



Next CBC Meeting - September 17, 2018

The Tailwind 090518

Select the new CBC Jersey!

Let your voice be heard -
Help us select the next CBC jersey.



<https://www.surveymonkey.com/r/BSR8CSC>

Intro to Mountain Biking

Friday, Sept. 7 & 21 | 6:00 - 8:00 p.m.



Leave the asphalt behind and get in gear for the trails with Outdoor Chattanooga's Intro to Mountain Biking Class. Learn the basics of mountain biking from our experienced mountain bike instructors through skills demonstration and practice in a controlled setting. Instructors teach in a format that's structured to your pace and individual learning style. We can provide bicycles and a helmet for use during the class. All participants must wear a helmet. Reservations required in advance as space is limited. Call 423-643-6888 to learn more and register. Cost: \$10 for 2 hour session. Recommended for ages 10+.

[Intro to Mountain Biking](#)

Bike Murray Ride on September 8, 2018



Bike Murray Event Information

2018 marks BAM's 5th year anniversary and we are excited to bring another successful bike event to North Georgia! [Bike Around Murray](#) (BAM) is a bike ride along the beautiful scenic hills of Murray County, Georgia.

Our goal is to offer a healthy balance of route options, catering to both our extremely competitive, as well as casual, just-for-fun riders. With that in mind we have 4 routes to choose from, the 10 mile, 22 mile, 50 mile and 62 mile. For the more experienced riders, we have the 62-mile course including the infamous Fort Mountain climb! BAM will start and end at the Murray County Veterans Park Recreation Center at 651 Hyden Tyler Road in Chatsworth, Georgia.

Packet Pickup – Murray County Veterans Park Recreation Center

Friday, Sept 7 – 4:00 pm – 8:00 pm

Saturday, Sept 8 – 6:45 am – 7:45 am

Race Day Registration will be from 6:45 am – 7:45 am.

All Proceeds benefit non-profit Northwest Georgia Healthcare Partnership and Health Initiatives to Murray County.

It's Back!!!!
Join Us for the 13th Annual
Open Arms Care
Ride to Provide
Saturday, Sept. 8, 2018



Hello Everyone!

Please come out to Ooltewah and help support the Open Arms Care Organization as they host the 13th annual Ride To Provide.

There will be 3 scenic routes for you to choose from:
26, 42 and 62 miles.

Registration opens at 7 a.m

Ride begins at 8:30 a.m.

Open Arms Care Support Office
6711 Mountain View Road, Suite 111
Ooltewah, TN 37363

Register at:

www.active.com

www.openarmscare.org

Battlefield Bike Tour

Sat., September 15 | 9:30 - 11:30 a.m.

Enjoy a leisurely-paced bicycle tour on the Chickamauga Battlefield with the National Park Service and Outdoor Chattanooga. Bicycles are available at no charge with reservation; contact the Visitor Center at (706) 866-9241 to reserve. Or bring your own. Ages 6+ (no training wheels please). Cost: Free. Helmets required for all riders.



[Chickamauga Battlefield Bike Tour](#)

Mountain to Town Bike Adventure

Sunday, Sept. 16 | 1:00 - 4:00 p.m.

Join Outdoor Chattanooga for an all-inclusive and guided downhill bike adventure from Lookout Mountain to downtown Chattanooga. Enjoy scenic views of the city from the top of the mountain while cruising down the Guild Trail until it connects with the Tennessee Riverwalk and follows the shores of the TN river all the way back into town. Outdoor Chattanooga's experienced guides will be with you during the ride providing support and instruction. You can use your own bike or borrow one of ours at no additional cost. Cost is \$25 per person which includes guided tour with shuttle and use of bike if needed.

Ages 10+ with participating adult. Must know how to confidently ride a bike.



[Mountain to Town Downhill Bike Adventure](#)

Bike Commuting 101

Monday, September 17 | 6:00 - 7:00 p.m.



Learn the rules of the road and riding techniques to be a confident and predictable bike commuter by attending this free class offered the 3rd Monday each month by Outdoor Chattanooga's League of American Bicyclist certified instructors. Classroom learning followed by an optional group ride to practice learned skills. Cost: Free. Registration required in advance. Ages 14+ with participating adult. All participants must wear a helmet during the ride. Bikes and helmets available for use.

