



Next CBC Meeting - Feb 18, 2019

The Tailwind 020619

CBC Board & Membership Meeting, 6:00 PM, Monday, February 18

All members are invited to attend the monthly Executive Board meeting at Outdoor Chattanooga, 200 River St in Coolidge Park on the North Shore.

- If you're interested in discussing and shaping the future direction of the Chattanooga Bicycle Club, please consider attending this meeting.
- After the meeting, all attendees are invited to gather at a local restaurant for dinner on the club.
- [Current Executive Board Meeting Agenda](#)

We're ready for the 2019 Riding Season!

We're ready for another fun riding season! Saturday, February 9th, many of the 2018 ride leaders were recognized with a pizza party and meeting at the Soddy Daisy Community Center. Kat Volzer, our new Advocacy Director, facilitated a discussion about leading rides. We all shared stories and voiced concerns, hoping to make leading future rides fun and safe for all. It was a very constructive meeting.

Just for fun, here are some of the statistics from last year...

Total Ride Leaders: 37

Total Rides: 325

Total Riders: 2,293

Largest Rides:

- | | |
|----------------------|-----------|
| 1. Z's Memorial Ride | 29 Riders |
| 2. Watermelon Ride | 26 Riders |

3. Riverpark Leisure (June 29th) 23 Riders

Who led the most rides:

1. Chuck (Fat Chicken) Puglisi 58 Rides
2. Tim Blaes 49 Rides
3. Daisy Blanton 36 Rides

Did you know that leading rides can earn you a reduced, or free, membership? Just leading 1-5 rides knocks \$10 off of your yearly dues. Leading over 5 rides gets you a FREE membership for the following year! If you've always thought about leading a ride, maybe this is the incentive you need to make it happen! I'll be glad to help you with any questions or concerns.

Rumor has it that the Spring Kick Off Party will be on March 30th. Save the date! Patti Nihells and Beverly Short are working out the details and we'll be having 3 different rides that day.

If you haven't already noticed, we have a new calendar on our website! Thank you, Lou (Shreq) Pape, for all of your hard work to get it up and running. We're hoping it's a little more user friendly. With anything new, there's a learning curve, but it is a great calendar!

Get yourselves ready for another great riding season! The calendar will be filling with fun activities as the weather improves! See you all out on the road!

Peggy Olson
CBC Road Ride Coordinator

Spring Fling - March 30, 2019

You're Invited to the CBC's Annual

SPRING FLING CELEBRATION

3 rides: Beginning at 11:00 Intern at 9:00 Long ride at 8:00

Where: Soddy Daisy Ballfields &
Community Center (lunch)

When: SATURDAY, March 30th

Time: Your ride time Plus
Lunch from 1 to 3:00

CONTRIBUTION:
A crock pot of spring SOUP or
A bowl of spring SALAD or
dessert

*Contact Beverly Short or Patti Nihells with your
contribution choice by March 22.*



New database shows best cycling routes in area

A new online database highlights tested, safe and scenic cycling routes at a variety of distances in the Sequatchie Valley.

Article in the [Times Free Press, Tues, Feb 12.](#)



CYCLE SEQUATCHIE

While we're sad to say goodbye to the *3 State 3 Mountain Challenge* (it's simply no longer practical to put on the ride), we're excited about starting a new cycling tradition in *Sequatchie Valley*! And although this new ride doesn't hit 3 states, it does offer **4 route options** with as little or as much climbing and mileage as you'd like, including a 3-mile timed K.O.M. challenge with prizes! We've also eliminated all of the urban and industrial sections (no train tracks!), and added a **farm-to-table post-ride lunch** and **outdoor expo** at the finish line. Plus we're lining up a number of activities for non-cycling spouses and families. *There's something for everyone!*

Join us in Dunlap on **OCTOBER 5th** for the first annual **CYCLE SEQUATCHIE**! Only half an hour from town but a world away from the traffic. Check out CycleSequatchie.com for more info and to sign up!

Annual Cleveland Circuit Ride Announced

Johnston Woods
Saturday, April 27, 9am

The Cleveland Circuit Ride (CCR) is a fundraising bike ride with three courses through southern Bradley County along the foothills of the Smokey Mountains from which to choose: 25, 50, or 100 km.

