



*Next CBC Meeting - October 15, 2018*

The Tailwind 101018

Don't forget the Chattanooga Challenge - This Saturday!!  
Details below

Riverpark Twenty or Thirty Mile Leisure Ride  
(with a Twist)  
Friday, October 26th, 10:00am



On the October 26th Riverwalk Ride, we're doing something a little different! We'll be doing our regular ride, but we'll also be joined by students from Chattanooga State. Let's show our support for their Intramural Program by sharing our biking knowledge and showing the students how much fun biking can be!

Since this is right before Halloween, feel free to wear a costume to add to the fun!

Chuck will be leading his regular route to St. Elmo and back, and Peggy will be leading a shorter route, to The Ice Cream Show and back, for beginner riders. So, there are lots of fun opportunities!

Chuck's ride consists of two loops:

The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. The average speed for the second loop will be a bit higher!

<https://ridewithgps.com/routes/26460895>

Peggy's route will follow the Riverwalk to the Hunter Art Museum. Then, we'll cross the 'glass' bridge to the Ice Cream Show for treats or coffee before heading back to the Fry Center. Average speed for this option will be set by the slowest rider. This is a no drop ride. This ride will be about 10 miles long.

**CBC End of Season Hoe Down!!**  
**Saturday, October 20, 2018**

Pumpkins and hay bales in the fields mean one thing. Fall is here. (Though temperatures aren't there, yet.) Come out to the country for an End of the Season Hoe Down (dancing not required, but go right ahead if you want to!) There will be 3 ride options available, or just come to eat.

Where: Bob and Peggy Olson's House, 219 Poteet Rd SE, Cleveland (a.k.a "Middle of Nowhere!") Enter the blacktopped driveway to the right of the house and cross the bridge. Parking is in the field on the left, after the bridge.

Please RSVP to Peggy Olson (920) 412-0999, by Sunday, October 14th, if you plan to eat.

Lunch will be served at 12:30pm. It will be lasagna, bread and salad, sweet tea, lemonade, water and coffee supplied by the CBC. We're leaving dessert to the members. Bring your favorite and we'll all taste test!

In case of light rain, lunch and comradery will still be served! (If heavy rain, party will be rescheduled because our yard floods!!)

Here are the 3 different ride options to choose from:

**Long Route**, 62 miles (15-16+mph average), with a few challenging climbs on mostly traffic free roads. Led by Tom Hand (423) 364-1897, **Starts at 8:00am**: <https://ridewithgps.com/routes/28648984>

**Intermediate Route**, 35 miles (12-15mph average) that take you out to see some beautiful distant mountain views. Led by Sharon Russell (423) 240-2700. **Starts at 8:30am**: <https://ridewithgps.com/routes/28730627>

**Short Route**, 19 mile ride (9-12mph average) through gently rolling hills. **Starts at 10:00am**: <https://ridewithgps.com/routes/28730651>

**CBC Board & Membership Meeting, 6:00 PM, Monday, October 15**

All members are invited to attend the monthly Executive Board meeting at Outdoor Chattanooga, 200 River St in Coolidge Park on the North Shore.

- If you're interested in discussing and shaping the future direction of the Chattanooga Bicycle Club, please consider attending this meeting.
- After the meeting, all attendees are invited to gather at a local restaurant for dinner on the club.
- [Current Executive Board Meeting Agenda](#)

**Oktoberfest Chattanooga Challenge - Oct 13**

*If you're not already planning to ride in the Oktoberfest Chattanooga Challenge, you can still be in on the action as a volunteer! Everyone who pitches in will get a t-shirt, water bottle, and a meal and a couple of beers at Finley Stadium! Plus free parking at Oktoberfest!*

*Here are some volunteer opportunities:*

- Help Peggy at the CBC rest stop on the course
- Packet pick-up (Friday afternoon/evening on the 12th or early Saturday morning on the 13th)
- Course marshals at various intersections along the course
- SAG support
- General help with setup/breakdown at Finley Stadium

*If you're interested in being a volunteer, email Shannon Burke at [shannon@veloviewbiketours.com](mailto:shannon@veloviewbiketours.com).*

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The OKTOBERFEST CHATTANOOGA CHALLENGE pairs an amazing bike ride with the best beer festival in the Southeast! Choose between a full 100-mile century or a 50-mile half-century on the most scenic roads in the tri-state region, including a closed-road climb up Lookout Mountain! [ChattanoogaChallenge.com](http://ChattanoogaChallenge.com). Event organizer Shannon Burke, owner of Velo View Bike Tours, touts the ride as an affordable, scenic ride organized by locals. It's also an event Burke believes could fill the void left by the canceled 2018 3-State 3-Mountain Challenge.

