

The Tailwind - 06/27/2018



Next CBC Meeting - July 16, 2018

The Tailwind 062718

What a lady!! Carol Zitzow, we will miss you!



When I first heard of Carol's passing, I was out of town and didn't copy the many wonderful posts I saw about her. Now, when I would like to include them here, I don't have them. It is impossible to say all of the wonderful things Carol has been to us. She was always cheerful and encouraging no matter the situation. She such an athlete with her cycling and boating abilities. Even when her illness had her so very weak, she was still riding her bike or cheering us on and still went on an overnight canoe camping trip. She just wouldn't give up.

And she was always a lady. She always looked great and made sure everything that she was involved

with wasn't just adequate but had that little extra. Even camping, she had a table cloth, flowers and all those little extra touches.

I can't begin to cover all she was to us. We love you so and you will be so missed!



Celebration of Life

The family of Carol Zitzow will hold a celebration of Carol's life on **Saturday, June 30 at 5 pm** at the River's Edge located at 2130 Suck Creek Rd, Chattanooga. It will be an informal gathering of friends and family to reminisce and honor the life of the girl we all loved.

Bring your stories and remembrances to share. Email your photos or short video clips of her to be shared in a slideshow to carolmemories@ericzitzow.com. Food and drinks will be served. Also, if you like, please bring a covered dish or finger food. Dress casually and suitably for summer weather.

Preceding the event, there will be a short group canoe float on the Tennessee River ending at the venue. If would like to join, please inquire at the email address above.



Carol Z's Memorial Ride

Let's remember Carol on her birthday with one of the rides she led on Signal Mountain. Carol led this ride many times to see spring azaleas and Halloween decorations. Sunday, July 1, 8:30 am, Pruett's Market parking lot, 1210 Taft Highway, Signal Mountain, Tn 37377. No Drop, 12-14 mph, 30 miles. <https://chattanoogabicycleclub.com/.../carol-zs-memorial-ride/>

George Perry's memory of a bike ride with Carol.



It was November 12, 2016. We started at the Pigeon Mountain Grill at Davis Crossroads and rode down to the store in McLemore Cove. The seven riders were Carol, her son Eric Zitzow, Gray, Daisy, Webb, Mike and me. It was a nice day in the high 50s.

This is the route: <https://ridewithgps.com/trips/11880621>

Some of us ate at the Pigeon Mountain Grill afterwards.

Survey Announcements

CBC Survey 1 – Club Satisfaction – The results are in!



To view the full results, go to the **MEMBERS** tab on the CBC Club website. Then choose **CBC MEMBERSHIP SURVEY RESULTS**.

There is still a chance to take this survey through June 30, and it only takes two minutes! Here's the link for CBC Survey 1 <https://www.surveymonkey.com/r/6W5DL7P>

CBC Survey 2 – 3-State 3-Mountain Challenge – Our next survey!



Over the past year, we have probably all been part of or heard friends sharing thoughts, opinions and

ideas about our club's 3-State 3-Mountain Challenge. Questions come up such as:
Should we resume hosting the 3-State 3-Mountain Challenge?
If so, what should it look like? What should it cost?

Our next short survey gives us all a chance to share our thoughts, opinions, and ideas about the 3-State 3-Mountain Challenge.

Please take a few minutes to take this survey!

Here's the link for CBC Survey 2 <https://www.surveymonkey.com/r/QKBR99W>

The Great Cycle Challenge and Cancer

Hi, CBC Friends,

This month, I am riding in the Great Cycle Challenge to fight kids' cancer.

My goal is to ride 300 miles throughout the month of June, and I will be pedaling as hard as I can to reach my target.

Why am I doing this? Because cancer is the largest killer of children from disease in the United States – 38 children die every week.

Kids should be living life, not fighting for it.

