



*Next CBC Meeting - June 18, 2018*

**The Tailwind 060618**

**The Great Cycle Challenge and Cancer**

Hi, CBC Friends,

This month, I am riding in the Great Cycle Challenge to fight kids' cancer.

My goal is to ride 300 miles throughout the month of June, and I will be pedaling as hard as I can to reach my target.

*Why am I doing this?* Because cancer is the largest killer of children from disease in the United States – 38 children die every week.

**Kids should be living life, not fighting for it.**

As many of you know, last July I was diagnosed with stage 4 throat cancer. I went through 7 weeks of radiation and three chemo treatments. During that time I had a PEG tube put in for nourishment. I am

still using the tube today as that is the only safe way I can consume calories and liquids. Thankfully, I have my weight back up to 175 lbs. I did sign up for this ride for cancer last year but had to withdraw due to my diagnosis. Now with what energy I have I want to help and give back. I have been down, damaged but I'm not out. I plan on doing what I can for these children. Won't you please help the little ones by supporting my 300 mile challenge and making a donation through my fundraising page: [www.greatcyclechallenge.com/Riders/TedDickerson1](http://www.greatcyclechallenge.com/Riders/TedDickerson1)

All funds raised will support Children's Cancer Research Fund to continue their work to develop innovative treatments and find a cure for childhood cancer. I am taking on a personal challenge to support cancer research and give these kids the brighter futures they deserve... But I need your help. \$1, \$5, \$10 or more. Everything helps.

Thank you for your support and remember, 38 children die every week.

Ted Dickerson

**River City Sessions at Lula Lake**  
**Friday, June 8 | 4:30-9:30 p.m.**



Enjoy the sounds of local musicians rocking out on [Lula Lake Land Trust](http://Lula Lake Land Trust)'s core property at twilight. Gates open at 4:30 p.m. for guests to hike and explore the trails before the main event. Tickets are \$10 in advance and \$12 on the day of the event. Children under 12 are free. Food + beverages for purchase on site.

[River City Sessions](#)

**Battlefield Bike Tour**  
**Saturday, June 16 | 9:30 - 11:30 a.m.**



Enjoy a leisurely-paced bicycle tour on the Chickamauga Battlefield with the National Park Service and Outdoor Chattanooga. Bicycles are available at no charge with reservation; contact the Visitor Center at (706) 866-9241 to reserve. Or bring your own. Ages 6+ (no training wheels please). Cost: Free. Helmets required for all riders.

[Chickamauga Battlefield Bike Tour](#)

### **Car Free Parkway Experience on the Natchez Trace Parkway**

WILLIAMSON COUNTY, TN – On **Sunday, June 17, 2018 from 8:00 AM - Noon**, the Natchez Trace Parkway (Parkway) will be closed to vehicle traffic between mileposts 429 and 440. This section will be open to bicycles and pedestrian traffic only for a “Car Free Parkway Experience.”

Temporary closure gates will be placed two miles south of Highway 100 at the milepost 440 parking area, the new Highway 96 on ramp, and north of Highway 46. Parking for bicyclists and pedestrians will be available at the milepost 440 parking lot, new Highway 96 access, Pinewood Road Ranger Office, and Garrison Creek. Restrooms are located at Timberland Park (milepost 437) and Garrison Creek (milepost 428). A vehicle detour will be in place using Highways 46, 96, and 100.

The goal of this event is to promote safe outdoor recreation while limiting impacts to vehicle traffic. Parkway staff will be available at each closure gate to assist the public.

WHO: National Park Service, Natchez Trace Parkway

WHAT: Car Free Parkway Experience

WHEN: Sunday June 17, 2018 8:00 – Noon

WHERE: Mile Markers 440 – 429 (Pinewood Road)

PHOTO/FILM OPPORTUNITIES: Parkway staff will be on hand for this event including Chief Ranger and Public Information Officer Sarah Davis. Interview and photo/film opportunities will be available at the milepost 440 parking lot throughout the event.

MAP: The map includes the event and detour routes and parking locations.

