



Next CBC Meeting - September 17, 2018

The Tailwind 091218

Upper Sequatchie Valley Loop -- with picnic! - Sept 22, 10:00 AM EDT

Please inform the ride leader by September 15 at jim@biketours.com if you'd like lunch, and note if you have any dietary restrictions.

<https://ridewithgps.com/routes/28219622>

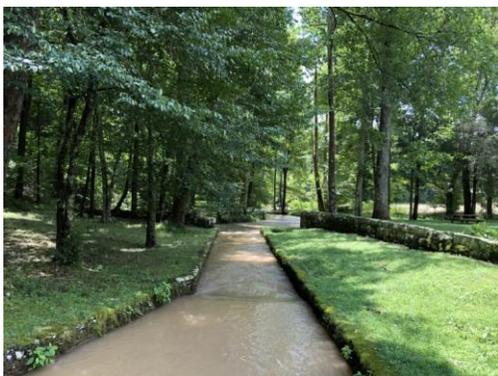
This will be a fun day—a loop ride with a picnic lunch at Head of Sequatchie State Park! And I'd like for everyone to think of this more as a leisurely tour than a typical club ride. Because it's as scenic and remote as you'll find around here—even more so than the southern part of the valley.

Ride slowly. Really slowly. Stop when a herd of cows comes to greet us at a fence. Stop to take a picture. Stop to say hi to a local farmer.

Savor the surroundings. Really take them in. Cycling is for all the senses. Hear things you wouldn't normally hear. Smell things you wouldn't normally smell.

I will likely average 10-11 mph and do plan to stop some. I welcome you to ride with me—or at least to wait on me at turns. But I won't feel rejected if you wish to ride faster on your own. Just be sure to have cue sheets and/or GPS.

We'll ride about 19 miles from Pikeville to the turnaround point: the beautiful and remote Head of Sequatchie State Park. The park is open once a month, and today's the day! It's part of the Cumberland Trail and is beautiful! There are restrooms and water.



We'll have a picnic lunch catered by Starling Cafe of Pikeville at a cost of \$15 per person, payable at the picnic.

We'll be able to view the spring that's the origin of the Sequatchie River and dip our toes in the creek. It's an idyllic scene and an enjoyable place to relax. We can do a short, easy hike (bring appropriate shoes) to view the entrance to Devilstep Cave, the exterior of the Cave Springs schoolhouse and the Sherrill family cemetery. More at <https://www.facebook.com/headofsequatchie>.

Then we loop back to Pikeville.

This route is under consideration as part of the developing Sequatchie Valley Scenic Bikeways, and this will be your ride leader's first time on it. Start time is Eastern, although ride start is in Central.



Distance: 38.5 miles, 11-13 mph.

Total Climbing: 2206' feet.

Park on Main Street in downtown Pikeville in front of the Bledsoe County Courthouse (clean restrooms are open to the public starting at 7:30 Central Standard Time).



Much of the ride takes us through wide-open farmland with beautiful views of the valley walls beyond. You may notice that these walls come closer together the farther north we ride as the valley starts to transition into a hillier landscape.

You'll also notice around Mile 17 that the Sequatchie River resembles more of a clear mountain stream at this point than the cloudy river lower in the valley.

The loop back to Pikeville features a 17-mile stretch with no turns, just beautiful farmland and countryside.

Jim Johnson, 423-313-5256, jim@biketours.com

<https://ridewithgps.com/routes/28219622>

CBC Board & Membership Meeting, 6:00 PM, Monday, September 17

All members are invited to attend the monthly Executive Board meeting at Outdoor Chattanooga, 200 River St in Coolidge Park on the North Shore.

- If you're interested in discussing and shaping the future direction of the Chattanooga Bicycle Club, please consider attending this meeting.
- After the meeting, all attendees are invited to gather at a local restaurant for dinner on the club.
- [Current Executive Board Meeting Agenda](#)

Select the new CBC Jersey!