As many of you know, last July I was diagnosed with stage 4 throat cancer. I went through 7 weeks of radiation and three chemo treatments. During that time I had a PEG tube put in for nourishment. I am still using the tube today as that is the only safe way I can consume calories and liquids. Thankfully, I have my weight back up to 175 lbs. I did sign up for this ride for cancer last year but had to withdraw due to my diagnosis. Now with what energy I have I want to help and give back. I have been down, damaged but I'm not out. I plan on doing what I can for these children. Won't you please help the little ones by supporting my 300 mile challenge and making a donation through my fundraising page: www.greatcyclechallenge.com/Riders/TedDickerson1

All funds raised will support Children's Cancer Research Fund to continue their work to develop innovative treatments and find a cure for childhood cancer. I am taking on a personal challenge to support cancer research and give these kids the brighter futures they deserve... But I need your help. \$1, \$5, \$10 or more. Everything helps.

Thank you for your support and remember, 38 children die every week.

Ted Dickerson

COHUTTA FIREHOUSE CHILI RIDE - POSTPONED

The COHUTTA FIREHOUSE RIDE has been postponed due to unforeseen logistics. A new date will be posted as soon as we can schedule a date so as not to interfere with other rides. We apologize for any inconvenience that this has caused. For any questions, please call Andy at 706 934-6814

We'll let you know as soon as a new date is decided on. CBC is a big supporter of this nearby event. Let's have a huge CBC turn out for Andy and this popular ride. Wear your CBC jersey!

Oktoberfest Chattanooga Challenge - Oct 13



The OKTOBERFEST CHATTANOOGA CHALLENGE pairs an amazing bike ride with the best beer festival in the Southeast! Choose between a full 100-mile century or a 50-mile half-century on the most scenic roads in the tri-state region, including a closed-road climb up Lookout Mountain! ChattanoogaChallenge.com. Event organizer Shannon Burke, owner of Velo View Bike Tours, touts the ride as an affordable, scenic ride organized by locals. It's also an event Burke believes could fill the void left by the canceled 2018 3-State 3-Mountain Challenge.

"The Oktoberfest Chattanooga Challenge is my answer to the lack of a hometown ride," Burke said in an email to the Times Free Press. "Yes, we'll have the Hincapie Gran Fondo in May, which I'm sure will be great, but I felt that Chattanooga needed a century ride put on by locals at a price point that was accessible to a wider audience."

Registration is now open at veloviewbiketours.com/chattanooga-challenge. It includes tickets for two beers and food at Oktoberfest, parking, a T-shirt and a water bottle. The event is \$40 for those who register before Memorial Day, \$50 for those who register between Memorial Day and Labor Day and \$60 for those who register after Labor Day. Registration closes Oct. 7.

Ride Pictures

We had a wacky start to the Riverpark Leisure 20-30 on June 22 thanks to Chuck! It all began with a dead battery in his truck and ended with Peggy planning to prepare a pre-flight check list for him. (Chuck recently went to a ride without the front wheel for his bike!) The riders were:

From left, Robert Powderly, Beverly Short, Joe Nivert, Peggy Olson, Howard L. Rowe, Geri Geren, Ted Dickerson, Bob Haig, Loretta Lynn, Gary Jamison, Gray Fletcher and Mike Hartline (and Chuck & John Vass photographers).



The swamp: Pete Williams, Robert Powderly, Howard Rowe, Peggy Olson, Gray Fletcher, Geri Geren



Something has their attention. Peggy Olson, Gray Fletcher, Geri Geren, Joe Nivert, Loretta Lynn, Gary Jamerson



Waiting on Chuck. Chuck took the road, thinking he could catch them faster. Unfortunately, Chuck rejoined the Riverwalk past where the others were waiting. Joe Nivert, Bob Haag, Mike Hartline, Gary Jamerson, Loretta Lynn



More waiting, John Vass, Bob Haag, Howard Rowe, Robert Powderly, Mike Hartline



Mingling at the start.



Great turnout for the CBC Ladies' Ride. Took a 27 mile ride out of Red Clay State Park, had a picnic and toured the museum, (until the power went out because of the storm). Thanks for coming, girls!

