



Next CBC Meeting - August 20, 2018

The Tailwind 081518

Select the new CBC Jersey!

Let your voice be heard -
Help us select the next CBC jersey.



<https://www.surveymonkey.com/r/BSR8CSC>

Upper Sequatchie Valley Loop -- with picnic! - Aug 18, 9:00 AM EDT

This will be a fun day—a loop ride with a picnic lunch at Head of Sequatchie State Park!

We'll have a picnic lunch catered by Starling Cafe of Pikeville at a cost of \$12 per person, payable at the picnic.

If you wish to have the catered lunch, please inform the ride leader by **August 8** at jim@biketours.com, and note if you have any dietary restrictions.

We'll ride about 19 miles from Pikeville to the turnaround point: the beautiful and remote Head of Sequatchie State Park. The park is open once a month, and today's the day! It's part of the Cumberland Trail and is beautiful! There are restrooms and water.



We'll be able to view the spring that's the origin of the Sequatchie River and dip our toes in the creek. It's an idyllic scene and an enjoyable place to relax. We can do a short, easy hike (bring appropriate shoes) to view the entrance to Devilstep Cave, the exterior of the Cave Springs schoolhouse and the Sherrill family cemetery. More at <https://www.facebook.com/headofsequatchie>.



Then we loop back to Pikeville.

This route is under consideration as part of the developing Sequatchie Valley Scenic Bikeways, and this will be your ride leader's first time on it. Start time is Eastern, although ride start is in Central.

Distance: 38.5 miles, 11-13 mph.

Total Climbing: 2206' feet.

Park on Main Street in downtown Pikeville in front of the Bledsoe County Courthouse (clean restrooms are open to the public starting at 7:30 Central Standard Time).





Much of the ride takes us through wide-open farmland with beautiful views of the valley walls beyond. You may notice that these walls come closer together the farther north we ride as the valley starts to transition into a hillier landscape.

You'll also notice around Mile 17 that the Sequatchie River resembles more of a clear mountain stream at this point than the cloudy river lower in the valley.

The loop back to Pikeville features a 17-mile stretch with no turns, just beautiful farmland and countryside.

Jim Johnson, 423-313-5256, jim@biketours.com

<https://ridewithgps.com/routes/28219622>

CBC Board & Membership Meeting, 6:00 PM, Monday, August 20

All members are invited to attend the monthly Executive Board meeting at Outdoor Chattanooga, 200 River St in Coolidge Park on the North Shore.

- If you're interested in discussing and shaping the future direction of the Chattanooga Bicycle Club, please consider attending this meeting.
- After the meeting, all attendees are invited to gather at a local restaurant for dinner on the club.
- [Current Executive Board Meeting Agenda](#)

Trailblazer: Jim Johnson has big plans for his adoptive home town From the Times Free Press



This piece on Jim Johnson and his cycle touring business was in the Chattanooga Times Free Press

business section on Sunday, 8/12. It is well worth reading. It shows what just one person can accomplish. [Link to the full article.](#)

VILLAGE VOLKSWAGEN **RIVER GORGE** **MNIUM** **Chattanooga, TN** **August 24th-26th, 2018**

Some major needs with 1 week to go.

[Volunteers](#)

With 1 week to go, we are just over halfway to the volunteers needed to race. Please signup if you haven't already and get your friends involved. This event is volunteer driven. We've made it work the last 15 years and will again with your help.

[Host Housing](#)

We need people to open their doors to teams joining us from long distances. It is a great way to show hospitality and get to know cyclists from across the country. You do not need to be a cyclist to host.

Please fill out this form or contact Oriel at orielvolunteerim@gmail.com
[Please Click Here To Sign Up!!](#)

Chickamauga Battlefield Historic Tour by Bicycle, August 18



The public is invited to join this leisurely-paced historical bicycle ride, which takes approximately two hours. National Park Service rangers will talk about the history of the battlefield while Outdoor Chattanooga staff and volunteers provide ride leadership and support.