"The Oktoberfest Chattanooga Challenge is my answer to the lack of a hometown ride," Burke said in an email to the Times Free Press. "Yes, we'll have the Hincapie Gran Fondo in May, which I'm sure will be great, but I felt that Chattanooga needed a century ride put on by locals at a price point that was accessible to a wider audience."

[veloviewbiketours.com/chattanooga-challenge](http://veloviewbiketours.com/chattanooga-challenge).

#### **A CBC Membership Perk...**

A perk of being a member in the Chattanooga Bicycle Club is **premium access to all the routes in the Club's Route Library**.

If you've been on a ride with Lou Pape recently, you've likely heard a sultry female voice giving Lou turn-by-turn directions. In most cases that's the Ride with GPS mobile phone app and not Sweet Cindy Lou.

To take advantage of this perk, a CBC member must also have a personal Ride with GPS account (RWGPS). RWGPS offers 3 types of individual accounts... STARTER (free), BASIC (\$6/month-\$50/year) and PREMIUM (\$10/month-\$80/year). <https://ridewithgps.com/help/compare-plans>

Even with the simple STARTER account, most premium features are available for the Club's routes, once your account is linked to the Club's account...

- Turn-by-turn visual and voice navigation on the mobile phone app
- Advanced and customized turn notifications
- Printed PDF Maps & Cue sheets
- All the Club features & additional info can be found here... <https://ridewithgps.com/help/club-benefits/>

#### **CBC Ride Leaders**

In addition, CBC Ride Leaders are able to create, edit, save and import routes to the Club's Route Library. This allows all "linked" CBC members access to the route if a Ride Leader saves it to the Club Route Library.

Of course, actually leading a ride is required. Currently, the requirement is leading at least 1 ride per year, or being a CBC Board member. The Ride Leader benefit is by invitation only.

#### **JOINING & FINDING THE RWGPS CBC ROUTE LIBRARY**

- 1) If you have a personal RWGPS account, please LOG-IN.
- 2) If you do not already have a personal account, one must be created. Join by using either an email address or a Facebook account... SIGN UP.
- 3) After signing in to your personal account, link the account to the CBC RWGPS Club Account by clicking on this link... [https://ridewithgps.com/auto\\_approve/Club/60/foQJfbVV1S9nmxfb](https://ridewithgps.com/auto_approve/Club/60/foQJfbVV1S9nmxfb)
- 4) Open your personal account...
- 5) Click on the 'PROFILE' tab (on left side).
- 6) Scroll down.
- 7) Click on the CBC logo/Chattanooga Bicycle Club, (opens on the Club's RWGPS page).
- 8) Clicking on "Route Library" gives access to the 100+ routes in the library; all with cue sheets and available to be downloaded.

#### **USING RWGPS**

I could write pages & pages of instructions on using RWGPS but why re-invent the wheel. RWGPS has very detailed instructions, videos, FAQ's and forum that should answer all your questions (found in the Help section). Plus the customer service at RWGPS is amazing if you should have any additional questions.

#### **LOU'S BICYCLE GPS - OLD PHONE HACK**

I am, shall we say, frugal. I refuse to spend hundreds of dollars on a dedicated bicycle GPS when one can be had that is just as effective, maybe more so, for \$60 or less (FREE!).

All you need is an old smartphone, the RWGPS app and a WIFI connection. Or buy a pay-as-you-go smartphone. Quality phones can be had for under \$60. The phone must have a GPS chip.

A single Bluetooth earbud might be helpful though. If a few folks use the app on a group ride it might be amusing to hear that sultry voice I mentioned earlier say "Turn right at stop onto Back Valley Rd" a dozen times. At least for a few turns. After that I'm sure it would be quite annoying. A single earbud also helps with traffic & wind noise while still being able to hear everything else. Also some hearing aids are Bluetooth capable, and can be paired with the phone.