In partnership with local businesses like Scott's Bicycle Centre (423-472-9881), the CCR raises money for Family Promise of Bradley County, with all proceeds benefiting the organization. This is a fully supported road ride with SAGs and mobile units on all three courses to assist riders when needed on an unbelievably flat route (for SE TN).

Family Promise is focused on the needs of homeless families; providing both shelter and comprehensive case management necessary to make a family self-sufficient and able to stand unassisted (many of whom return to help uplift others).

The CBC encourages its members to support as many charitable rides as possible. So please try to put this ride on your Spring calendar.

Editor's Note: In order to provide as much advance notice as possible, we will be using this space to promote area rides on an ongoing basis. The CBC urges all ride sponsors to provide event information as soon as their rides are scheduled.

Annual CBC Meeting Ride Video

For those of you who missed the Ride Video shown at the Annual Membership Meeting earlier this month, Tailwind is happy to provide a YouTube link. Over 150 stills are complemented by six individual ride videos and a special comedic piece, which concludes the 11:15 program.

Here's the link: https://www.youtube.com/watch?v=bpu3t_Aq2j4

Enjoy!

New CBC Facebook Group!

Did you know there is a new Facebook Group just for CBC members? It's a great outlet to keep in contact with your fellow biking friends. You can pass on messages about club rides, organized rides, interesting bike articles or memes or anything bike related. Keep it

friendly and keep it clean!

Here's the link to get you started!

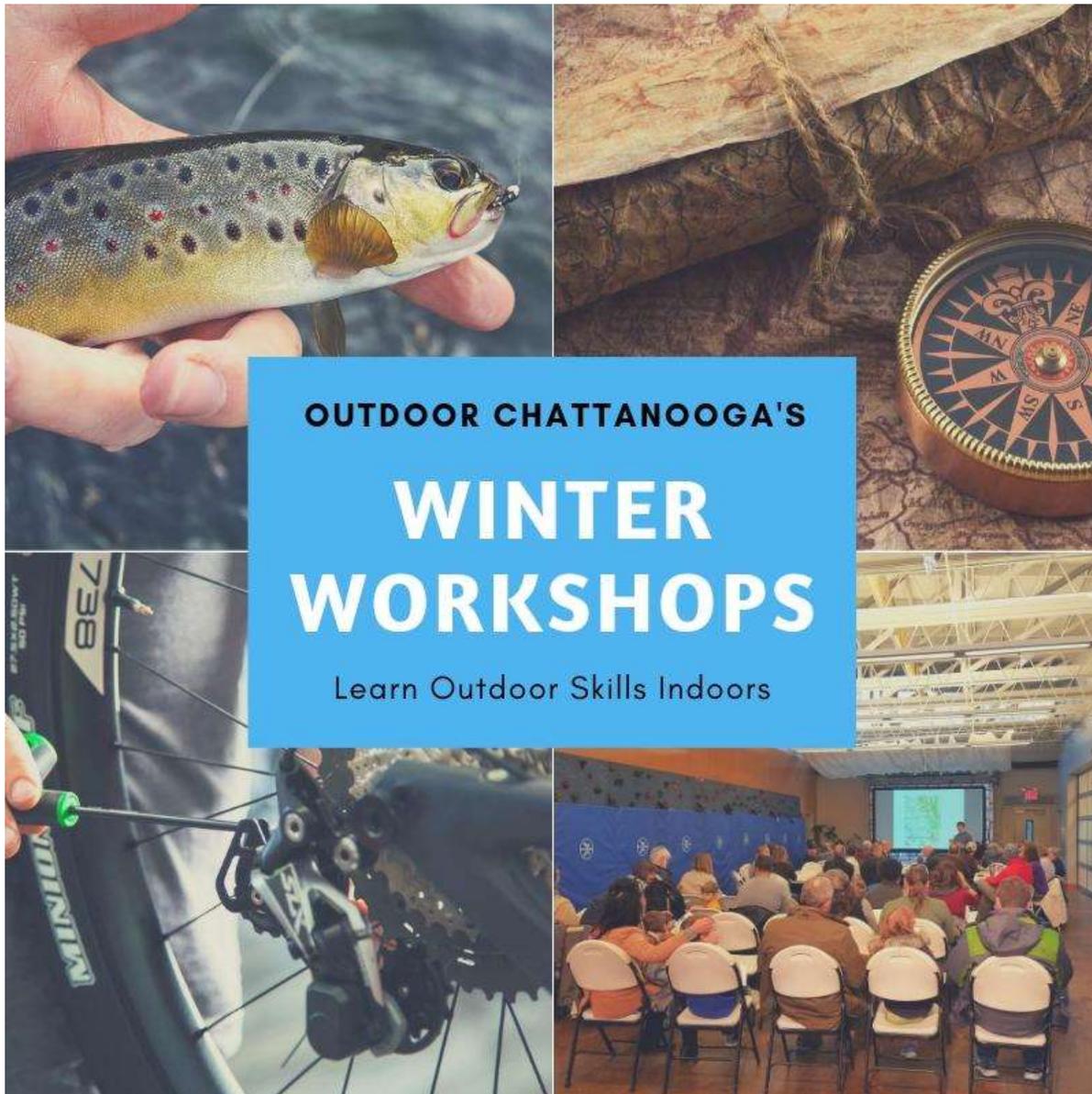
<https://www.facebook.com/groups/332991920650147/>



