



Next CBC Meeting - September 17, 2018

The Tailwind 082918

Select the new CBC Jersey!

Let your voice be heard -
Help us select the next CBC jersey.



<https://www.surveymonkey.com/r/BSR8CSC>

Bike Murray Ride on September 8, 2018

A poster for the Bike Murray Ride. On the left is a white silhouette of a cyclist on a road bike against a black background. The text "bam" is written in a large, lowercase, sans-serif font, with a small bicycle icon above the 'a'. Below "bam" is "BikeAroundMurray" in a smaller, lowercase font. To the right of the cyclist, the text "save the date:" is written in a white, cursive script, followed by "SEPTEMBER 8, 2018" in a white, uppercase, sans-serif font. Below this, the logo for "NGHP" (Northwest Georgia Healthcare Partnership) is shown, consisting of the letters "NGHP" in a large font, with "NORTHWEST GEORGIA HEALTHCARE PARTNERSHIP" in smaller text to its right. To the right of the NGHP logo is the "Alliant Health Plans" logo, which features a stylized triangle shape with the word "ALLIANT" above it and "HEALTH PLANS" below it. At the bottom right of the poster, the website "bikemurray.org" is written in a white, lowercase font. The bottom of the poster has a solid green horizontal band.

Bike Murray Event Information

2018 marks BAM's 5th year anniversary and we are excited to bring another successful bike event to North Georgia! [Bike Around Murray](#) (BAM) is a bike ride along the beautiful scenic hills of Murray County, Georgia.

Our goal is to offer a healthy balance of route options, catering to both our extremely competitive, as well as casual, just-for-fun riders. With that in mind we have 4 routes to choose from, the 10 mile, 22 mile, 50 mile and 62 mile. For the more experienced riders, we have the 62-mile course including the infamous Fort Mountain climb! BAM will start and end at the Murray County Veterans Park Recreation Center at 651 Hyden Tyler Road in Chatsworth, Georgia.

Packet Pickup – Murray County Veterans Park Recreation Center

Friday, Sept 7 – 4:00 pm – 8:00 pm

Saturday, Sept 8 – 6:45 am – 7:45 am

Race Day Registration will be from 6:45 am – 7:45 am.

All Proceeds benefit non-profit Northwest Georgia Healthcare Partnership and Health Initiatives to Murray County.

It's Back!!!!
Join Us for the 13th Annual
Open Arms Care
Ride to Provide
Saturday, Sept. 8, 2018



Hello Everyone!

Please come out to Ooltewah and help support the Open Arms Care Organization as they host the 13th annual Ride To Provide.

There will be 3 scenic routes for you to choose from:

26, 42 and 62 miles.

Registration opens at 7 a.m

Ride begins at 8:30 a.m.

Open Arms Care Support Office
6711 Mountain View Road, Suite 111
Ooltewah, TN 37363

Register at:

www.active.com

www.openarmscare.org

Oktoberfest Chattanooga Challenge - Oct 13



The OKTOBERFEST CHATTANOOGA CHALLENGE pairs an amazing bike ride with the best beer festival in the Southeast! Choose between a full 100-mile century or a 50-mile half-century on the most scenic roads in the tri-state region, including a closed-road climb up Lookout Mountain! ChattanoogaChallenge.com. Event organizer Shannon Burke, owner of Velo View Bike Tours, touts the ride as an affordable, scenic ride organized by locals. It's also an event Burke believes could fill the void left by the canceled 2018 3-State 3-Mountain Challenge.

"The Oktoberfest Chattanooga Challenge is my answer to the lack of a hometown ride," Burke said in an email to the Times Free Press. "Yes, we'll have the Hincapie Gran Fondo in May, which I'm sure will be great, but I felt that Chattanooga needed a century ride put on by locals at a price point that was accessible to a wider audience."

Registration is now open at veloviewbiketours.com/chattanooga-challenge. It includes tickets for two beers and food at Oktoberfest, parking, a T-shirt and a water bottle. The event is \$40 for those who register before Memorial Day, \$50 for those who register between Memorial Day and Labor Day and \$60 for those who register after Labor Day. Registration closes Oct. 7.