Loaner bicycles from the Outdoor Chattanooga Mobile Bicycle Fleet will be available for riders five feet tall and over at no charge, thanks to sponsorship from the Friends of the Park and the Chattanooga Bicycle Club. Reservations for these bicycles are required, contact the Chickamauga

Battlefield Visitor Center at (706) 866-9241.

The tour begins at 9:30 a.m. at the Chickamauga Battlefield Visitor Center. Ride length is approximately three to four leisurely miles on flat to moderately-hilly terrain. The rides are considered beginner friendly and are appropriate for adults, and children ages eight and older when accompanied by an adult. Please, no training wheels. All participants are required to wear helmets. (Supported by the Friends of the Park and the Friends of Outdoor Chattanooga.)

Bike Commuting 101

Monday, August 20 | 6:00 - 7:00 p.m.



Learn the rules of the road and riding techniques to be a confident and predictable bike commuter by attending this free class offered the 3rd Monday each month by Outdoor Chattanooga's League of American Bicyclist certified instructors. Classroom learning followed by an optional group ride to practice learned skills. Cost: Free. Registration required in advance. Ages 14+ with participating adult. All participants must wear a helmet during the ride. Bikes and helmets available for use.

[Traffic Skills - Bike Commuting 101](#)

Mountain to Town Bike Adventure

Friday, August 24 | 9:00 a.m - 12:00 p.m.



Join Outdoor Chattanooga for an all-inclusive and guided downhill bike adventure from Lookout Mountain to downtown Chattanooga. Enjoy scenic views of the city from the top of the mountain while cruising down the Guild Trail until it connects with the Tennessee Riverwalk and follows the shores of the TN river all the way back into town. Outdoor Chattanooga's experienced guides will be with you during the ride providing support and instruction. You can use your own bike or borrow one of ours at not additional cost. Cost is \$25 per person which includes guided tour with shuttle and use of bike if needed. Ages 10+ with participating adult. Must know how to confidently ride a bike.

[Mountain to Town Downhill Bike Adventure](#)

It's Back!!!!

Join Us for the 13th Annual

Open Arms Care

Ride to Provide

Saturday, Sept. 8, 2018

OPEN ARMS CARE CORPORATION



Hello Everyone!

Please come out to Ooltewah and help support the Open Arms Care Organization as they host the 13th annual Ride To Provide.

There will be 3 scenic routes for you to choose from:
26, 42 and 62 miles.

Registration opens at 7 a.m
Ride begins at 8:30 a.m.

Open Arms Care Support Office
6711 Mountain View Road, Suite 111
Ooltewah, TN 37363

Register at:

www.active.com

www.openarmscare.org

Oktoberfest Chattanooga Challenge - Oct 13



The OKTOBERFEST CHATTANOOGA CHALLENGE pairs an amazing bike ride with the best beer festival in the Southeast! Choose between a full 100-mile century or a 50-mile half-century on the most scenic roads in the tri-state region, including a closed-road climb up Lookout Mountain! ChattanoogaChallenge.com. Event organizer Shannon Burke, owner of Velo View Bike Tours, touts the ride as an affordable, scenic ride organized by locals. It's also an event Burke believes could fill the void left by the canceled 2018 3-State 3-Mountain Challenge.

"The Oktoberfest Chattanooga Challenge is my answer to the lack of a hometown ride," Burke said in an email to the Times Free Press. "Yes, we'll have the Hincapie Gran Fondo in May, which I'm sure will be great, but I felt that Chattanooga needed a century ride put on by locals at a price point that was accessible to a wider audience."

Registration is now open at veloviewbiketours.com/chattanooga-challenge. It includes tickets for two beers and food at Oktoberfest, parking, a T-shirt and a water bottle. The event is \$40 for those who register before Memorial Day, \$50 for those who register between Memorial Day and Labor Day and \$60 for those who register after Labor Day. Registration closes Oct. 7.