[www.nps.gov](http://www.nps.gov)

## Event Map



**Mountain to Town**  
**Monday, June 18 | 9:00 - 12:30 p.m.**



Join Outdoor Chattanooga for a guided and all-inclusive downhill bike adventure from the top of Lookout Mountain to downtown Chattanooga. Enjoy scenic views of the city while cruising down the Guild Trail until it connects with the Tennessee Riverwalk and follows the shores of the TN river all the way back into town. Cost: \$25 per person includes transportation, guide staff, ride support, bike and helmet. Use your own bike or borrow one at no additional cost. Ride time is approximately 2 hours. Appropriate for ages 12+ with an adult. Reservations required in advance as space is limited. For more information and to make a reservation call (423) 643-6888.

# Cohutta



## Firehouse Ride

### **COHUTTA FIREHOUSE CHILI RIDE - POSTPONED**

*The COHUTTA FIREHOUSE RIDE has been postponed due to unforeseen logistics.* A new date will be posted as soon as we can schedule a date so as not to interfere with other rides. We apologize for any inconvenience that this has caused. For any questions, please call Andy at 706 934-6814

When rescheduled, the Cohutta Firehouse Chili Ride will consist of:

100K (62 miles) and 50K (32 miles) routes with SAG stops

Registration starts at 8am

Ride starts at 9am

All registration is the morning of the event and is \$35.

NOTE: Due to management changes, for this year's ride we **can only accept cash or checks for registration**. No credit cards.

As usual, we will have firehouse chili after the ride for all riders.

For any further info, call or text Andy Lopez at 706 934-6814

**We'll let you know as soon as a new date is decided on. CBC is a big supporter of this nearby event. Let's have a huge CBC turn out for Andy and this popular ride. Wear your CBC jersey!**

## Oktoberfest Chattanooga Challenge - Oct 13



The OKTOBERFEST CHATTANOOGA CHALLENGE pairs an amazing bike ride with the best beer festival in the Southeast! Choose between a full 100-mile century or a 50-mile half-century on the most scenic roads in the tri-state region, including a closed-road climb up Lookout Mountain! [ChattanoogaChallenge.com](http://ChattanoogaChallenge.com). Event organizer Shannon Burke, owner of Velo View Bike Tours, touts the ride as an affordable, scenic ride organized by locals. It's also an event Burke believes could fill the void left by the canceled 2018 3-State 3-Mountain Challenge.

"The Oktoberfest Chattanooga Challenge is my answer to the lack of a hometown ride," Burke said in an email to the Times Free Press. "Yes, we'll have the Hincapie Gran Fondo in May, which I'm sure will be great, but I felt that Chattanooga needed a century ride put on by locals at a price point that was accessible to a wider audience."

Registration is now open at [veloviewbiketours.com/chattanooga-challenge](http://veloviewbiketours.com/chattanooga-challenge). It includes tickets for two beers and food at Oktoberfest, parking, a T-shirt and a water bottle. The event is \$40 for those who register before Memorial Day, \$50 for those who register between Memorial Day and Labor Day and \$60 for those who register after Labor Day. Registration closes Oct. 7.

### Ride Pictures

Peggy managed to get the Urban Ride to the Big Biscuit in between the forecasted rain.





Who can pass up friends and food like this!



In spite of rain threats, the Honeybee Metric turned out great. Must have milling before the ride.







Our good friend David Brockman took a spill and had to be checked out at the E.R. We are so sorry he got a Boo Boo ! We think he is gonna be ok. He will probably be really sore for a while.



Jim Johnson's ride from The Pocket Recreation Area near Villanow. What a beautiful ride.



Great ride today, Jim Johnson! Hot and tiring, but a lot of laughter, with a little bit of adventure mixed in!



Here's another for the record. Sharon and Pete also joined, but were way up in front at this point!



Happy group....I think my feet actually steamed when they hit the water. Bathing beauties! Yes, definitely a great ride, great group..



N GA Lite did the ride from the St Elmo Food City to Chickamauga. Gray Fletcher showed them a different return back to St Elmo. Thanks, David Bennett for leading this ride. Beverly (Metric Mama) Short, David Bennett, Pete Williams, Gray Fletcher, and photographer, Chuck.