**Last chance to vote on the CBC jersey design!
The survey will close on Sept 19 at 11:59 PM.**



[Click here to vote!](#)

[Click here to view results!](#)

Battlefield Bike Tour

Sat., September 15 | 9:30 - 11:30 a.m.

Enjoy a leisurely-paced bicycle tour on the Chickamauga Battlefield with the National Park Service and Outdoor Chattanooga. Bicycles are available at no charge with reservation; contact the Visitor Center at (706) 866-9241 to reserve. Or bring your own. Ages 6+ (no training wheels please). Cost: Free. Helmets required for all riders.

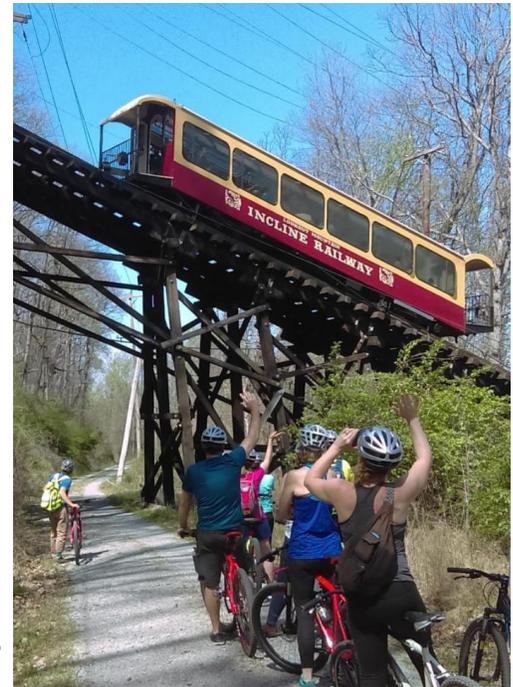


[Chickamauga Battlefield Bike Tour](#)

Mountain to Town Bike Adventure

Sunday, Sept. 16 | 1:00 - 4:00 p.m.

Join Outdoor Chattanooga for an all-inclusive and guided downhill bike adventure from Lookout Mountain to downtown Chattanooga. Enjoy scenic views of the city from the top of the mountain while cruising down the Guild Trail until it connects with the Tennessee Riverwalk and follows the shores of the TN river all the way back into town. Outdoor Chattanooga's experienced guides will be with you during the ride providing support and instruction. You can use your own bike or borrow one of ours at no additional cost. Cost is \$25 per person which includes guided tour with shuttle and use of bike if needed.



Ages 10+ with participating adult. Must know how to confidently ride a bike.

[Mountain to Town Downhill Bike Adventure](#)

Bike Commuting 101

Monday, September 17 | 6:00 - 7:00 p.m.



Learn the rules of the road and riding techniques to be a confident and predictable bike commuter by attending this free class offered the 3rd Monday each month by Outdoor Chattanooga's League of American Bicyclist certified instructors. Classroom learning followed by an optional group ride to practice learned skills. Cost: Free. Registration required in advance. Ages 14+ with participating adult. All participants must wear a helmet during the ride. Bikes and helmets available for use.

Intro to Mountain Biking

Friday, Sept 21 | 6:00 - 8:00 p.m.



Leave the asphalt behind and get in gear for the trails with Outdoor Chattanooga's Intro to Mountain Biking Class. Learn the basics of mountain biking from our experienced mountain bike instructors through skills demonstration and practice in a controlled setting. Instructors teach in a format that's structured to your pace and individual learning style. We can provide bicycles and a helmet for use during the class. All participants must wear a helmet. Reservations required in advance as space is limited. Call 423-643-6888 to learn more and register. Cost: \$10 for 2 hour session. Recommended for ages 10+.