Halloween Half-a-Hundred October 27, 2018, Jasper, TN

Come out and enjoy the fall weather in scenic Marion County. **The Big Pumpkin** will be a challenging, yet scenic 51 mile ride through the Sequatchie Valley, over Suck Creek Mountain and through the Tennessee River Gorge via River Canyon Road/Mullins Cove Road. **The Little Squash** will cover 30 miles just as scenic as the Big Pumpkin, without the challenging Suck Creek Mountain climb.

All riders will receive a T-shirt, post ride freshly grilled hamburger and cold beer courtesy of Stevarinos Restaurant in South Pittsburg.

Both rides will be fully supported with on-course SAG and rest stops. Registration fee: \$35.00.

Bring your family and stay around for the Jasper Lions Club Jackolantern Jamboree on the Square. Lots of free fun for the entire family including trick-or-treating, games, music, and food. If you have any event questions please feel free to reach out to the Ride Director. Barry Allen can be reached at (423)667-4609 or ballen197374@yahoo.com.

To register, go to:

<https://www.bikereg.com/39321>

Ride Pictures

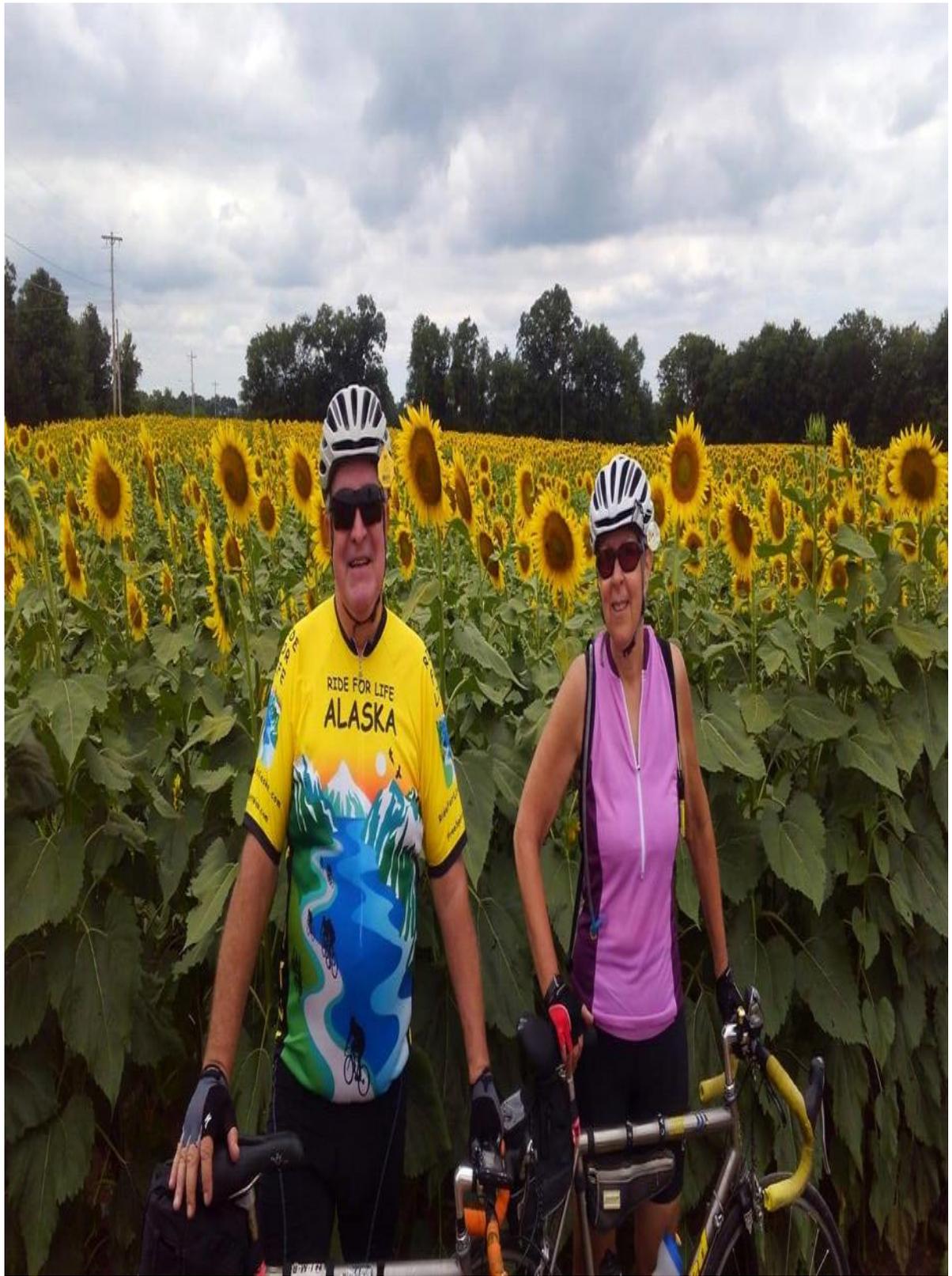
Thank you, Mark, for another terrific Monday Night City Ride on August 13!