Becky, Beverly, Lori, Sandy, Debbie, Gray, Sharon and Michelle.



The girls do it right. They have a picnic after the ride.



Waiting out the storm and checking the radar



Rocking on the porch better than this.



We had a good time on the Burnt Mill – Curtain Pole Road ride on June 23. The ride was on the same day as the Ladies' ride, and it turned out that all of Burnt Mill – Curtain Pole Road riders were guys. We thought about calling it the Gentlemen's Ride, but none of us thought we could be called gentlemen!

The riders were: Howard Rowe, Pete Williams, Mike Hartline, David Eargle, Forrest Simmons, Richard Russell, Mark Jacobs, Jim Johnson, Mike Sabin and Chuck (photographer). (Not in order.)

Peter Williams: I think we had 9 or 10 for what turned out to be a "boys' ride" this AM. Of course, Mark Jacobs turned our 31 mile ride into 40.6 miles. Love riding with that guy. LOL...



Oops! We aren't supposed to be here. We're supposed to be on Hwy 136 to Kensington. Somehow we got back on Cove Rd heading to the Pigeon Mtn Grill. Oh well, mistakes happen. We came out with almost the same mileage we were supposed to - just a little different route. Missed a few of those Chick Creek crossings though. This is the N GA Lite ride.



Weekly CBC Birthdays

June 28 - July 4

Debbie McClanahan, 6/21; Quinn Hickey, 6/24; Karon Tallon, 6/26; Lynn Seeger, 6/26; Borys Kolasa, 6/27; Tonya Lewis, 6/27

John Marshall, 6/28; Caleb Mask, 6/29; Ella Porter Ivey, 6/30; Forrest Simmons, 7/1; Michelle McIntyre, 7/2; Randy Petty, 7/2; Katie Bishop, 7/3; Bill Cornwall, 7/4

Monthly Membership Notices - June 2018

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

Welcome New and Returning Members for the Month of June

Mark Claudio, Byron Mulligan, Benji Armstrong, Wayne Wilson, David Hundley, Bob Yandow, Carter Simmons, Michael & Sheri Goins, John & Chris Vass, Chris Wicker, Lynn & Roco Cotellesse, Linda Jane & Nick Dobosh, Rich & Ellen Rudner, Patti & Robert Nihells, Tony, Zane & Lisa Davis (Purple Daisy Picnic Cafe), Kathryn & Roy Wroth, Tonya Chaffin, Lori Smith, Howard & Vicki Rowe, Trieu Nguyen & Huong Pham

Membership Renewals Due in the month of July 2018

Dave & Leigh Ward
[Renew Online](#)

2018 May Club Meeting Minutes & June Agenda

2018 May club annual meeting minutes.

<http://chattanoogaclub.com/wp-content/uploads/2018/06/May-2018-mtg-minutes.pdf>

2018 June club monthly meeting agenda.

<http://chattanoogaclub.com/wp-content/uploads/2018/06/CBC-General-meeting-agenda-6-18-18.pdf>

This Week's Upcoming Rides - check the CBC ride calendar for more details and activities <https://chattanoogaclub.com/ride-calendar/>

Wednesday, Jun 27, 6:00 PM - Red Bank Ride - The Usual One - Leave from the Old Red Bank BI-LO site, corner of Browntown Rd and Dayton Blvd, at 6:00 PM. Ride 23 to 27 miles depending on route, 13-14 mph. Martin Penny, 423-667-6933, hmartin.penny@gmail.com

Thursday, Jun 28, 9:00 AM - Urban Ride - Cleveland Urban - Our meeting place for this ride is the UEC Theater, which is located on I-75, exit 20. Please park on the north side of the building, near the truck stop. Wheels hit the road at 9am. We'll take a trip into Cleveland, follow the Greenway through town and wind our way back. There will be store stops along the way and possibly a stop at Orange Leaf for frozen yogurt, if we're hot.

