



*Next CBC Meeting - November 19, 2018*

### **The Tailwind 110718**

*Note: As some of you know, I have been using an invalid return acct for this newsletter. When I used one of my active accounts it wouldn't get to many of you. I am trying a gmail account as the sender of this newsletter. If you know of someone who usually receives this but hasn't this week, please let me know.*

### **STORE OPEN! New CBC Jerseys/Shorts/Bibs/Socks Fit Kit Availability**

As a heads up, the final date for ordering jerseys (along with bibs/shorts and socks) is November 17.

For those of you who were unable to try the **fit kit** at the End of Season party, two of our local bike shops, Battlefield Outdoors and Owen Cyclery, have each graciously agreed to host the kits at their stores for one week each, enabling you to drop by and try on samples of each of the offered cuts and sizes at your convenience during normal store hours.

The fit kit has already been at Battlefield Outdoors but will be at Owen Cyclery until Nov 9 - 1920 Northpoint Blvd, Chattanooga, (423) 875-6811.

(I highly recommend taking advantage of this opportunity, as I've found Ascend's sizing to differ just enough from others that I've worn to make it worth the effort to try the kit before ordering.)

A big thanks to both shops for their support!

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Sharon Russell, Treasurer

The store is open for the new CBC Clothing. Currently offered for sale are the new designs for Jersey's, Shorts, Bibs and Socks (What kit would be complete without matching socks?). Greetings, CBC members!



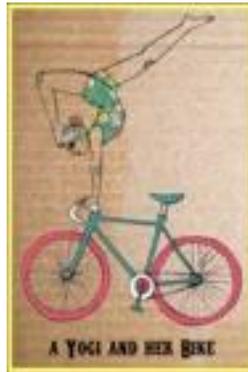
Purchase your new kit here >>>> <https://chattanoogabicycleclub.com/2018-cbc-clothing/#!form/Jerseys>

CBC Members can enter the code 'cbcmember' to receive a 10% discount.

CBC Members will be able to pick up their purchases at the CBC Annual Meeting & Party, January 19, 2019.

All others, and Members unable to attend the Annual Club Meeting, will have their purchases shipped to the listed address at that time.

**LADIES' BIKE AND YOGA  
SATURDAY, NOVEMBER 17  
BIKE: 11AM, YOGA 2PM**



For the Ladies' Ride this month, we'll do something a little different. After a short bike ride around Cleveland, which will include the scenic Greenway, we'll head over to Studio 22 Yoga for our own private class!

The bike ride will be about 19 miles of the flattest roads you'll see in NE Tennessee! We'll start in the parking lot across from Trailhead Bicycles (255 1st Street, Cleveland) at 11am. From there, we'll take the Greenway north, to the end and beyond, before making our way past Cleveland State and back through town. Here is the route on Ride with GPS:

<https://ridewithgps.com/routes/28855232>

This ride will be a social paced, easy ride, with an overall average of 10-13 mph by the end.

Once back at our cars, we'll walk or drive the few blocks to Studio 22 Yoga (65 Central Avenue, Cleveland.) Raj Yogimitra will be leading a private class for us at 2pm. It will be a beginner class with modified poses that will give us a good stretch. Cost is \$5.00 per person (cash only, exact change is easiest.)

You can do the yoga in your biking clothes, or bring some comfortable clothes to change into. He will have mats, straps, blocks, etc. for us to use.

**If it rains or the weather is too cold, we will skip the ride, but still go to the yoga class.** The class starts at 2 pm. Call Peggy if questionable weather.

### **CBC Board Nominations**

Nominations for the 2019 CBC Board are open. If you are interested in holding a position on the board next year, or know someone you would like to recommend for the board, please contact Peggy Olson (920) 412-0999. (Deadline is November 30, 2018.)

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## Bicycles Needed at Chatt State!!

The Chattanooga State Community College Intramural Department is looking to acquire gently used bikes to promote bicycling events with their students. At present, they only have 5 bikes available and would like to grow their fleet.

They currently have occasional rides for breakfast or lunch, but they would like to expand their program to include beginner biking lessons and safety training, along with more rides. They would also like the CBC to possibly include their students in future rides and events.