### **Weekly CBC Birthdays**

#### **June 7 - June 13**

William Roland, 6/7; Sandy Battles, 6/7; Lee Abelson, 6/8; Kimberlie Breu, 6/11; Nancy Stueve, 6/12; John Vass, 6/13; Lori Smith, 6/13

### **Monthly Membership Notices - June 2018**

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

### **Welcome New and Returning Members for the Month of June**

Mark Claudio, Byron Mulligan, Benji Armstrong, Wayne Wilson, David Hundley, Bob Yandow, Carter Simmons, Michael & Sheri Goins, John & Chris Vass

### **Membership Renewals Due in the month of July, 2018**

Dave & Leigh Ward, Trieu Nguyen & Huong Pham

[Renew Online](#)

## **2018 April Club Meeting Minutes & May Agenda**

**2018 April club annual meeting minutes.**

<http://chattanoogaclub.com/wp-content/uploads/2018/06/May-2018-mtg-minutes.pdf>

**2018 May club monthly meeting agenda.**

<http://chattanoogaclub.com/wp-content/uploads/2018/05/CBC-General-meeting-agenda-5-21-18.pdf>

**This Week's Upcoming Rides - check the CBC ride calendar for more details and activities** <https://chattanoogaclub.com/ride-calendar/>

**Wednesday, Jun 6, 6:00 PM - Red Bank Ride - The Usual One** - Leave from the Old Red Bank BI-LO site, corner of Browntown Rd and Dayton Blvd, at 6:00 PM. Ride 23 to 27 miles depending on route, 13-14 mph. Martin Penny, 423-667-6933, [hmartin.penny@gmail.com](mailto:hmartin.penny@gmail.com)

**Thursday, Jun 7, 9:30 AM - Urban Ride - City Tour** - This urban rides offers a very enjoyable tour of Chattanooga! The ride tours east side and downtown areas of the city, and then goes on to tour the north shore with climbs up Young Avenue, and Tremont Street-Mississippi Avenue. We will take our time on the climbs! Leave from Hubert Fry Center on the Riverpark at 9:30 AM. 31 miles, 11-13 mph, no drop.

Chuck, 865/321-0893, [cjp0124@gmail.com](mailto:cjp0124@gmail.com)  
<https://ridewithgps.com/routes/26930653>

**Thursday, June 7, 6:00 PM - Battlefield Ride: 18 mph** - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This posting is for faster riders. Leave from the Chickamauga Battlefield visitor center at 6:00. 15-30 miles, 16 mph +.  
Ben Keim, (423)504-8597, [benkeim03@hotmail.com](mailto:benkeim03@hotmail.com)

**Thursday, June 7, 6:00 PM - Battlefield Ride: 14-16 mph** - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This posting is for intermediate riders. Leave from the Chickamauga Battlefield visitor center at 6:00. 15-30 miles, 14-16 mph+.  
Tony Perri, (239)370-0713, [tony@perrimarketing.com](mailto:tony@perrimarketing.com);  
Sharon Russell, (423)240-2700, [slr.tnruss@gmail.com](mailto:slr.tnruss@gmail.com);  
Regina Martin, (423)414-1256, [reginamartin0308@gmail.com](mailto:reginamartin0308@gmail.com)

**Thursday, June 7, 6:00 PM - Battlefield Ride: 12-14 mph** - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This ride is geared toward Advanced Beginners and anyone wanting to ride at a slower pace without the vehicle traffic. The emphasis will be on safety and fun while riding in a group. We will ride in and around the park while avoiding busy public roads. The restrooms at the visitors center may or may not be open. MY RULES: Helmet, Water Bottle, Extra Tube and Air Supply are required. I start the ride at the posted time, please don't be late, I won't wait. I will cancel for bad weather or wet roads. If you have any questions, please text or call and leave a message, I will get back to you. Leave from the Chickamauga Battlefield visitor center at 6:00. 20-25 miles, 12-14 mph, no drop.  
Tim Blaes, 423-364-0890, [timblaes@epbfi.com](mailto:timblaes@epbfi.com).

**Friday, June 8, 9:30 AM - Riverpark Twenty or Thirty Mile Leisure Ride** - This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the loop,

riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (Rider choice!), 9-10 mph, no drop. The average speed for the second loop will be a bit higher!

<https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, [cjp0124@gmail.com](mailto:cjp0124@gmail.com)

**Saturday, June 9, 10:00 AM - Reliance to Bald River Falls** - This is my favorite ride! It's a beautiful pedal from Webb Brothers Store, along the Hiwassee River, up through Tellico Plains to Bald River Falls. After a photo op at the falls, we stop for lunch in Tellico Plains before the ride back to the cars. It's a hilly ride, but the scenery is gorgeous.