You do not need a data plan. In fact, don't even install a sim card. It's not needed. Complete info and instructions can be found here...

<https://ridewithgps.com/help/offline-maps-iphone>  
<https://ridewithgps.com/help/offline-maps-android>

Feel free to email me with any questions or look in the RWGPS Help Section... <https://ridewithgps.com/help/>

Lou Pape - [b8man51@gmail.com](mailto:b8man51@gmail.com)

### We Have a Winner!

Thanks to all who participated in the CBC Jersey Selection Survey.

Thanks to Ben Keim and Ascend Sportswear for their work on this visionary design that highlights a favorite Chattanooga landmark.

We are still waiting for purchase information to come!



### Bicycles Needed at Chatt State!!

The Chattanooga State Community College Intramural Department is looking to acquire gently used bikes to promote bicycling events with their students. At present, they only have 5 bikes available and would like to grow their fleet.

They currently have occasional rides for breakfast or lunch, but they would like to expand their program to include beginner biking lessons and safety training, along with more rides. They would also like the CBC to possibly include their students in future rides and events.

If you have an old bike that you are not using, you could donate it to a good cause! It would be a way to share your passion by passing the means to enjoy biking to a new generation of riders.

For directions on how to donate your old bicycle, please contact Kelvin Clay, Intramural Coordinator at Chattanooga State Community College, [Kelvin.Clay@chattanoogastate.edu](mailto:Kelvin.Clay@chattanoogastate.edu).

### Battlefield Bike Tour

Sat, October 20 | 9:30 - 11:30 a.m.

Enjoy a leisurely-paced bicycle tour on the Chickamauga Battlefield with the National Park Service and Outdoor Chattanooga. Bicycles are available at no charge with reservation; contact the Visitor Center at (706) 866-9241 to reserve. Or bring your own. Ages 6+ (no training wheels please). Cost: Free. Helmets required for all riders.

[Chickamauga Battlefield Bike Tour](#)

### Halloween Half-a-Hundred

October 27, 2018, Jasper, TN

Come out and enjoy the fall weather in scenic Marion County. **The Big Pumpkin** will be a challenging, yet scenic 51 mile ride through the Sequatchie Valley, over Suck Creek Mountain and through the Tennessee River Gorge via River Canyon Road/Mullins Cove Road.

**The Little Squash** will cover 30 miles just as scenic as the Big Pumpkin, without the challenging Suck Creek Mountain climb.

All riders will receive a T-shirt, post ride freshly grilled hamburger and cold beer courtesy of Stevarinos Restaurant in South Pittsburg. Both rides will be fully supported with on-course SAG and rest stops. Registration fee: \$35.00.

Bring your family and stay around for the Jasper Lions Club Jackolantern Jamboree on the Square. Lots of free fun for the entire family including trick-or-treating, games, music, and food.

If you have any event questions please feel free to reach out to the Ride Director. Barry Allen can be reached at (423)667-4609 or [ballen197374@yahoo.com](mailto:ballen197374@yahoo.com).



To register, go to:  
<https://www.bikereg.com/39321>

### Ride Pictures

I'm afraid we didn't have many rides this week even though the weather was fine. And we didn't get pictures from some of the ones we had. We had a nice ride this Tuesday but forgot to get pictures.

The riders on the Riverpark Leisure 20-30 on October 5 were: Beverly Short, Jim Wildeman, Ted Dickerson, Rich Rudner, John Oakey, Romy Oakey, Pete Williams, Daisy Blanton, John Vass, Joe Nivert, Marty Pinson, Tony Thompson, and Chuck (photographer).



Same group with a couple missing, different angle and camera.

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Marty Pinson at start.



The mosquitos had taken over our parking area so we gathered for the start in the sun with less pests around.



John Oakey

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Beverly Short and Romy Oakey wait while some of us take a rest stop.