Oktoberfest Chattanooga Challenge - Oct 13



The OKTOBERFEST CHATTANOOGA CHALLENGE pairs an amazing bike ride with the best beer festival in the Southeast! Choose between a full 100-mile century or a 50-mile half-century on the most scenic roads in the tri-state region, including a closed-road climb up Lookout Mountain! ChattanoogaChallenge.com. Event organizer Shannon Burke, owner of Velo View Bike Tours, touts the ride as an affordable, scenic ride organized by locals. It's also an event Burke believes could fill the void left by the canceled 2018 3-State 3-Mountain Challenge.

"The Oktoberfest Chattanooga Challenge is my answer to the lack of a hometown ride," Burke said in an email to the Times Free Press. "Yes, we'll have the Hincapie Gran Fondo in May, which I'm sure will be great, but I felt that Chattanooga needed a century ride put on by locals at a price point that was accessible to a wider audience."

Registration is now open at veloviewbiketours.com/chattanooga-challenge. It includes tickets for two beers and food at Oktoberfest, parking, a T-shirt and a water bottle. The event is \$40 for those who register before Memorial Day, \$50 for those who register between Memorial Day and Labor Day and \$60 for those who register

after Labor Day. Registration closes Oct. 7.

Halloween Half-a-Hundred

October 27, 2018, Jasper, TN

Come out and enjoy the fall weather in scenic Marion County. **The Big Pumpkin** will be a challenging, yet scenic 51 mile ride through the Sequatchie Valley, over Suck Creek Mountain and through the Tennessee River Gorge via River Canyon Road/Mullins Cove Road.

The Little Squash will cover 30 miles just as scenic as the Big Pumpkin, without the challenging Suck Creek Mountain climb.

All riders will receive a T-shirt, post ride freshly grilled hamburger and cold beer courtesy of Stevarinos Restaurant in South Pittsburg.

Both rides will be fully supported with on-course SAG and rest stops. Registration fee: \$35.00.

Bring your family and stay around for the Jasper Lions Club Jackolantern Jamboree on the Square. Lots of free fun for the entire family including trick-or-treating, games, music, and food.

If you have any event questions please feel free to reach out to the Ride Director. Barry Allen can be reached at (423)667-4609 or ballen197374@yahoo.com.

To register, go to:

<https://www.bikereg.com/39321>

Ride Pictures

CBC **Thursday Urban Ride**, VW-Collegedale-Apison, led by Peggy Olson, including Pete Williams, Mike Hartline, Chuck the Fat Chicken, Daisy Blanton, Regina (Tom Jamison's daughter), Dave Bennett, George Perry and Howard Rowe.



Nineteen friends showed up for the **Riverpark Leisure 20-30** on August 31, and that made for a very nice ride!

The riders were: Robert Powderly, Bob Haag, Jon Bell, Vicki Cox, Loretta Lynn, Rich Rudner, Pete Williams, Joe Nivert, Peggy Olson, Mike Hartline, Raleigh Cooper,

Daisy Blanton, Marty Pinson, Calley Hornbuckle, Beverly Short, John Oakey, Ted Dickerson, David Eargle, and Chuck (photographer). Not in order.



Gathering at the start.



New rider with us, Calley Hornbuckle followed by Peggy Olson, David Eargle and Beverly Short



John Oakey and Mike Hartline



Daisy Blanton on boardwalk



Jon Bell and Bob Haag



Ted Dickerson



Calley Hornbuckle, Vicki Cox, Joe Nivert, Ted Dickerson, Daisy Blanton, Marty Pinson, Robert Powderly, Peggy Olson, Loretta Lynn, Beverly Short



David Eargle, Rich Rudner, John Oakey, Raleigh Cooper, Mike Hartline, Pete Williams



Pete Williams



Promise **watermelon** after a ride and look what happens! There were 26 of us! Group shot, but missing a few. Some were on a roll and didn't stop.



On the road. Peggy Olson, Janiece Rosenbloom, Jon Vass and more



Enjoying the watermelon.