If you have an old bike that you are not using, you could donate it to a good cause! It would be a way to share your passion by passing the means to enjoy biking to a new generation of riders.

For directions on how to donate your old bicycle, please contact Kelvin Clay, Intramural Coordinator at Chattanooga State Community College, [Kelvin.Clay@chattanoogastate.edu](mailto:Kelvin.Clay@chattanoogastate.edu).

## Ride Pictures

Another great day on the Riverpark Leisure 20-30 on November 2! It was a bit chilly, but the mosquitoes were finally gone!!!

The riders were: Daisy Blanton, Gray Fletcher, Pete Williams, Peggy Olson, Ted Dickerson, Beverly Short, Gary Jamerson, Marty Pinson, Mike Hartline, Rich Rudner and Chuck (photographer).



Peggy Olson and Gray Fletcher



Marty Pinson, Peggy Olson, Gary Jamerson, Mike Hartline, Gray Fletcher

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Marty Pinson among beautiful color on trees. This looks like the one week of fall for this year.

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Ted Dickerson and Beverly Short showing off for visitors to Sculpture Garden

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Bikes going up switchbacks to Hunter Museum

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Boats arriving for Head of the Hootch

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Peggy Olson, Gray Fletcher, Beverly Short and Marty Pinson in front



Pete Williams and Mike Hartline



Gary Jamerson

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Peggy Olson and Beverly Short dodging more boats arriving



Peggy Olson on noisy bridge

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Tellico Plains Ride from the Hiwassee River in Reliance to the Tellico River in Tellico Plains. Peggy Olson, our ride leader, pulled a rabbit out of her hat for this fun ride on such a beautiful day. We had lunch at Tellico Kats and didn't have to wait all afternoon either. In fact no one seemed ready to leave after eating. Outstanding ride - this is one to be remembered.

Foggy, cold start this morning. This picture is of the Hiwassee River in Reliance, TN, before we started. It was clear and beautiful by the end of the day. Big difference!

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Peggy's CBC Bald River Falls Ride kick off pictures. 38ish degrees at the start, 10AM. Tom Jamison, Sharon Russell, Richard Russell, Howard Rowe, Shannon Burke, Peggy Olson. Photo taken by Chuck, the Fat Chicken himself.



A few of us took advantage of Lou Pape's shorter version ride to Bald River Falls. We started at the Tellico Plains Visitor's Center and did a 15 mile loop that put us at the store stop to meet up with the group coming in from Reliance. A great 37 mile option. Thanks, Peggy Olson, for posting and thanks to Lou for the shorter version.

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The designated meeting spot. We waited and waited. Then as we were about to decide they had gotten there early and gone on without us, they showed up. Peggy had a flat tire and it was not an easy one to fix. Del Sudkamp, Lou Pape, John Oakey, Gray Fletcher, Daisy Blanton (caught off guard). Cindy Pape missed the picture.

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Peggy explaining her flat tire changing technique.  
The Russells and Peggy make a good pit crew!

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Peggy found some spare tubes for her bike at Webb Brother's General Store. Just in case she has a FLAT TIRE!



The color has at long last come to the Tellico Plains area. It was absolutely beautiful.



The ride along the Tellico River is so pleasant. Slightly uphill all the way up and downhill all the way back.

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Bald River Falls was at its best. All this water, this time of the year, is a result of all the rain we've been having.

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Sharon Russell, Shannon Burke, Tom Jamison, Peggy Olson, Howard Rowe, Richard Russell, Cindy Pape, Gray Fletcher, Daisy Blanton, John Oakey

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Same group with the sun in a better position.

