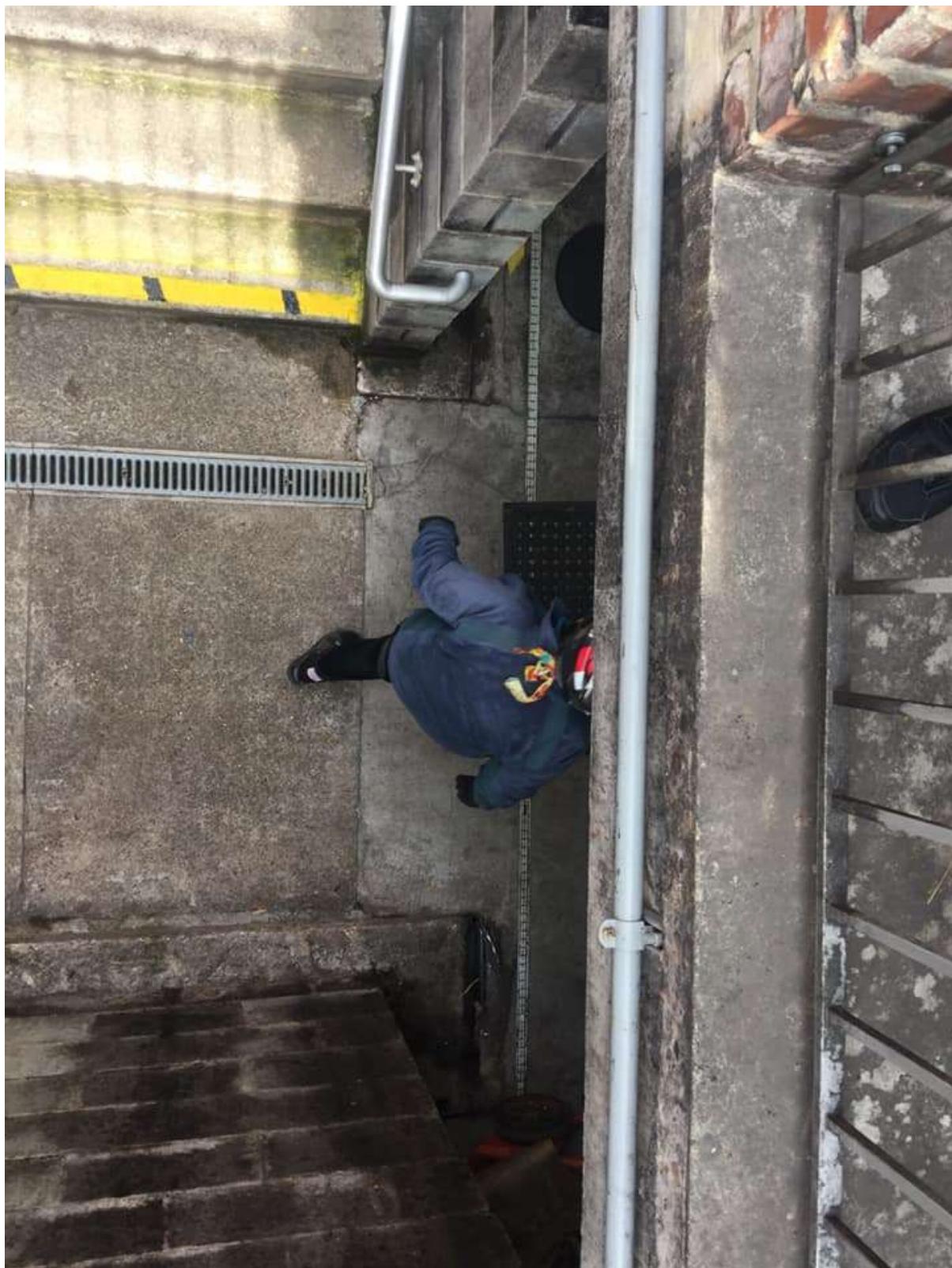
We may have consumed a few calories.

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We discovered an underground storage area next door. One of us had to check it out. It was full of whiskey vats.  
Interesting!!

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Daisy had her traditional flat.

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We visited the John Ross House on the way back.

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The boys did a battlefield ride. Marty reported that all Riverpark entrances along the old upper section of the Riverwalk were closed due to flooding, so they moved this week's ride to the Battlefield Visitor's Center!