The riders were: Mark Jacobs, Ed Park (not pictured), Joe Terlizzi, David Eargle, Becky Buckles, Jonathan Poole, Will Yancey, Walter Amador and Chuck (photographer).

Joe Terlizzi, an avid cyclist, was here from Las Vegas to visit his daughter and son-in-law. Joe said the ride was the most scenic he ever had. Thanks for joining us, Joe!



For those of us who saw the Sunflowers: From Tony Thompson. What a difference 4 weeks makes!





Peggy's great Northern Adventure continues. She is joined by three friends from Wisconsin - Douglas Hanson and Dan and Becky Heinz. . They are starting in Maine and pedaling thru Vermont, New Hampshire and Massachusetts. That may not be all but all I'm sure of.

Didn't see a New Hampshire sign when we entered Portsmouth, but we found one in Rye.





Met up with Thomas Jamison and his gang in York, ME.





Day 3: Hampton Falls, NH to Andover, MA. Still hot, but cloud cover for the last half of the Ride was welcomed. We're impressed with the hospitality of Massachusetts people. Good experiences!





Day 4: A trip into Boston. Bought our Charlie Tickets and headed into Boston on the train!



Ice cream was a must in the heat!



Day 5: Andover, MA to Ashby, MA. Not a lot of pictures today. Most of the Ride was pleasant,

passing through small towns. Our claim to fame was climbing a big a\$\$ hill to get to the campground. There was a lot of moaning, but we made it!

Day 6: Today was the toughest ride any of us has ever done! 67 miles and over 5200 feet of climbing! Rain for half of the day. First time I've had to walk up a hill in about 15 years (4 tenths of a mile and I had to stop and rest twice!) But...we made it! Ashby, MA to Shelburne Falls, MA.

Day 7: Rest Day in Shelburne Falls, MA. We arrived at our Warm Showers house, wet and cold, last night. Diana met us with warm, dry towels and coffee/tea. Just what we needed! Today, we explored the town and had good conversation with Diana, her son Chester and her boyfriend Joe. Tomorrow, we head to Vermont!

We followed along the Deerfield River for most of our ride.



Day 8- Shelburne Falls, MA to South Londonderry, VT. Misty, rainy day, with lots of climbing. Changed our route to stay on Hwy 100 because we weren't sure of the condition of the back roads. Beautiful scenery along the Green Mountains. Also chose to camp in the pavilion, instead of our campsites, to stay dry.