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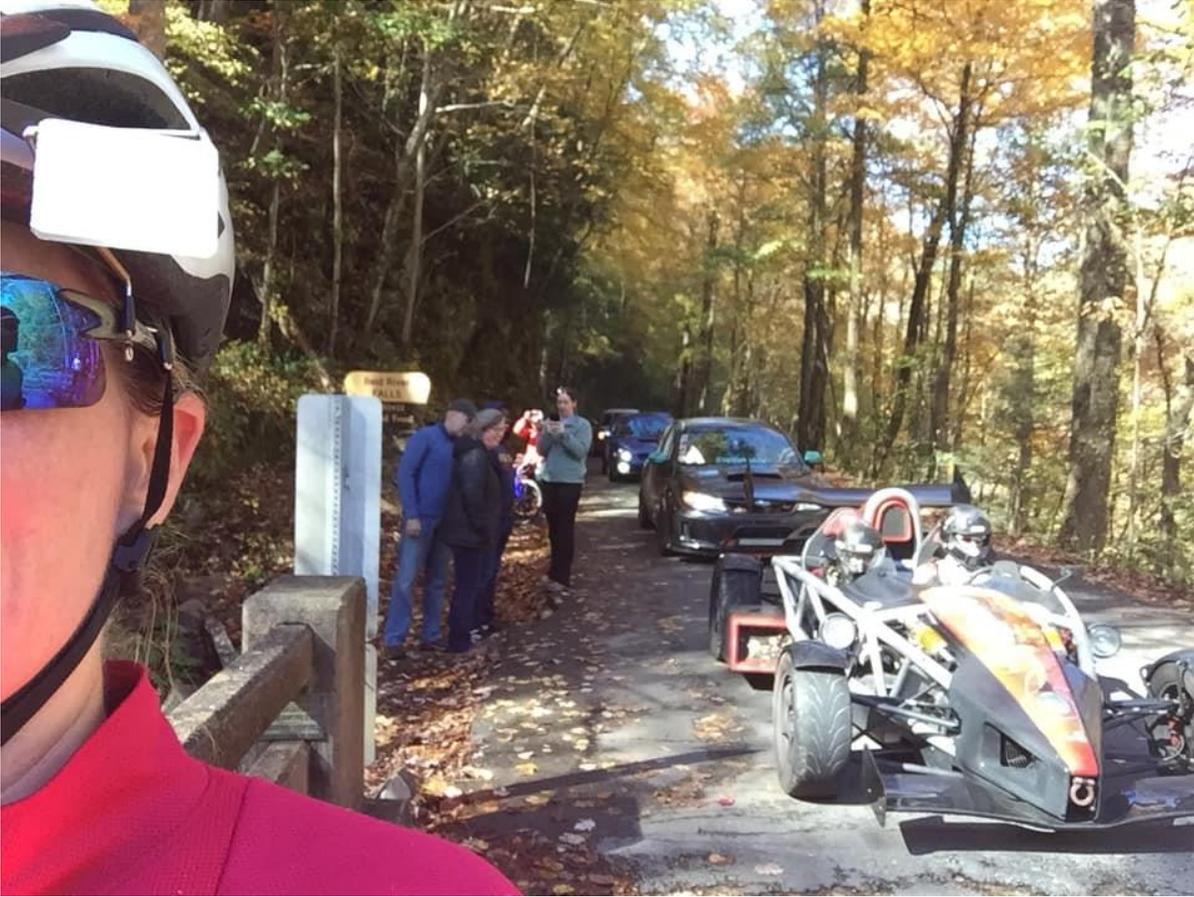
Artistic picture of Bald River Falls

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The traffic was really bad. Everyone was out to see the color. And they were out in anything. A great day for vehicle viewing.

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Peggy along the Tellico River

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The deserted rest stop. 'The Duke' was lurking.



A tiny house? — at Webb Brother's General Store. I really question how this one will get moved to a new location.

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The ride back was beautiful, too. Clear and 60 degrees at the end of the ride.



We didn't have a big group on our rain ride on Tuesday but we had quality. And a good time! Peggy Olson, Daisy Blanton, Pete Williams, Ted Dickerson and of course photographer, Chuck.



Peggy can't keep her nose out of questionable places

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It was really wet on the road and full of leaves when we started.

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Peggy Olson under the streamer of the trike.

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The clouds lifted and it was beautiful by the end of the ride. A really nice day!