Meet at Webb Brother's Store (park down in the grass lot, behind the building) and be ready to ride at 10am. This is a no drop ride, but please make sure you can handle this distance and hills. I usually start out in the front of the group and end in the rear, with the slowest riders. 60 miles, more or less, 12-14 mph. You are welcome to go faster than the posted average as long as you know where you are going. Remember...If you get too far ahead of the ride leader, you're on your own.

There are a couple store stops, along with a lunch break.

Here is the route from Ride With GPS:

<https://ridewithgps.com/routes/7732615>

Bad weather or poor road conditions will cancel this ride. Please call if questionable.

Peggy Olson, (920) 412-0999, [pbiker10@yahoo.com](mailto:pbiker10@yahoo.com)

**Saturday, June 9, 9:00 AM - Same Ole Same Ole** - 27.5 mile ride from Battlefield Visitors Center at 9:00 to Beaumont Road, Mapco in Rock Spring, and Chickamauga, returning through the Battlefield to the Visitors Center. RideWithGPS guesses 963 ft of climbing. Final average speed will be about 12.5 mph. Looks like we should finish before it gets really hot. George Perry, 423/290-1482.

<https://ridewithgps.com/routes/6895891>

**Sunday, June 10 - No Ride Scheduled** - Please schedule one.

**Monday, June 11, 6:00 PM - Beginner Ride** - We'll start this ride in the Hospice Parking lot on Hamm Road across from Friends of the Festival. Take Manufacturer's Rd west to Hamm Rd (turn left about 1/2 mile from US-27). Parking lot is about 1/8 mile on the right. Start time: 6 pm, 5-20 miles, average speed varies, depending on who attends. This ride is to help new and returning riders develop skills, strength and stamina. The route, which may vary from week to week, will be in the Moccasin Bend/White Oak/Red Bank area. NO DROP RIDE. Inclement weather cancels the ride. Please contact ride leader if you have any questions.

Jim Trimble, [jimmit.t@gmail.com](mailto:jimmit.t@gmail.com) (478)287-0588 and

John Hubbard, [johnhubbard46@yahoo.com](mailto:johnhubbard46@yahoo.com) (423)432-9748

**Monday, June 11, 6:00 PM - Monday Night City Ride-13-15 mph** - Ride will start at Riverview Park on Riverview Rd at 6:00 PM. Front and rear lights will be needed. We've been riding the Burnt Mill Loop course. Fun ride with some rollers. 30 miles, no drop.

Chuck, (865)321-0893, [cjp0124@gmail.com](mailto:cjp0124@gmail.com).

**Monday, June 11, 6:00 PM - Monday Night City Ride-16+ mph** - Ride will start at Riverview Park on Riverview Rd at 6:00 PM. Front and rear lights will be needed. We've been riding the Burnt Mill Loop course. Fun ride with some rollers. 30 miles, no drop.

Mark Jacobs, (423)653-4753, [markj@foodliner.com](mailto:markj@foodliner.com).

**Tuesday, June 12, 9:00 AM - N GA Lite** - This is a ride that takes place every Tuesday morning. Its location and time is variable. If the ride calendar is not edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35

miles, 10-13 mph, no drop.

Daisy Blanton, 706/820-1157 h, 423/243-8203 c, [DaisyBRider@cs.com](mailto:DaisyBRider@cs.com)

**Tuesday, June 12, 6:00 PM - Battlefield Ride 12-14 mph** - This ride is geared toward Advanced Beginners and anyone wanting to ride at a slower pace without the vehicle traffic. The emphasis will be on safety and fun while riding in a group. We will ride in and around the park while avoiding busy public roads. Leave from the Chickamauga Battlefield Visitors Center, lower parking lot at 6:00 PM. The restrooms at the visitors center may or may not be open. MY RULES: Helmet, Water Bottle, Extra Tube and Air Supply are required. I start the ride at the posted time, please don't be late, I won't wait. I will cancel for bad weather or wet roads. If you have any questions, please text or call and leave a message, I will get back to you. Tim Blaes, 423-364-0890, [timblaes@epbfi.com](mailto:timblaes@epbfi.com)

**Wednesday, June 13, 6:00 PM - Red Bank Ride - The Usual One** - Leave from the Old Red Bank BI-LO site, corner of Browntown Rd and Dayton Blvd, at 6:00 PM. Ride 23 to 27 miles depending on route, 13-14 mph. Martin Penny, 423-667-6933, [hmartin.penny@gmail.com](mailto:hmartin.penny@gmail.com)

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