Weekly CBC Birthdays

September 6 - September 12

Walt Amador, 9/12; Daisy Blanton, 9/10; Linda Jane Dobosh, 9/9; Gray Fletcher, 9/8; Bonnie Hancock, 9/6; Sheila Lawhon, 9/11; Barry Matlock, 9/11; Jordon Thomas, 9/12

Monthly Membership Notices

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

Welcome New and Returning Members for the Month of September

Lee Reed, Richard Sacilotto, Terry Hunt, Calley Hornbuckle

Membership Renewals Due in the month of October 2018

Barb Wise, Mark Pace, Gwen Walton, Adam Cofer, Jerry & Debbie McClanahan, Wendy Halsey-Richardson, Robert Powderly, Raleigh & Alice Cooper, James Sledd

[Renew Online](#)

2018 August Club Meeting Minutes & August Agenda

2018 August club meeting minutes.

<http://chattanoogaclub.com/wp-content/uploads/2018/09/Aug-2018-mtg-minutes.pdf>

2018 August club monthly meeting agenda.

<http://chattanoogaclub.com/wp-content/uploads/2018/08/CBC-General-meeting-agenda-8-20-18.pdf>

This Week's Upcoming Rides - check the CBC ride calendar for more details and activities <https://chattanoogaclub.com/ride-calendar/>

Thursday, Sept 6, 9:00 AM - Urban Ride - Daisy's Birthday Ride - My birthday age will be ridden in kilometers instead of miles. I'm too old for that many miles. Chuck

has offered to lead this ride and George Perry made the route! Daisy

Ride from Chickamauga to Mountain Cove Farm and back. Leave from behind the library in Chickamauga at 9:00 AM. 45 miles (75 kilometers), 11-13 mph, no drop. Store and facilities at the Cove.

<https://ridewithgps.com/routes/28507572>

Chuck, 1-865-321-0893, cjp0124@gmail.com

Thursday, Sept 6, 6:00 PM - Battlefield Ride: 18 mph - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This posting is for faster riders. Leave from the Chickamauga Battlefield visitor center at 6:00. 15-30 miles, 16 mph+.

Ben Keim, (423)504-8597, benkeim03@hotmail.com

Thursday, Sept 6, 6:00 PM - Battlefield Ride: 14-16 mph - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This posting is for intermediate riders. Leave from the Chickamauga Battlefield visitor center at 6:00. 15-30 miles, 14-16 mph+.

Tony Perri, (239)370-0713, tony@perrimarketing.com;

Sharon Russell, (423)240-2700, slr.tnruss@gmail.com;

Regina Martin, (423)414-1256, reginamartin0308@gmail.com

Thursday, Sept 6, 6:00 PM - Battlefield Ride: 12-14 mph - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This ride is geared toward Advanced Beginners and anyone wanting to ride at a slower pace without the vehicle traffic. The emphasis will be on safety and fun while riding in a group. We will ride in and around the park while avoiding busy public roads. The restrooms at the visitor center may or may not be open. MY RULES: Helmet, Water Bottle, Extra Tube and Air Supply are required. I start the ride at the posted time, please don't be late, I won't wait. I will cancel for bad weather or wet roads. If you have any questions,

please text or call and leave a message, I will get back to you. Leave from the Chickamauga Battlefield visitor center at 6:00. 20-25 miles, 12-14 mph, no drop. Tim Blaes, 423-364-0890, timblaes@epbfi.com.

Friday, Sept 7, 9:30 AM - Riverpark Twenty or Thirty Mile Leisure Ride

This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a “bring your own snack” stop at the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (Rider choice!), 9-10 mph, no drop. The average speed for the second loop will be a bit higher!

<https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, cjp0124@gmail.com

Saturday, Sept 8, 8:30 AM - SEQUATCHIE VALLEY 43 - This will be a leisurely ride thru the rolling hills of the Sequatchie Valley, along scenic, mostly rural roads. We'll pass thru the towns of Powell's Crossroads, Dunlap and Whitwell. This ride starts at Sequatchie Valley High School in the parking lot behind the school off Cordell Ln. Lunch afterward at El Metate, 16952 Rankin Ave # D, Dunlap, TN 37327.

While this is a No-Drop Ride, riders are expected to have a 13+ mph average at ride's end. Cue sheets will be available for those wanting to forge ahead and ride at their own pace and usually there's a group that does so.

RWGPS app download, Garmin download, cue sheet & map available at the following link...