This is a 27 miles, social paced ride (about 11-13mph). It's also 'no drop' ride. We'll stay together and regroup as needed. Bad weather or poor road conditions will cancel this ride. Call if questionable. Peggy Olson, (920) 412-0999, pbiker10@yahoo.com

Thursday, June 28, 6:00 PM - Battlefield Ride: 18 mph - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This posting is for faster riders. Leave from the Chickamauga Battlefield visitor center at 6:00. 15-30 miles, 16 mph +. Ben Keim, (423)504-8597, benkeim03@hotmail.com

Thursday, June 28, 6:00 PM - Battlefield Ride: 14-16 mph - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This posting is for intermediate riders. Leave from the Chickamauga Battlefield visitor center at 6:00. 15-30 miles, 14-16 mph+.

Tony Perri, (239)370-0713, tony@perrimarketing.com;

Sharon Russell, (423)240-2700, slr.tnruss@gmail.com;

Regina Martin, (423)414-1256, reginamartin0308@gmail.com

Thursday, June 28, 6:00 PM - Battlefield Ride: 12-14 mph - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This ride is geared toward Advanced Beginners and anyone wanting to ride at a slower pace without the vehicle traffic. The emphasis will be on safety and fun while riding in a group. We will ride in and around the park while avoiding busy public roads. The restrooms at the visitor center may or may not be open. MY RULES: Helmet, Water Bottle, Extra Tube and Air Supply are required. I start the ride at the posted time, please don't be late, I won't wait. I will cancel for bad weather or wet roads. If you have any questions, please text or call and leave a message, I will get back to you. Leave from the Chickamauga Battlefield visitor center at 6:00. 20-25 miles, 12-14 mph, no drop.

Tim Blaes, 423-364-0890, timblaes@epbfi.com.

Friday, June 29, 9:30 AM - Riverpark Twenty or Thirty Mile Leisure Ride - This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the

loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (Rider choice!), 9-10 mph, no drop. The average speed for the second loop will be a bit higher!

<https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, cjp0124@gmail.com

Saturday, June 30, 8:30 AM, Soddy Daisy to Dayton Loop - Let's do an old favorite, Soddy to Dayton via Cranmore Cove. Summer is upon us so let's start somewhat early in case it turns into a hot day. We will start at the Soddy Daisy ballfields (near the Senior Center), pedal on the west side of US-27 to Cranmore Cove to Rt -30, returning via Graysville & Coulterville Pk to Sale Creek. Once in Sale Creek we will cross to the east side of US-27 for the remainder of of return trip. We will have one store stop during our 2nd pass thru of Graysville. Cue sheets will be provided for faster riders. Inclement weather cancels ride. 40 miles +/-, 13-15 mph at end, no drop. Tom Jamison, 423/847-3958, thomas.jamison@comcast.net

Sunday, July 1, 8:30 AM - Carol Z's Memorial Ride - Be ready to ride at 8:30 am.

Let's remember Carol on her birthday with one of the rides she led on Signal Mountain. Carol led this ride many times to see spring azaleas and Halloween decorations. I think it's fitting that we use it to celebrate her life, love of cycling, and the good friends she had in the Chattanooga Bike Club.

This will be a slower, social ride that winds through the hills and neighborhoods of Signal Mountain.

Fair warning – Signal Mountain is a very hilly place to ride. 30 miles, 12-14 MPH, no drop.

Wear your CBC jersey if you have one – any version.

Store stop about mile 12.

Cue sheets will be available for anyone that wants to move along at a faster pace.

Rain cancels the ride. Check the CBC calendar for any last minutes changes or cancellations.

Call the ride leader if you have any questions.