[Intro to Mountain Biking](#)

Oktoberfest Chattanooga Challenge - Oct 13



The OKTOBERFEST CHATTANOOGA CHALLENGE pairs an amazing bike ride with the best beer festival in the Southeast! Choose between a full 100-mile century or a 50-mile half-century on the most scenic roads in the tri-state region, including a closed-road climb up Lookout Mountain! ChattanoogaChallenge.com. Event organizer Shannon Burke, owner of Velo View Bike Tours, touts the ride as an affordable, scenic ride organized by locals. It's also an event Burke believes could fill the void left by the canceled 2018 3-State 3-Mountain Challenge.

"The Oktoberfest Chattanooga Challenge is my answer to the lack of a hometown ride," Burke said in an email to the Times Free Press. "Yes, we'll have the Hincapie Gran Fondo in May, which I'm sure will be great, but I felt that Chattanooga needed a century ride put on by locals at a price point that was accessible to a wider audience."

Registration is now open at veloviewbiketours.com/chattanooga-challenge. It includes tickets for two beers and food at Oktoberfest, parking, a T-shirt and a water bottle. The event is \$40 for those who register before Memorial Day, \$50 for those who register between Memorial Day and Labor Day and \$60 for those who register after Labor Day. Registration closes Oct. 7.

Halloween Half-a-Hundred

October 27, 2018, Jasper, TN

Come out and enjoy the fall weather in scenic Marion County. **The Big Pumpkin** will be a challenging, yet scenic 51 mile ride through the Sequatchie Valley, over Suck Creek Mountain and through the Tennessee River Gorge via River Canyon Road/Mullins Cove Road.

The Little Squash will cover 30 miles just as scenic as the Big Pumpkin, without the challenging Suck Creek Mountain climb.

All riders will receive a T-shirt, post ride freshly grilled hamburger and cold beer courtesy of Stevarinos Restaurant in South Pittsburg.

Both rides will be fully supported with on-course SAG and rest stops. Registration fee: \$35.00.

Bring your family and stay around for the Jasper Lions Club Jackolantern Jamboree on the Square. Lots of free fun for the entire family including trick-or-treating, games, music, and food.

If you have any event questions please feel free to reach out to the Ride Director. Barry Allen can be reached at (423)667-4609 or ballen197374@yahoo.com.

To register, go to:

<https://www.bikereg.com/39321>

Ride Pictures

We had another great day on the Riverpark Leisure 20-30 on September 7!

The riders were: John Oakey, Beverly Short, Calley Hornbuckle, Gray Fletcher, James Sackett, Peggy Olson, Ted Dickerson, Joe Nivert, Romy Oakey, Ed Park, Howard Rowe, Jon Bell, John Vass, Rich Rudner, Daisy Blanton (in front), Elaine Montgomery (not pictured), and Chuck (photographer).

Special thanks to Howard and Ted for the ride pictures!



We had three trikes on this ride. Elaine Montgomery, who is a friend of Daisy's from several years back when we both were on uprights, just happened to be at the Fry Center and joined us. So there was Elaine, Daisy and James Sackett