Jerseys, T-Shirts & Socks are available in the CBC Store

CBC short sleeve T-shirts, Jerseys and Socks are for sale now in the Club Store. T-Shirts will be shipped when purchased.

CBC Jerseys, Shorts and CBC socks have been delivered to the club. Members who did not get their purchase at the Annual Party will have their purchase mailed shortly.



OUTDOOR CHATTANOOGA'S

WINTER WORKSHOPS

Learn Outdoor Skills Indoors

Outdoor Chattanooga's Winter Workshops are a series of classroom-based, outdoor education and skill-building workshops that cover a variety of outdoor topics. Workshops are free, open to all ages, and occur on Thursdays, 6:30-8:00 PM, Jan. 10 through Feb. 28, 2019, at Outdoor Chattanooga, 200 River St. in Coolidge Park. Join for one, some or all to improve your outdoor skills. No reservations or experience required to attend.

March 18 – Traffic Skills 101 for Bike Commuting – Learn to “drive” your bicycle in traffic

Learn the rules of the road and riding techniques to be a confident and predictable commuter. Class offered the 3rd Monday of each month. Cost: Free. Our League of American Bicyclists Certified Instructors will teach:

- TN State and Chattanooga laws pertaining to bicycles
- Lane positioning and changing
- Signaling and scanning
- Basic bicycle safety and helmet check

Class will be followed by an optional practice ride (in good weather). Open to adults and kids ages 14 and older (when accompanied by an adult). All participants must be able to ride a bicycle.

Don't know how to ride? Come to our monthly Learn to Ride class (2nd Mondays)

Pre-registration is required. Register and learn more:

Email: info@newoc.mycha.co . Call: (423) 643-6888.

[Winter Workshop Series](#)

Ride Pictures

Urban Hixson - Chester Frost. 80 degrees in February is a gift! Seven of us were able to enjoy a true Urban Ride around Hixson and out to Chester Frost Park. This tree obviously didn't get the memo that it's still winter! Tony Thompson, Tom Jamison, Beverly Short, Trieu Nguyen, Daisy Blanton, Peggy Olson and Chuck (photographer).



Trieu Nguyen, Tom Jamison, Tony Thompson, Peggy Olson, Daisy Blanton, Beverly Short and Chuck (photographer)



We met at the Glen Gene parking area so of course we had to have lunch there too. Daisy Blanton, Beverly Short, Tony Thompson, Tom Jamison, Peggy Olson and Chuck (photographer).



BRG Battlefield Ride Group, who are mostly CBC's but do longer, faster rides than the N GA Lite and Urban rides, went looking for alpacas and tortoises on Thursday. Forrest Simmons, Gary Burriss, Vicki Cox, Jon Bell, David Bennett and Joe Nivert. Photographer, Howard Rowe.