Gray Fletcher, 423-304-0482, a.gray.fletcher@gmail.com

Cue sheet: <https://ridewithgps.com/routes/27892119>

Monday, July 2, 6:00 PM - Beginner Ride - We'll start this ride in the Hospice parking lot on Hamm Road across from Friends of the Festival. Take Manufacturer's Rd west to Hamm Rd (turn left about 1/2 mile from US-27). Parking lot is about 1/8 mile on the right. Start time: 6 pm, 5-20 miles, average speed varies, depending on who attends. This ride is to help new and returning riders develop skills, strength and stamina. The route, which may vary from week to week, will be in the Moccasin Bend/White Oak/Red Bank area. NO DROP RIDE. Inclement weather cancels the ride. Please contact ride leader if you have any questions.

Jim Trimble, jimmit.t@gmail.com (478)287-0588 and

John Hubbard, johnhubbard46@yahoo.com (423)432-9748

Monday, July 2, 6:00 PM - Monday Night City Ride-13-15 mph - Ride will start at Riverview Park on Riverview Rd at 6:00 PM. Front and rear lights will be needed. We've been riding the Burnt Mill Loop course. Fun ride with some rollers. 30 miles, no drop.

Chuck, (865)321-0893, cjp0124@gmail.com.

Monday, July 2, 6:00 PM - Monday Night City Ride-16+ mph - Ride will start at Riverview Park on Riverview Rd at 6:00 PM. Front and rear lights will be needed. We've been riding the Burnt Mill Loop course. Fun ride with some rollers. 30 miles, no drop.

Mark Jacobs, (423)653-4753, markj@foodliner.com.

Tuesday, July 3, 9:00 AM - N GA Lite - This is a ride that takes place every Tuesday morning. Its location and time is variable. If the ride calendar is not edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35 miles, 10-13 mph, no drop.

Daisy Blanton, 706/820-1157 h, 423/243-8203 c, DaisyBRider@cs.com

Tuesday, July 3, 6:00 PM - Battlefield Ride 12-14 mph - This ride is geared toward Advanced Beginners and anyone wanting to ride at a slower pace without the vehicle traffic. The emphasis will be on safety and fun while riding in a group. We will ride in and around the park while avoiding busy public roads. Leave from the Chickamauga Battlefield Visitors Center, lower parking lot at 6:00 PM. The restrooms at the visitors center may or may not be open. MY RULES: Helmet, Water Bottle, Extra Tube and Air Supply are required. I start the ride at the posted time, please don't be late, I won't wait. I will cancel for bad weather or wet roads. If you have any questions, please text or call and leave a message, I will get back to you. Tim Blaes, 423-364-0890, timblaes@epbfi.com

Wednesday, July 4, 8:00 AM - BANG Ride (32 miles) - It's July 4th! Is there a better way to celebrate Independence Day than by Biking Around North Georgia? I think not! This is a leisurely social ride around the Battlefield, Chickamauga and North Georgia.

After the ride, Cindy & I plan on having lunch at Choo-Choo BBQ & Grill, 12960 Lafayette Rd/US-27, Chickamauga, GA.

DETAILS

~ 32 miles

~ 8:00 am EDT

~ Gordon-Lee High School, 105 Lee Circle, Chickamauga, GA 30707

~ NO restrooms at the start. Plan accordingly.

~ 1 store stop at BP Convenience Store around mile 17

~ No one dropped. I lead from, or near, the back, riding as sweep.

~ R/L expects an average of 12-13 after 32 miles over rolling terrain

~ Cue sheets will be available. Faster riders are welcome to ride at their own pace and there's usually a group that splits off & does so.

~ Expect some mild hills

~ Rain at start time & location may delay or cancel the ride

~ Check the ride calendar before ride start for updates or text the R/L

Lou Pape, 423-580-3691

"We'll get there when we get there..."

Wednesday, July 4, 6:00 PM - Red Bank Ride - The Usual One - Leave from the Old Red Bank BI-LO site, corner of Browntown Rd and Dayton Blvd, at 6:00 PM. Ride 23 to 27 miles depending on route, 13-14 mph. Martin Penny, 423-667-6933, hmartin.penny@gmail.com



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