Hanging around before ride



Going down the switchbacks at the museum



Switchbacks are more of a challenge to some of us



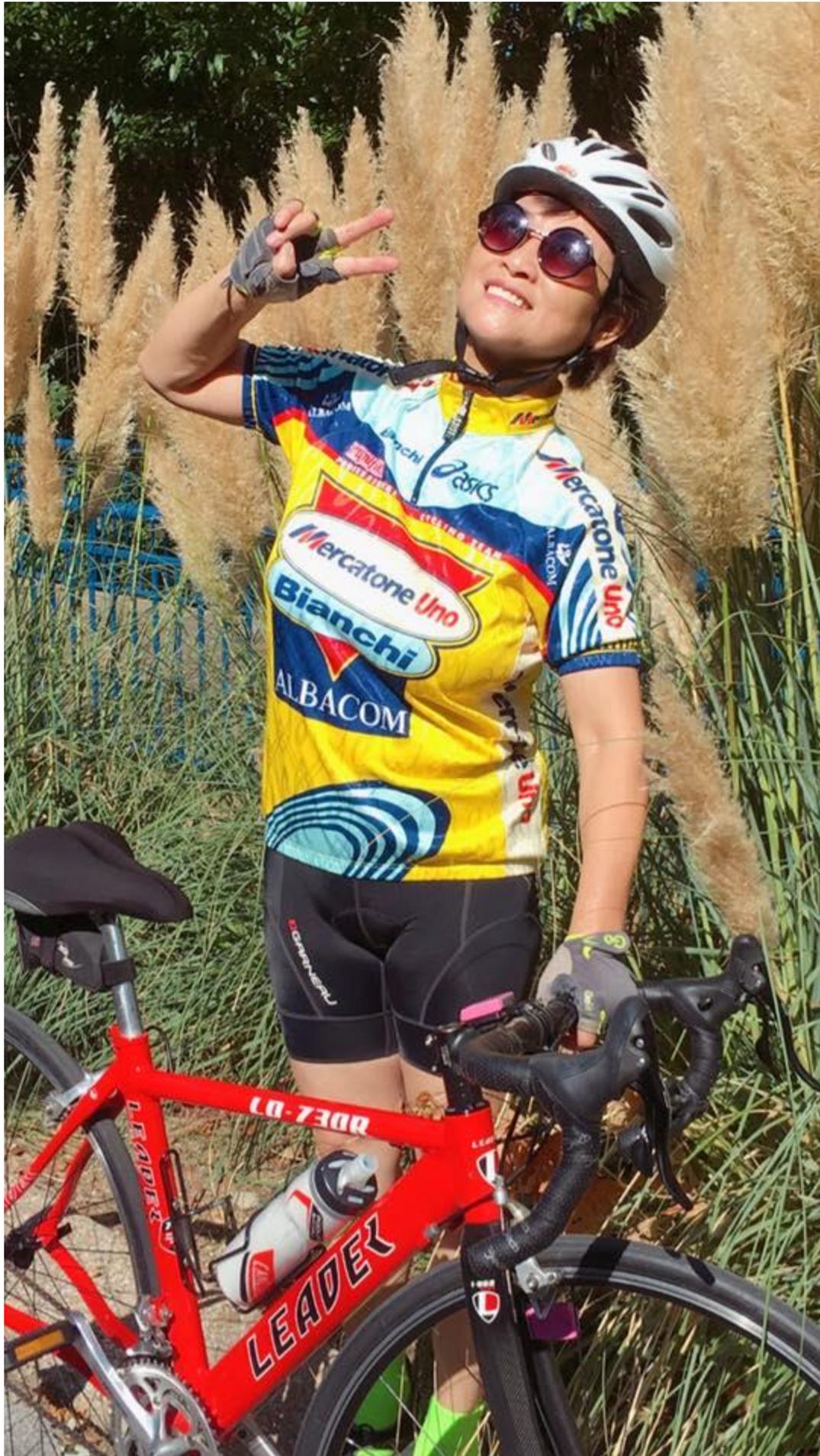
Calley Hornbuckle, Peggy Olson



Peggy Olson pointing out the sights to Calley Hornbuckle



Romey Oakey



Noisy bridge



Joe Nivert and John Vass



Howard Rowe, Peggy Olson, Ed Park, Calley Hornbuckle, Beverly Short



Jon Bell and Gray Fletcher





Peggy Olson on switchback



Life Behind Bars with ride leaders Lou and Cindy Pape. Great ride, good group of Rouleurs today including Joe, Gray, Peggy, Richard, Sharon, John, Tom Baker, Chuck Puglisi, Daisy, Gary, John Oakey, Martin Penny, Larry Akens, and others. 43 mile ride in Sequatchie Valley.