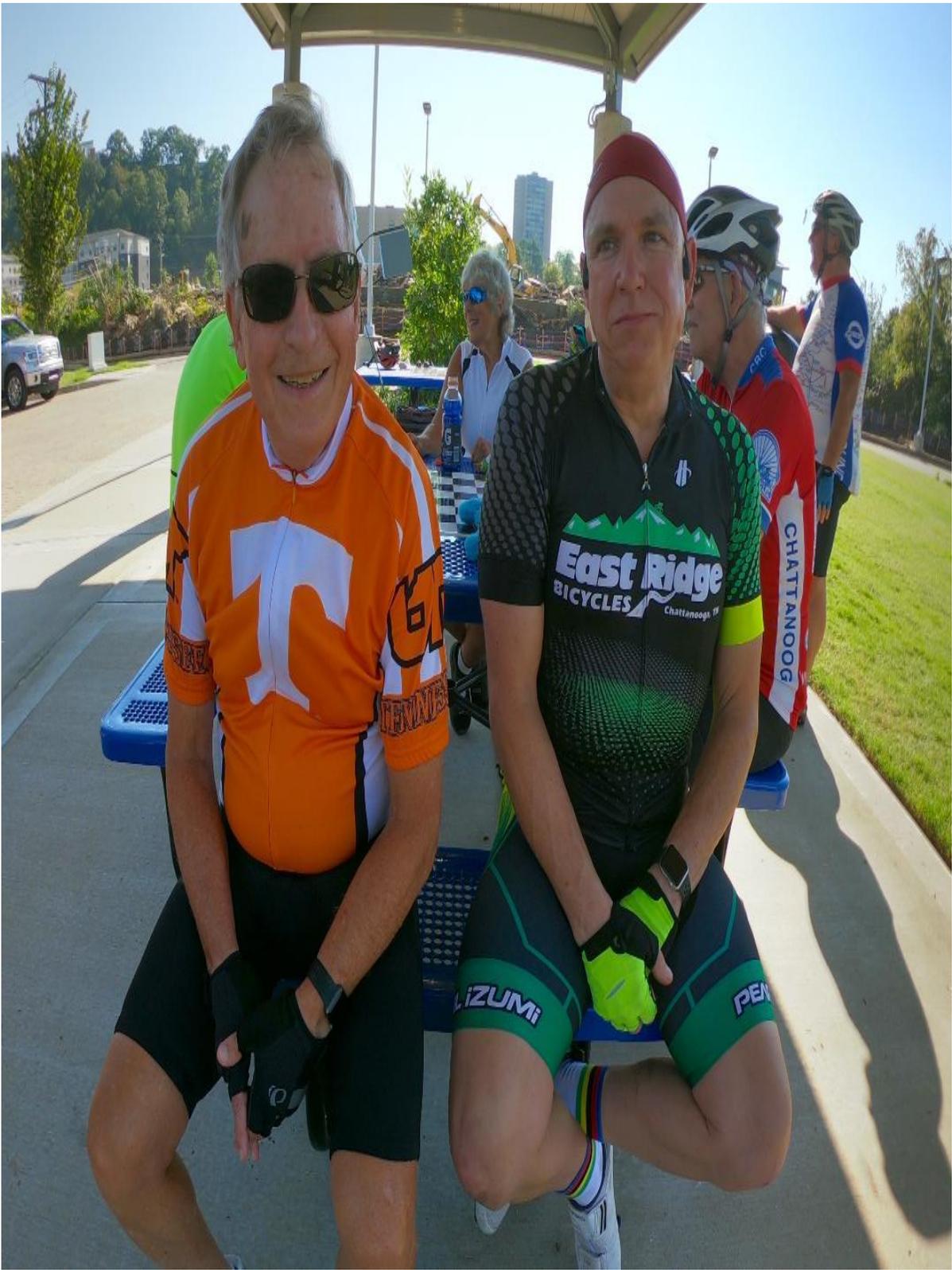


Turn around spot in St Elmo



John Vass and Marty Pinson at the rest stop.

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Rich Rudner with Mike Hartline and Beverly Short in back.



Daisy Blanton, Romy and John Oakey enjoying the break.



Several of us rode the Greenway. It had been a while since we had ridden it, mostly due to wet or damp weather. We knew they had been working on a picnic pavilion and rest room. They weren't finished and open but they looked good.