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### **Weekly CBC Birthdays**

#### **November 8 - November 14**

Charlie Breeding, 11/13; Gary Burriss, 11/11; Mark Follett, 11/8; Athena Moundalexis, 11/11; Wayne Wilson, 11/14; Terry Worley, 11/14

### **Monthly Membership Notices**

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

### **Welcome New and Returning Members for the Month of November**

Charlie & Agnes Breeding, John Hubbard, Barry Matlock

### **Membership Renewals Due in the month of December 2018**

Alton & Sandra Brazzle, Don Church, Chuck Feagans, Steve Strain, Tony & Joan Thompson, Pete Williams

[Renew Online](#)

### **2018 October Club Meeting Minutes & Agenda**

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## 2018 October club meeting minutes.

<http://chattanooga-bicycle-club.com/wp-content/uploads/2018/11/Oct-2018-mtg-minutes.pdf>

## 2018 October club meeting agenda.

<http://chattanooga-bicycle-club.com/wp-content/uploads/2018/10/CBC-General-meeting-agenda-10-15-18.pdf>

**This Week's Upcoming Rides - check the CBC ride calendar for more details and activities** <https://chattanooga-bicycle-club.com/ride-calendar/>

**Thursday, Nov 8, 10:00 - Urban Ride - VW/Collegedale/Apison Loop** - (At this posting, the weather forecast is iffy. Please check back before the ride to see if there are any changes.)

This ride takes us through the round-a-bouts on Volkswagen Drive, down the Wolftever Greenway in Collegedale and for a loop in the country. It's a 31.5 mile ride with a few hills, but nothing too horrible. We'll have an overall average of 11-13 mph by the end of the ride. No drop. There will be multiple stopping places for restroom breaks and regrouping.

Meet at the Redoubt Soccer parking lot on Bonnie Oaks Dr. There are two lots, we'll be at the one directly across from the entrance to Enterprise South. Wheels hit the pavement at 10 am.

Lunch, after the ride, will be at The City Café! ("Let them eat cake!")

Here is the route on Ride with GPS:

<https://ridewithgps.com/routes/26815131>

Bad weather or poor road conditions will cancel this ride. Call if questionable.

Peggy Olson, (920) 412-0999, [pbiker10@yahoo.com](mailto:pbiker10@yahoo.com)

**Friday, Nov 9, 10:30 AM - Riverpark Twenty or Thirty Mile Leisure Ride** - *Note new time*. This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (Rider choice!), 9-10 mph, no drop. The average speed for the second loop will be a bit higher!

<https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, [cjp0124@gmail.com](mailto:cjp0124@gmail.com)

**Saturday, Nov 10, 10:00 AM - Upper Sequatchie Valley Loop** - Join Velo View Bike Tours and the Chattanooga Bicycle Club as we take in the fall colors on a beautiful 42-mile ride in picturesque Sequatchie Valley!

The ride does have some hills (roughly 1700 feet of climbing), but none of them are very long. We'll take a rest stop halfway through the ride at a convenience store in Pikeville before heading back out on the low-traffic country roads of this gorgeous valley. We'll most likely average between 15 and 17 mph.

The ride begins and ends at the Cookie Jar Cafe (1887 Kelly Cross Rd, Dunlap, TN 37327), so bring a change of clothes and join us for some good southern cooking and amazing pies after the ride!

Please note that the ride start is in CENTRAL TIME. Be ready to roll at the Cookie Jar Cafe at 8:30 a.m. CST.

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Please let us know if you're coming so we can provide updates as we get closer to Nov 10th.

You can see the route here: <https://ridewithgps.com/routes/27412305>

You can also find more details about the loop here: <http://scenicbikeways.com/sequatchie-valley/upper-sequatchie-valley-loop-1>

Shannon Burke, 512-293-6242, [shannon@veloviewbiketours.com](mailto:shannon@veloviewbiketours.com)

**Sunday, Nov 11 - No Ride Scheduled** - We would love for you to schedule a ride. Just put it on the ride calendar.

**Tuesday, Nov 13, 10:00 AM - N GA Lite** - This is a ride that takes place every Tuesday morning. Its location and time are variable. If the ride calendar is not edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35 miles, 10-13 mph, no drop.

Daisy Blanton, 706/820-1157 h, 423/243-8203 c, [DaisyBRider@cs.com](mailto:DaisyBRider@cs.com)

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