Weekly CBC Birthdays

August 16 - 22

Sharon Tingley, 8/16; David Bishop, 8/17; Doug Wood, 8/22; Peggy Olson, 8/22

Monthly Membership Notices

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

Welcome New and Returning Members for the Month of August

Debbie Bowman & Sandy Mauser, Tom & Susan Dubose

Membership Renewals Due in the month of September 2018

Larry & Jan Akens, Walt Amador, Tim & Krista Goss, Joseph Haranin, John Hubbard, Gill James, Jay LaBonne, Regina & Nate Martin, David & Joyce Nesbitt, Beverly Short, Everett Whitaker

[Renew Online](#)

2018 July Club Meeting Minutes & August Agenda

2018 July club meeting minutes.

<http://chattanoogabicycleclub.com/wp-content/uploads/2018/07/July-2018-mtg-minutes.pdf>

2018 August club monthly meeting agenda.

<http://chattanoogabicycleclub.com/wp-content/uploads/2018/08/CBC-General-meeting-agenda-8-20-18.pdf>

This Week's Upcoming Rides - check the CBC ride calendar for more details and activities <https://chattanoogabicycleclub.com/ride-calendar/>

Wednesday, Aug 15, 6:00 PM - Canceled - Red Bank Ride - The Usual One - Ride leader unavailable.

Leave from the Old Red Bank BI-LO site, corner of Browntown Rd and Dayton Blvd, at 6:00 PM. Ride 23 to 27 miles depending on route, 13-14 mph. Martin Penny, 423-667-6933, hmartin.penny@gmail.com

Thursday, Aug 16, 8:00 AM - Urban Ride - Burnt Mill-Curtain Pole Road

Leave from the Curtain Pole Road Access. This park is along the Riverwalk off Amnicola Highway. It is south of the Riverpark Hubert Fry Center and north of the Boathouse Restaurant. There is a Mapco directly across Amnicola at the turn for Curtain Pole Road. This fun urban ride starts and finishes on the Riverwalk, and includes an old club favorite – Burnt Mill Road – and a ride through the city! 30 miles, 11-13 mph, no drop. Chuck, (865) 321-0893, cjp0124@gmail.com. <https://ridewithgps.com/routes/26906498>

Thursday, Aug 16, 6:00 PM - Battlefield Ride: 18 mph

Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This posting is for faster riders. Leave from the Chickamauga Battlefield visitor center at 6:00. 15-30 miles, 16 mph+. Ben Keim, (423)504-8597, benkeim03@hotmail.com

Thursday, Aug 16, 6:00 PM - Battlefield Ride: 14-16 mph

Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This posting is for intermediate riders. Leave from the Chickamauga Battlefield visitor center at 6:00. 15-30 miles, 14-16 mph+.

Tony Perri, (239)370-0713, tony@perrimarketing.com;

Sharon Russell, (423)240-2700, slr.tnruss@gmail.com;

Regina Martin, (423)414-1256, reginamartin0308@gmail.com

Thursday, Aug 16, 6:00 PM - Battlefield Ride: 12-14 mph

Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This ride is geared toward Advanced Beginners and anyone wanting to ride at a slower pace without the vehicle traffic. The emphasis will be on safety and fun while riding in a group. We will ride in and around the park while avoiding busy public roads. The restrooms at the visitor center may or may not be open. MY RULES: Helmet, Water Bottle, Extra Tube and Air Supply are required. I start the ride at the posted time, please don't be late, I won't wait. I will cancel for bad weather or wet roads. If you have any questions, please text or call and leave a message, I will get back to you. Leave from the Chickamauga Battlefield visitor center at 6:00. 20-25 miles, 12-14 mph, no drop.

Tim Blaes, 423-364-0890, timblaes@epbfi.com.

Friday, Aug 17, 9:30 AM - Riverpark Twenty or Thirty Mile Leisure Ride

This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (Rider choice!), 9-10 mph, no drop. The average speed for the

second loop will be a bit higher!

<https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, cjp0124@gmail.com

Saturday, Aug 18, 9:00 AM EDT, Upper Sequatchie Valley Tour -- with picnic! - Leave from the Bledsoe County Courthouse, ride to the Head of Sequatchie State Park and back. Catered picnic at the park for those who signed up. Detailed write-up above.