Brief stop to change battery packs for the one that gets a little help with the hills



Today's ride in the Sequatchie Valley was a winner to the 19 who rode with 11 going to lunch at El Metate. Thanks to the ride leader Lou Pape, thanks and welcome to Hali who joined us for the ride and lunch. Hope to see you on more rides. The drive over on 111 was beautiful with a red sunrise sky and coming into the valley in the clouds. The ride was beautiful and fun!



Weekly CBC Birthdays

September 13 - September 19

Betsy McLean, 9/19

Monthly Membership Notices

Please be sure to notify us of any email change since all our communication is

generally online. Thanks.

Welcome New and Returning Members for the Month of September

Lee Reed, Richard Sacilotto, Terry Hunt, Calley Hornbuckle, Raleigh & Alice Cooper, Michael & Jennifer ?, Larry Akens, Stephen Nemeth, Richard Sacilotto

Membership Renewals Due in the month of October 2018

Barb Wise, Mark Pace, Gwen Walton, Adam Cofer, Jerry & Debbie McClanahan, Wendy Halsey-Richardson, Robert Powderly, James Sledd

[Renew Online](#)

2018 August Club Meeting Minutes & September Agenda

2018 August club meeting minutes.

<http://chattanoogabicycleclub.com/wp-content/uploads/2018/09/Aug-2018-mtg-minutes.pdf>

2018 September club monthly meeting agenda.

<http://chattanoogabicycleclub.com/wp-content/uploads/2018/09/CBC-General-meeting-agenda-9-17-18.pdf>

This Week's Upcoming Rides - check the CBC ride calendar for more details and activities <https://chattanoogabicycleclub.com/ride-calendar/>

Wednesday, Sept 12, 6:00 PM - Red Bank Ride - The Usual One - Leave from the Old Red Bank BI-LO site, corner of Browntown Rd and Dayton Blvd, at 6:00 PM. Ride 23 to 27 miles depending on route, 13-14 mph. Martin Penny, 423-667-

6933, hmartin.penny@gmail.com

Thursday, Sept 13, 9:00 AM - Nurban Ride - Not Your Usual Battlefield Loop -

This 32.4 mile rural ride from the Visitor's Center loops around Chickamauga without entering it. At 5.8 miles we reach the top of Mission Ridge on Cora Ann Drive.

Climbing Cora Ann will get your attention. As we descend, watch for police because you may break the speed limit on Turner Ridge Rd. No store stop but we will look for a shade to take a break while on Taylor-Broome Rd. Fairly hilly for the first 12 miles; expect about 1800 ft elevation gain. 32.4 miles, the last time the RL averaged 11.5 mph, no drop. George Perry, 423/290-1482.

<https://ridewithgps.com/routes/8091045>

Thursday, Sept 13, 6:00 PM - Battlefield Ride: 18 mph - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This posting is for faster riders. Leave from the Chickamauga Battlefield visitor center at 6:00. 15-30 miles, 16 mph+.

Ben Keim, (423)504-8597, benkeim03@hotmail.com

Thursday, Sept 13, 6:00 PM - Battlefield Ride: 14-16 mph - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This posting is for intermediate riders. Leave from the Chickamauga Battlefield visitor center at 6:00. 15-30 miles, 14-16 mph+.

Tony Perri, (239)370-0713, tony@perrimarketing.com;

Sharon Russell, (423)240-2700, slr.tnruss@gmail.com;

Regina Martin, (423)414-1256, reginamartin0308@gmail.com

Thursday, Sept 13, 6:00 PM - Battlefield Ride: 12-14 mph - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This ride is geared toward Advanced Beginners and anyone wanting to ride at a slower pace without the

vehicle traffic. The emphasis will be on safety and fun while riding in a group. We will ride in and around the park while avoiding busy public roads. The restrooms at the visitor center may or may not be open. MY RULES: Helmet, Water Bottle, Extra Tube and Air Supply are required. I start the ride at the posted time, please don't be late, I won't wait. I will cancel for bad weather or wet roads. If you have any questions, please text or call and leave a message, I will get back to you. Leave from the Chickamauga Battlefield visitor center at 6:00. 20-25 miles, 12-14 mph, no drop. Tim Blaes, 423-364-0890, timblaes@epbfi.com.