The riders were: Mike Hartline, Debbie Bowman, Sandy Mauser, Johnny Barnes, Tim Blaes, Mikki Blaes, Marty Pinson, John Oakey, Forrest Simmons and Chuck (photographer).

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### **Weekly CBC Birthdays**

**March 6 - March 13**

Beth Eddy, 3/9; Lisa Heyer, 3/12; John Hilbrandt, 3/11

### **Monthly Membership Notices**

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

### **Welcome New and Returning Members for the Month of March**

Liz McNelly, Deborah Mynatt

### **Membership Renewals Due in the Month of April 2019**

Johnny Barnes, David Bennett, Denise Bishop & Steve Marino, Frank & Shelba Bradford, Tom & Karen Caldwell, Mark Finlayson, Mark Follett, George & Amy French, Bill Funderburk, Caleb Mask, Jeff Mason, David Mixson, Brian Newton, Jennifer Raulston, Wes Rehberg, Robbin & Donna Russell, Shel Thomas, Bobby & Sylvia Ward, Ed Waterhouse  
[Renew Online](#)

## **2019 January Annual Meeting Minutes & 2019 January Annual Meeting Agenda**

### **2019 February Annual meeting minutes.**

<http://chattanoogabicycleclub.com/wp-content/uploads/2019/03/Feb-2019-mtg-minutes.pdf>

### **2019 February annual meeting agenda.**

<http://chattanoogabicycleclub.com/wp-content/uploads/2019/02/CBC-General-meeting-agenda-2-18-19.pdf>

**This Week's Upcoming Rides - check the CBC ride calendar for more details and activities** <https://chattanoogabicycleclub.com/ride-calendar/>

**Wednesday, Mar 6, 11:00 AM - N GA Lite - CANCELED - Battlefield to Rock Spring** -The sun will be shining but the wind is up. Too cold. Enjoy the ride tomorrow.

It is cold but the sun should be shining. I've picked a short ride with the possibility of stopping in Chickamauga for coffee or hot chocolate. Leave from Battlefield Visitor Center at 11:00. Ride to Chickamauga. Possibly stop for warm treats. Then on to Rock Spring and back. If we want to, we can add some extra mileage. No Drop Ride. Average speed: 10-13 mph. Restrooms will be available. 25 miles. <https://ridewithgps.com/routes/23973983>  
Daisy Blanton, 423/243-8203, [daisybrider@cs.com](mailto:daisybrider@cs.com)

**Thursday, Mar 7, 11:00 AM - Go Indirectly To Jail** - A 32 mile route from the Battlefield Visitors Center that passes the "Pink House" on the way to the prison before returning to the Visitors Center. Stop at Mapco in Rock Spring at mile 11.5. No drop. Final average speed will be 11-12 mph.

<https://ridewithgps.com/routes/23901346>

RL George Perry, 423/290-1482

**Friday, Mar 8, 10:30 AM - Riverpark Twenty or Thirty Mile Leisure Ride** - This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (rider choice!), 9-10 mph, no drop. The average speed for the second loop will be a bit higher!

<https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, [cjp0124@gmail.com](mailto:cjp0124@gmail.com)

**Saturday, Mar 9, 10:00 AM - Cranmore Cove Loop** - We are getting ready to start a climbing series, so let's do a few ridge climbs (longer than just a hill, but not anywhere close to being called a mountain climb).

We will start at the Soddy ballfields, pedal over to McGill. Staying on the east side of US-27, we will work our way to the back side of Cap Elsea (definitely the easy side) then head for Cranmore Cove. From Cranmore Cove we will work our way back to the ballfields via Coulterville Pike and Back Valley.

Start: 10:00 am at Soddy ballfields (Durham & Dayton)

Distance: ~41 miles

Pace: 13-15 mph depending on who shows NO ONE DROPPED

Store stops: 1 (mile 27)

Cue sheets: Yes for faster riders

Ride leader: Tom Jamison, [thomas.jamison@comcast.net](mailto:thomas.jamison@comcast.net), (423) 847-3958

**Sunday, Mar 9 - No Ride Scheduled** - Please add one.

**Tuesday, Mar 11, 11:00 AM - N GA Lite** - This is a ride that takes place every Tuesday morning. Its location and time are variable. If the ride calendar is not edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35 miles, 10-13 mph, no drop.

Daisy Blanton, 706/820-1157 h, 423/243-8203 c, [DaisyBRider@cs.com](mailto:DaisyBRider@cs.com)



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You are an active member of the Chattanooga Bicycle Club

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