Big Tortoise



Joe Nivert meets the "Grand Tortoise".



Don't know what is going on with Forrest Simmons here. Hope you are ok. Too close of an encounter with the Giant Tortoise?



Nice picture of Vicki Cox.



Great BRG ride today from the Battlefield to St Elmo and Flintstone with a visit to see the grand tortoise on the return. It was 81 degrees today. 62.2 mile ride, Metric #3.



It promised to be a cold, blustery day for the Riverpark 20-30, but turned out to be a nice day to ride!

The riders were: Dave Bennett, John Oakey, Beverly Short, Rich Rudner and Chuck (photographer).



Beverly Short, John Oakey, Rich Rudner, David Bennett.



Howard Rowe's new Fixed Gear Bike for neighborhood riding.



Colleen Carboni's notoriety as a bike rider in town keeps coming back up. As seen in The Pulse Feb 7, 2019.



Weekly CBC Birthdays

February 14 - February 20

Beverly Short, 2/15; Shel Thomas, 2/16

Monthly Membership Notices

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

Welcome New and Returning Members for the Month of February

Becky Buckles, Heather & Dan Curry, Kerry & Donna Kerlin, Barry Matlock, Kat & Jacob Volzer, Brenda McElyea, Matt Mallett,

Membership Renewals Due in the Month of March 2019

Lee & Iris Abelson, Helen Bang, Burton Brown, Rudy Hausser, John & Bernie Hilbandt, Jim Johnson, Susan Lawton, Deborah Mynatt, Mariella Pechero, BB Ryan, Forrest Simmons, Nancy Stueve, Art Thompson, Sally Wencel, Terry Worley
[Renew Online](#)

2019 January Annual Meeting Minutes & 2019 January Annual Meeting Agenda

2019 January Annual meeting minutes.

<http://chattanoogabicycleclub.com/wp-content/uploads/2019/01/Jan-2019-Annual-mtg-minutes.pdf>

2019 February annual meeting agenda.

<http://chattanoogabicycleclub.com/wp-content/uploads/2019/02/CBC-General-meeting-agenda-2-18-19.pdf>

This Week's Upcoming Rides - check the CBC ride calendar for more details and activities <https://chattanoogabicycleclub.com/ride-calendar/>

Thursday, Feb 14, 11:00 AM - Creeks And Hills - 28.8 mile ride from Battlefield Visitors Center to the creeks and hills south of Chickamauga. There are no planned store stops on the route so bring a snack. There will be a short rest stop about half-way. Final average speed will be about 12 mph assuming the RL is the slowest rider. No drop. For ride terrain, examine the RWGPS route below. Ride is canceled in case of actual rain. Start time may be revised based on the weather, but not after 10 PM the night before. RL George Perry, 423/290-1482.

Route: <https://ridewithgps.com/routes/4108542>

Friday, Feb 15, 10:30 AM - Riverpark Twenty or Thirty Mile Leisure Ride - This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (rider choice!), 9-10 mph, no drop. The average speed for the second loop will be a bit higher!

<https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, cjp0124@gmail.com

Saturday, Feb 16 - No Ride Scheduled - Please lead one!

Sunday, Feb 17, 10:00 AM - 50 Mile Ride - Autour de Lookout - MEET: Food City St Elmo Parking Lot --- To the left and behind the gas station island as you enter the parking lot...near the eastern edge of parking lot.

THE RIDE: See Link. Just under 50 miles. We head to Route 136 via back roads through Chattanooga-Chicamauga Valley. Over Lookout via 136 into Trenton, then back roads to Lookout Valley; back to St. Elmo via Cummings Highway. 13-14 mph average but won't drop anyone. Here is the link to Autour de Lookout

(<https://ridewithgps.com/routes/29309580>).

Tuesday, Feb 19, 11:00 AM - N GA Lite - This is a ride that takes place every Tuesday morning. Its location and time are variable. If the ride calendar is not edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35 miles, 10-13 mph, no drop.

Daisy Blanton, 706/820-1157 h, 423/243-8203 c, DaisyBRider@cs.com



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You are an active member of the Chattanooga Bicycle Club

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