Halloween Half-a-Hundred

October 27, 2018, Jasper, TN

Come out and enjoy the fall weather in scenic Marion County. **The Big Pumpkin** will be a challenging, yet scenic 51 mile ride through the Sequatchie Valley, over Suck Creek Mountain and through the Tennessee River Gorge via River Canyon Road/Mullins Cove Road.

The Little Squash will cover 30 miles just as scenic as the Big Pumpkin, without the challenging Suck Creek Mountain climb.

All riders will receive a T-shirt, post ride freshly grilled hamburger and cold beer courtesy of Stevarinos Restaurant in South Pittsburg.

Both rides will be fully supported with on-course SAG and rest stops. Registration fee: \$35.00.

Bring your family and stay around for the Jasper Lions Club Jackolantern Jamboree on the Square. Lots of free fun for the entire family including trick-or-treating, games, music, and food.

If you have any event questions please feel free to reach out to the Ride Director. Barry Allen can be reached at (423)667-4609 or ballen197374@yahoo.com.

To register, go to:

<https://www.bikereg.com/39321>

Ride Pictures

Sounds like Lou and Cindy had a great ride on **Thursday**. Had a great turnout. Would love to have been there.



Lou bought Peggy a McFlurry for her birthday!



There was beautiful weather for the **Riverpark Leisure** 20-30 on August 24, 2018!

The five American flags in the picture hang next to the U. S. Naval and Marine Reserve Center. The flags are a memorial for the Fallen Five heroes who died there in a terrorist attack on July 16, 2015: Marines Sgt. Carson A. Holmquist, Gunnery Sgt. Thomas J. Sullivan, Staff Sgt. David A Wyatt, Lance Cpl. Squire K. "Skip" Wells, and Navy Petty Officer 2nd Class Randall J. Smith.

The riders were: Marty Pinson, John Vass, Mike Hartline, Peggy Olson, Raleigh Cooper, Ted Dickerson, Pete Williams, Loretta Lynn, Jon Bell, Howard Rowe, Windy Scott, Tony Thompson, Gary Jamerson, and Chuck (photographer). Those are not in order.



A new person joining us. Windy Scott, we are so happy to have you with us!



Milling before the ride



Howard Rowe and Peggy Olson



Windy Scott and Loretta Lynn



Windy Scott on the switchbacks at Hunter



Peggy Olson, Howard Rowe, Tony Thompson



John Vass, Pete Williams, Marty Pinson, Ted Dickerson, Raleigh Cooper, Tony Thompson, Gary Jamerson, Jon Bell, Loretta Lynn



Windy Scott, Peggy Olson, Howard Rowe, Jon Bell, Loretta Lynn



Tony Thompson and Marty Pinson



Howard Rowe, Peggy Olson, Windy Scott



Great Chattanooga Bicycle Club **Ladies ride** today to Southern Bliss Bakery. Thanks to ride leader Gray Fletcher. Supporting Gray were Peggy Olson, Sharon Russell, myself and Mikki Blaes. Fun ride, great company and a great place to visit for breakfast or lunch and sweets!



Ted Dickerson's Saturday ride at the Battlefield. Lou Pape, Tim Blaes



Mike Hartline





James Sackett has his son Damian on a trike now!



Weekly CBC Birthdays

August 30 - September 5

No birthdays found for this period.

Monthly Membership Notices

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

Welcome New and Returning Members for the Month of August

Debbie Bowman & Sandy Mauser, Tom & Susan Dubose, Robbie Wheat, James Reagan, David & Joyce Nesbitt

Membership Renewals Due in the month of September 2018

Larry & Jan Akens, Walt Amador, Tim & Krista Goss, Joseph Haranin, John Hubbard, Gill James, Jay LaBonne, Regina & Nate Martin, Beverly Short, Everett Whitaker

[Renew Online](#)

2018 July Club Meeting Minutes & August Agenda

2018 July club meeting minutes.

<http://chattanoogabicycleclub.com/wp-content/uploads/2018/07/July-2018-mtg-minutes.pdf>

2018 August club monthly meeting agenda.

<http://chattanoogaclub.com/wp-content/uploads/2018/08/CBC-General-meeting-agenda-8-20-18.pdf>