[RWGPS – Sequatchie Valley 43](#)

DETAILS

~ 43 miles

~ 8:30 am EDT (Chattanooga time)

- ~ Sequatchie Valley HS, 7067 TN-28 Scenic, Dunlap, TN 37327
 - ~ NO restrooms at the start. Plan accordingly.
 - ~ 1 store stop at a BP Convenience Store in Whitwell about mile 15. Optional restroom break at Crossroad Park at about mile 24.
 - ~ No one dropped
 - ~ R/L expects an average of 14 mph MOL after 43 miles over rolling terrain
 - ~ Cue sheets will be available for riders wanting to ride at their own pace
 - ~ Expect some mild hills
 - ~ Rain may delay or cancel the ride
 - ~ Check back here before ride start for updates or text the R/L
- Lou Pape, 423-580-3691.

“We’ll get there when we get there...”

Saturday, Sept 8 - Bike Around Murray (BAM) - See above. Registration 6:45 - 7:45 AM.

Saturday, Sept 8, 8:30 AM - Open Arms Care - Ride to Provide -See above. Registration 7:00 AM.

Sunday, Sept 9, 9:00 AM - Sunday Dinner/Farmhouse Restaurant Ride - This is a hilly, but fun, ride from Cleveland to Etowah for lunch at the Farmhouse Restaurant. Get ready for some good home cooking, served with smiles. Meet at Park View Elementary School, just off of Hwy 64 in Cleveland, and be ready to ride at 9am. There are no restrooms available at the school, so please plan accordingly.

We will stop at a gas station in Benton for a rest on the way to and from the restaurant. Anyone interested in a shorter (30-ish miles) ride can start there. Just call me ahead of time, so I know to look for you.

This is a no drop ride and we will regroup as needed. Our distance is about 58 miles, with lunch at around mile 30. We’ll end up with an overall average of 12-14 mph. If

anyone wants to go faster, please make sure you know where you're going. I will have cue sheets and here is the ride on Ride With GPS:

<https://ridewithgps.com/routes/9629428>

Bad weather or poor road conditions will cancel this ride. Call if questionable. Peggy Olson, (920) 412-0999, pbiker10@yahoo.com

Monday, Sept 10, 6:00 PM - Beginner Ride - We'll start this ride in the Hospice parking lot on Hamm Road across from Friends of the Festival. Take Manufacturer's Rd west to Hamm Rd (turn left about 1/2 mile from US-27). Parking lot is about 1/8 mile on the right. Start time: 6 pm, 5-20 miles, average speed varies, depending on who attends. This ride is to help new and returning riders develop skills, strength and stamina. The route, which may vary from week to week, will be in the Moccasin Bend/White Oak/Red Bank area. NO DROP RIDE. Inclement weather cancels the ride. Please contact ride leader if you have any questions.

Jim Trimble, jimmit.t@gmail.com (478)287-0588 and

John Hubbard, johnhubbard46@yahoo.com (423)432-9748

Monday, Sept 10, 6:00 PM - Monday Night City Ride-13-15 mph - Ride will start at Riverview Park on Riverview Rd at 6:00 PM. Front and rear lights will be needed. We've been riding the Burnt Mill Loop course. Fun ride with some rollers. 30 miles, no drop.

Chuck, (865)321-0893, cjp0124@gmail.com.

Monday, Sept 10, 6:00 PM - Monday Night City Ride-16+ mph - Ride will start at Riverview Park on Riverview Rd at 6:00 PM. Front and rear lights will be needed. We've been riding the Burnt Mill Loop course. Fun ride with some rollers. 30 miles, no drop.

Mark Jacobs, (423)653-4753, markj@foodliner.com.

Tuesday, Sept 11, 9:00 AM - N GA Lite - This is a ride that takes place every

Tuesday morning. Its location and time are variable. If the ride calendar is not edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35 miles, 10-13 mph, no drop.

Daisy Blanton, 706/820-1157 h, 423/243-8203 c, DaisyBRider@cs.com

Tuesday, Sept 11, 6:00 PM - Battlefield Ride 12-14 mph - This ride is geared toward Advanced Beginners and anyone wanting to ride at a slower pace without the vehicle traffic. The emphasis will be on safety and fun while riding in a group. We will ride in and around the park while avoiding busy public roads. Leave from the Chickamauga Battlefield Visitors Center, lower parking lot at 6:00 PM. The restrooms at the visitors center may or may not be open. MY RULES: Helmet, Water Bottle, Extra Tube and Air Supply are required. I start the ride at the posted time, please don't be late, I won't wait. I will cancel for bad weather or wet roads. If you have any questions, please text or call and leave a message, I will get back to you. Tim Blaes, 423-364-0890, timblaes@epbfi.com