Sunday, Aug 19, 7:00 AM - W Road Ride (climbing ride) - This is a quick Sunday morning training ride starting at 7:00 AM at Pruitt's on Taft Hwy. I go down Highway 127 from the Signal Mountain Shopping Center to the bottom of the mountain, cross over to Mountain Creek Road, to the W Road, up to the top of the mountain and back to the shopping center. A good workout in one hour. Best time of the week to ride up the W, least traffic. 14 miles, 12-13 MPH. Come join me on this weekly ride. Alan Voss, 423-827-5658.

Sunday, Aug 19, 8:30 AM - Red Bank to Bakewell Loop - Let's build on the Red Bank to Soddy Lake ride I lead in July, by extending the loop to Bakewell, via Back Valley out and McGill coming back. We will have a store stop in Bakewell.

This ride is hilly, but most of the hills are not steep or too long. McGill is the exception. It's very doable, but will be the hardest/longest hill on the ride. Leave from the Old Red Bank BiLo at Dayton Pike & Browntown Rd. 43 miles, 13-15 mph, no drop. Tom Jamison, 423/847-3958, thomas.jamison@comcast.net

Monday, Aug 20, 6:00 PM - CBC Monthly Club Meeting - See above

Monday, Aug 20, 6:00 PM - Beginner Ride - We'll start this ride in the Hospice parking lot on Hamm Road across from Friends of the Festival. Take Manufacturer's Rd west to Hamm Rd (turn left about 1/2 mile from US-27). Parking lot is about 1/8 mile on the right. Start time: 6 pm, 5-20 miles, average speed varies, depending on who attends. This ride is to help new and returning riders develop skills, strength and stamina. The route, which may vary from week to week, will be in the Moccasin Bend/White Oak/Red Bank area. NO DROP RIDE. Inclement weather cancels the ride. Please contact ride leader if you have any questions.

Jim Trimble, jimmit.t@gmail.com (478)287-0588 and

John Hubbard, johnhubbard46@yahoo.com (423)432-9748

Monday, Aug 20, 6:00 PM - Monday Night City Ride-13-15 mph - Ride will start at Riverview Park on Riverview Rd at 6:00 PM. Front and rear lights will be needed. We've been riding the Burnt Mill Loop course. Fun ride with some rollers. 30 miles, no drop.

Chuck, (865)321-0893, cjp0124@gmail.com.

Monday, Aug 20, 6:00 PM - Monday Night City Ride-16+ mph - Ride will start at Riverview Park on Riverview Rd at 6:00 PM. Front and rear lights will be needed. We've been riding the Burnt Mill Loop course. Fun ride with some rollers. 30 miles, no drop.

Mark Jacobs, (423)653-4753, markj@foodliner.com.

Tuesday, Aug 21, 9:00 AM - N GA Lite - *Need Ride Leader or is canceled.* This is a ride that takes place every Tuesday morning. Its location and time are variable. If the ride calendar is not edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35 miles, 10-13 mph, no drop.

Daisy Blanton, 706/820-1157 h, 423/243-8203 c, DaisyBRider@cs.com

Tuesday, Aug 21, 6:00 PM - Battlefield Ride 12-14 mph - This ride is geared toward Advanced Beginners and anyone wanting to ride at a slower pace without the vehicle traffic. The emphasis will

be on safety and fun while riding in a group. We will ride in and around the park while avoiding busy public roads. Leave from the Chickamauga Battlefield Visitors Center, lower parking lot at 6:00 PM. The restrooms at the visitors center may or may not be open. MY RULES: Helmet, Water Bottle, Extra Tube and Air Supply are required. I start the ride at the posted time, please don't be late, I won't wait. I will cancel for bad weather or wet roads. If you have any questions, please text or call and leave a message, I will get back to you. Tim Blaes, 423-364-0890, timblaes@epbfi.com

Wednesday, Aug 22, 6:00 PM - Red Bank Ride - The Usual One - Leave from the Old Red Bank BI-LO site, corner of Browntown Rd and Dayton Blvd, at 6:00 PM. Ride 23 to 27 miles depending on route, 13-14 mph. Martin Penny, 423-667-6933, hmartin.penny@gmail.com

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