This Week's Upcoming Rides - check the CBC ride calendar for more details and activities <https://chattanoogaclub.com/ride-calendar/>

Wednesday, Aug 29, 6:00 PM - Red Bank Ride - The Usual One - Leave from the Old Red Bank BI-LO site, corner of Browntown Rd and Dayton Blvd, at 6:00 PM. Ride 23 to 27 miles depending on route, 13-14 mph. Martin Penny, 423-667-6933, hmartin.penny@gmail.com

Thursday, Aug 30, 9:00 AM - Urban Ride - VW/Collegedale/Apison Loop - As of this posting, there's a chance of rain. Let's hope we can sneak in a dry ride! Meet at the Redoubt Soccer parking lot, across from the entrance to Enterprise South on Bonny Oaks Dr, and be ready to ride at 9 am.

We'll head toward the Nature Center for a "Nature Break" and then head into Collegedale. We'll then do a loop in the Apison area and follow our path back to the start. All together, the ride is about 31.5 miles.

This is a no drop ride and we will regroup as needed to stay together. There are a couple opportunities for rest stops along the way, too. Our overall average should end up being about 11-13mph.

Here is our route on Ride With GPS:

<https://ridewithgps.com/routes/26815131>

Bad weather or poor road conditions will cancel this ride. Call if questionable. Peggy Olson, (920) 412-0999, pbiker10@yahoo.com

Thursday, Aug 30, 6:00 PM - Battlefield Ride: 18 mph - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This posting is for faster riders. Leave from the Chickamauga Battlefield visitor center at 6:00. 15-30 miles, 16 mph+.

Ben Keim, (423)504-8597, benkeim03@hotmail.com

Thursday, Aug 30, 6:00 PM - Battlefield Ride: 14-16 mph - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This posting is for intermediate riders. Leave from the Chickamauga Battlefield visitor center at 6:00. 15-30 miles, 14-16 mph+.

Tony Perri, (239)370-0713, tony@perrimarketing.com;

Sharon Russell, (423)240-2700, slr.tnruss@gmail.com;

Regina Martin, (423)414-1256, reginamartin0308@gmail.com

Thursday, Aug 30, 6:00 PM - Battlefield Ride: 12-14 mph - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This ride is geared toward Advanced Beginners and anyone wanting to ride at a slower pace without the vehicle traffic. The emphasis will be on safety and fun while riding in a group. We will ride in and around the park while avoiding busy public roads. The restrooms at the visitor center may or may not be open. MY RULES: Helmet, Water Bottle, Extra Tube and Air Supply are required. I start the ride at the posted time, please don't be late, I won't wait. I will cancel for bad weather or wet roads. If you have any questions, please text or call and leave a message, I will get back to you. Leave from the Chickamauga Battlefield visitor center at 6:00. 20-25 miles, 12-14 mph, no drop.

Tim Blaes, 423-364-0890, timblaes@epbfi.com.

Friday, Aug 31, 9:30 AM - Riverpark Twenty or Thirty Mile Leisure Ride

This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a “bring your own snack” stop at

the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (Rider choice!), 9-10 mph, no drop. The average speed for the second loop will be a bit higher!

<https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, cjp0124@gmail.com

Saturday, Sept 1, 9:00 AM Watermelon Ride - Summer is winding down, but it's still hot! Let's get out and ride and have a little treat afterward. Del is bringing ice cold watermelon and drinks for us! We can relax and refresh in the shade!

Meet at Red Clay State Park and be ready to roll at 9am. Please park in the larger lot by the pavilion and not down by the main building.

We'll do a loop in southern Bradley County and Northeastern Georgia. The route is 36.5 miles long with 2 gas station stops along the way. (First stop doesn't have a dependable bathroom.) Our overall average will be between 12-14mph, and this is a no drop ride. I'll end up leading from the back, so if anyone wants to go faster than the posted route, please make sure you know where you're going.