Friday, Sept 14, 9:30 AM - Riverpark Twenty or Thirty Mile Leisure Ride

This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a “bring your own snack” stop at the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (Rider choice!), 9-10 mph, no drop. The average speed for the second loop will be a bit higher!

<https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, cjp0124@gmail.com

Saturday, Sept 15, 10:30 AM - Ladies Ice Cream Social Ride - Leave from the Chickamauga Battlefield Visitor Center, lower parking lot at 10:30. We will ride in the park, then to Chickamauga via Osborne. We'll stop at the Droop Scoop Ice Cream Shop and gorge ourselves, then back to park via Twin Cedars and Smithliner. No drop, we will stop and gather as necessary. 30 miles, more or less, 11-13 mph more or less, no drop. Mikki Blaes, 423/903-5409, mikki@epbfi.com

Sunday, Sept 16 - No ride scheduled at this time - Please add a ride to the

calendar.

Monday, Sept 17, 6:00 PM - CBC Monthly Club Meeting - See above.

Monday, Sept 17, 6:00 PM - Beginner Ride - We'll start this ride in the Hospice parking lot on Hamm Road across from Friends of the Festival. Take Manufacturer's Rd west to Hamm Rd (turn left about 1/2 mile from US-27). Parking lot is about 1/8 mile on the right. Start time: 6 pm, 5-20 miles, average speed varies, depending on who attends. This ride is to help new and returning riders develop skills, strength and stamina. The route, which may vary from week to week, will be in the Moccasin Bend/White Oak/Red Bank area. NO DROP RIDE. Inclement weather cancels the ride. Please contact ride leader if you have any questions.

Jim Trimble, jimmit.t@gmail.com (478)287-0588 and

John Hubbard, johnhubbard46@yahoo.com (423)432-9748

Monday, Sept 17, 6:00 PM - Monday Night City Ride-13-15 mph - Ride will start at Riverview Park on Riverview Rd at 6:00 PM. Front and rear lights will be needed. We've been riding the Burnt Mill Loop course. Fun ride with some rollers. 30 miles, no drop.

Chuck, (865)321-0893, cjp0124@gmail.com.

Monday, Sept 17, 6:00 PM - Monday Night City Ride-16+ mph - Ride will start at Riverview Park on Riverview Rd at 6:00 PM. Front and rear lights will be needed. We've been riding the Burnt Mill Loop course. Fun ride with some rollers. 30 miles, no drop.

Mark Jacobs, (423)653-4753, markj@foodliner.com.

Tuesday, Sept 18, 9:00 AM - N GA Lite - This is a ride that takes place every Tuesday morning. Its location and time are variable. If the ride calendar is not edited

with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35 miles, 10-13 mph, no drop. Daisy Blanton, 706/820-1157 h, 423/243-8203 c, DaisyBRider@cs.com

Tuesday, Sept 18, 6:00 PM - Battlefield Ride 12-14 mph - This ride is geared toward Advanced Beginners and anyone wanting to ride at a slower pace without the vehicle traffic. The emphasis will be on safety and fun while riding in a group. We will ride in and around the park while avoiding busy public roads. Leave from the Chickamauga Battlefield Visitors Center, lower parking lot at 6:00 PM. The restrooms at the visitors center may or may not be open. MY RULES: Helmet, Water Bottle, Extra Tube and Air Supply are required. I start the ride at the posted time, please don't be late, I won't wait. I will cancel for bad weather or wet roads. If you have any questions, please text or call and leave a message, I will get back to you. Tim Blaes, 423-364-0890, timblaes@epbfi.com

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You are an active member of the Chattanooga Bicycle Club

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