#### **Weekly CBC Birthdays**

**October 11 - October 17**

Rita Pendergast, 10/16

#### **Monthly Membership Notices**

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

#### **Welcome New and Returning Members for the Month of October**

Adam Cofer, Robert Powderly, Alan Eddy, Anh Truong Michelle Headrick

#### **Membership Renewals Due in the month of November 2018**

Jim Wildeman, Gary Jamerson, Charlie & Agnes Breeding, Paul Roland, Lynn Seeger, Anne Aiken, Quint Mansell

[Renew Online](#)

#### **2018 September Club Meeting Minutes & October Agenda**

**2018 September club meeting minutes.**

<http://chattanoogaclub.com/wp-content/uploads/2018/10/Sept-2018-mtg-minutes.pdf>

**2018 October club meeting agenda.**

<http://chattanoogaclub.com/wp-content/uploads/2018/10/CBC-General-meeting-agenda-10-15-18.pdf>

**This Week's Upcoming Rides - check the CBC ride calendar for more details and activities** <https://chattanoogaclub.com/ride-calendar/>

**Thursday, Oct 11, 9:00 AM - Urban Ride - St Elmo to Chickamauga the Salem Rd Version** - Meet at the Food City Parking lot in St Elmo and be ready to ride at 9:00am. 30 miles, ~12 MPH, no drop. This is a slower paced ride and we'll stay together as we ride to Chickamauga through Chattanooga Valley then back to St Elmo. Will regroup as necessary but no one will be dropped. We'll make our way back to St Elmo over the stinger on Salem Rd. Rain cancels ride!!! The weather for Thursday looks iffy so watch the calendar for changes or cancellations. Call the ride leader if you have questions. Gray Fletcher, 423/304-0482, [a.gray.fletcher@gmail.com](mailto:a.gray.fletcher@gmail.com)  
Ride With GPS cue sheet: <https://ridewithgps.com/routes/28212341>

**Thursday, Oct 11, 6:00 PM - Battlefield Ride: 15-17 mph** - This is an updated posting for Sharon's group with a more realistic speed. Let's enjoy the few weeks we have left before the time change. 23-25 miles, no drop, but please be able to ride the posted speed.

Route Link: <https://ridewithgps.com/routes/26857511>  
Sharon Russell, (423)240-2700, [slr.tnruss@gmail.com](mailto:slr.tnruss@gmail.com);

**Friday, Oct 12, 9:30 AM - Riverpark Twenty or Thirty Mile Leisure Ride** - This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (Rider choice!), 9-10 mph, no drop. The average speed for the second loop will be a bit higher!

<https://ridewithgps.com/routes/26460895>  
Chuck, 865/321-0893, [cjp0124@gmail.com](mailto:cjp0124@gmail.com)

**Saturday, Oct 13, 7:30 AM - Oktoberfest Chattanooga Challenge** - See above. The weather looks great!

**Sunday, Oct 14, 9:30 AM - Pigeon Mountain Grill 48** - Starts at Pigeon Mountain Grill, 18381 GA-193 Chickamauga, GA and meanders thru Chickamauga, the Battlefield, Rock Spring and Lafayette.

Rest stops at the Battlefield (19) and the Mapco in Rock Spring (30).

Features the very mild climb up Pigeon Mountain at mile 45 and a fast curvy descent to the finish.

Probably lunch after the ride at the Pigeon Mountain Grill.

Details

~ 9:30 am

~ Pigeon Mountain Grill, 18381 GA-193

Chickamauga, GA 30707.

~ Ride with GPS app download, GPS download, map & cue sheets here... coming soon. Check ride calendar.

~ No drop ride, but riders should be capable of having a 13 mph average at ride's end. 48 miles.

~ Cue sheets will be available.

~ Depending on who shows up, there may be a group breaking away & setting a faster pace.

~ Restrooms MAY BE available at the start; plan accordingly.

~ Restroom stop at mile 19 (Battlefield) and store stop at mile 30

~ Rain may cancel or delay ride.

~ Check ride calendar before ride start for updates (will be in red)

Lou Pape, 423-580-3691, [b8man51@gmail.com](mailto:b8man51@gmail.com).

**Monday, Oct 15, 6:00 PM - CBC Monthly Board Meeting** - All welcome. See above.

**Tuesday, Oct 16, 9:00 AM - N GA Lite** - This is a ride that takes place every Tuesday morning. Its location and time are variable. If the ride calendar is not edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35 miles, 10-13 mph, no drop.

Daisy Blanton, 706/820-1157 h, 423/243-8203 c, [DaisyBRider@cs.com](mailto:DaisyBRider@cs.com)



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You are an active member of the Chattanooga Bicycle Club

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