I will have cue sheets and here is the route on Ride With GPS:

<https://ridewithgps.com/routes/10666233>

Bad weather or poor road conditions will cancel this ride. Call if questionable. Peggy Olson and Del Sudkamp, (920) 412-0999, pbiker10@yahoo.com

Sunday, Sept 2, 8:30 AM - Dayton Loop (43 miles) - This ride to Dayton & back is 43 hilly miles. Outbound we'll ride the "Dark Side" first, along the mostly traditional route to Dayton and the only scheduled store stop (Dayton Food City). The homeward ride will cruise the usual route thru Graysville, by Old McDonald Farm and along Back Valley Rd

Lou & Cindy (on Double Trouble) will lead, most often from near the back of the pack, with an expected 13 mph average (MOL) at ride's end. Faster riders are welcome to

ride at their own pace and there's usually a group that splits off & does so.

Cindy & I will probably do lunch nearby after the ride.

Ride with GPS App download, Garmin download, cue sheet and map available at the following link... <https://ridewithgps.com/routes/25435062>

~ 08:30 am

~ Soddy Daisy Northend Ball Park, 197 Durham St, Soddy-Daisy, TN (corner of Dayton Pike and Durham St)

~ restrooms available at the start

~ 43 miles

~ 1 store stop (Food City-Dayton)

~ Expected average at ride's end, 13-14 mph

~ Cue sheets will be available

~ There will be hills

~ Rain at start time and location may cancel

~ Check back here before ride start for updates

Lou Pape, 423 580 3691, b8man51@gmail.com

Monday, Sept 3, 9:00 AM - Labor Day Social Ride - Snow Hill Shopping Center, at the intersection of Ooltewah-Georgetown Road and Mahan Gap Road

Leisure Ride: 32 miles, 11-12 mph, no drop. Tony & Joan Thompson, 423/243-7640, aintlifegrand86@gmail.com

Monday, Sept 3, 6:00 PM - Beginner Ride - We'll start this ride in the Hospice parking lot on Hamm Road across from Friends of the Festival. Take Manufacturer's Rd west to Hamm Rd (turn left about 1/2 mile from US-27). Parking lot is about 1/8 mile on the right. Start time: 6 pm, 5-20 miles, average speed varies, depending on who attends. This ride is to help new and returning riders develop skills, strength and stamina. The route, which may vary from week to week, will be in the Moccasin Bend/White Oak/Red Bank area. NO DROP RIDE. Inclement weather cancels the ride. Please contact ride leader if you have any questions.

Jim Trimble, jimmit.t@gmail.com (478)287-0588 and
John Hubbard, johnhubbard46@yahoo.com (423)432-9748

Monday, Sept 3, 6:00 PM - Monday Night City Ride-13-15 mph - Ride will start at Riverview Park on Riverview Rd at 6:00 PM. Front and rear lights will be needed. We've been riding the Burnt Mill Loop course. Fun ride with some rollers. 30 miles, no drop.

Chuck, (865)321-0893, cjp0124@gmail.com.

Monday, Sept 3, 6:00 PM - Monday Night City Ride-16+ mph - Ride will start at Riverview Park on Riverview Rd at 6:00 PM. Front and rear lights will be needed. We've been riding the Burnt Mill Loop course. Fun ride with some rollers. 30 miles, no drop.

Mark Jacobs, (423)653-4753, markj@foodliner.com.

Tuesday, Sept 4, 9:00 AM - N GA Lite - This is a ride that takes place every Tuesday morning. Its location and time are variable. If the ride calendar is not edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35 miles, 10-13 mph, no drop.

Daisy Blanton, 706/820-1157 h, 423/243-8203 c, DaisyBRider@cs.com

Tuesday, Sept 4, 6:00 PM - Battlefield Ride 12-14 mph - This ride is geared toward Advanced Beginners and anyone wanting to ride at a slower pace without the vehicle traffic. The emphasis will be on safety and fun while riding in a group. We will ride in and around the park while avoiding busy public roads. Leave from the Chickamauga Battlefield Visitors Center, lower parking lot at 6:00 PM. The restrooms at the visitors center may or may not be open. MY RULES: Helmet, Water Bottle, Extra Tube and Air Supply are required. I start the ride at the posted time, please don't be late, I won't wait. I will cancel for bad weather or wet roads. If you

have any questions, please text or call and leave a message, I will get back to you. Tim Blaes, 423-364-0890, timblaes@epbfi.com

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