



Next CBC Meeting - May 21, 2018

The Tailwind 050918

The First "CBC Member Century/Metric Ride" was a success.



Michelle Anderson, Martha Wentworth, Peggy Olson, Gray Fletcher, Daisy Blanton, Johnny Barnes, George Perry, Chuck, Mike Hartline, Joe Nivert, Pete Williams, John Vass, Sharon Russell, Richard Russell, Lou Pape, Jennifer Rawlston, John Oakey

It was small (only 10 riders - all for the metric) but it was quality and fun! I'm only sorry more of you didn't come out for it. You missed a really good time.

The folks at Toyota of Cleveland were great. They cleared an area for us to park, brought out a table with water and snacks and were just very welcoming and nice.

A beautiful route and lots of support with rest stops, snacks, and drinks along the way as well as SAG drivers on patrol for anyone having mechanical issues.

Thanks to Peggy Olson, who organized this, Mike Hartline, who created the route, Chuck Puglisi, Gray Fletcher, Michelle Anderson, Martha Wentworth, Daisy Blanton, Lou Pape, John Oakey and Bob Olson for their help.

2018 Chattanooga Ride of Silence, Wednesday, May 16th

On May 16, 2018 at 7:00 PM, the Ride of Silence will traverse and unite the globe as nothing before it. Cyclists will take to the roads in a silent procession to honor cyclists who have been killed or injured while cycling on public

roadways. Although cyclists have a legal right to share the road with motorists, the motoring public often isn't aware of these rights, and sometimes not aware of the cyclists themselves"...(for more go to: <http://www.rideofsilence.org>)

Where: We begin our ride at Miller Plaza and join a global community of Rides occurring simultaneously.

Website: <http://www.rideofsilence.org/>

Chattanooga meeting location: Waterhouse Pavilion at 850 Market St.

Ride Distance: Approx. 5-6 miles

Level: Easy

Weather permitting: Rain date - Sat, May 19th

This will be a slow paced short FREE ride to raise awareness for Cyclist Rights and to honor those who have been injured or killed on the roadways while cycling. Helmets are required, Lights are recommended.

Bike to Lunch: TN Riverwalk Extension

Wednesday, May 16 10:30-12:30 p.m.



Join us as we cruise the Tennessee Riverwalk Extension to grab lunch. You'll enjoy a leisurely-paced, [guided bicycle tour of the Tennessee Riverwalk extension](#) starting from Outdoor Chattanooga into historic St. Elmo, where we'll stop at Crust Pizza for their lunch buffet. (Be sure to bring your own lunch money-the bike tour is free). This 8 mile round-trip ride is considered easy to moderate and family friendly. Please no training wheels, and children must be able to confidently ride a bike for this distance. Helmets are required for all riders and can be provided. Bicycles are provided from a gracious grant from Chattanooga Bicycle Club and Friends of Outdoor Chattanooga. Cost: Free (bring your lunch money for the pizza buffet or a refreshing beverage). Reservations required in advance as space is limited. Call 423-643-6888 to find out more and register.

Bike to Work Day Breakfast | Friday, May 18th; 7:00 - 9:00 am

We'll be celebrating the new infrastructure along Dr. Martin Luther King Jr. Boulevard & Miller Park & Plaza. These new connections make our roads safer for everyone traveling to or through the area, and to that end, we will be hearing diverse, local perspectives (businesses, policymakers, and residents) in a recorded panel discussion. The panel discussion will be moderated by Matt Busby, director of the Camp House. Mayor Berke & Martin Luther King Neighborhood Association Board Member Chris Lykins have confirmed, and Councilpersons Byrd & Oglesby have been invited as well. I want to thank Matt Busby for hosting the panel discussion and including the recording in an upcoming episode of his fantastic Camp House Podcast, and to the River City Company for their continued generosity in donating the space.

Please see below for our tentative agenda:

7:15 - Group ride down Martin Luther King Boulevard (meet at 7:00 at MLK & Central)

7:30 - Breakfast is served

7:45 - 8:15 - Panel Discussion

8:30 - Free community Qigong class lead by the Center for Mindful Living

Bike to Work Day Lunch | Friday, May 18th, 12:00 - 1:00 pm

Thanks to our partners at River City Company & CURB for joining us at lunch as well as we bike to Memo's Grill! Mayor Berke will join us again in this more casual lunchtime gathering.

12:00 - bike to Memo's from the Patten Parkway Bike Chattanooga station.

Intro to Mountain Biking

Friday, May 18th from 6:00 - 8:00 p.m.



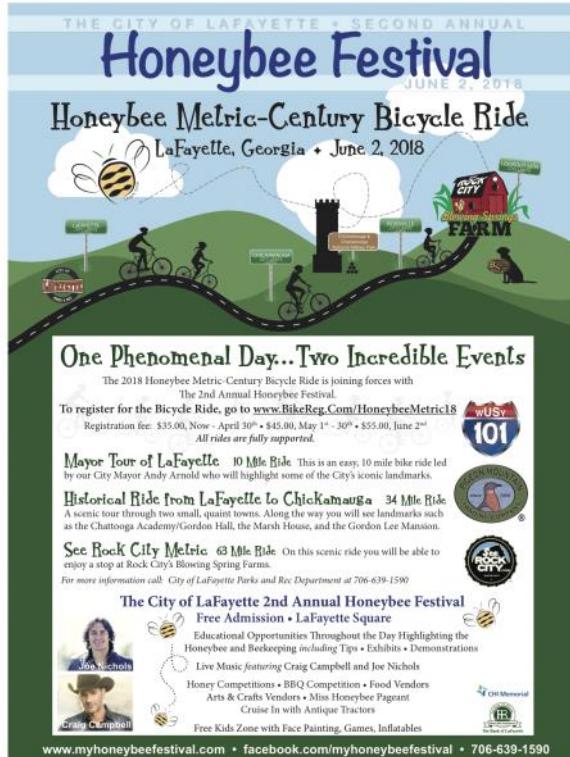
Leave the asphalt behind and get in gear for the trails. Learn the basics of mountain biking from Outdoor Chattanooga's experienced instructors with an [Intro to Mountain Biking Class](#). They'll provide you with the skills and knowledge to get you out there riding on your own. Our guides also provide information on the best local trails and rides suited for your ability, which is helpful for anyone new to the sport. No experience necessary, but must be able to confidently ride a bike. Cost: \$10. Mountain bikes, helmets, and all instruction provided. Courses meet at Greenway Farms Park. Reservations required in advance. [Email Outdoor Chattanooga](#) or call (423) 643-6888 to register and learn more.



COHUTTA FIREHOUSE CHILI RIDE - *POSTPONED*

The COHUTTA FIREHOUSE RIDE has been postponed due to unforeseen logistics. A new date will be posted as soon as we can schedule a date so as not to interfere with other rides. We apologize for any inconvenience that this has caused. For any questions, please call Andy at 706 934-6814

Honeybee Metric-Century Bicycle Ride - June 2, 2018



The organizers of the Honeybee Metric Ride, scheduled for June 2nd, are giving a discount to all Chattanooga Bicycle Club members! All you have to do is register online and enter the code CBC18 for \$5.00 off of the registration fee!

<https://www.bikereg.com/Honeybeemetric18>

Let's get out and ride some of our favorite roads for a good cause!

Oktoberfest Chattanooga Challenge - Oct 13



The OKTOBERFEST CHATTANOOGA CHALLENGE pairs an amazing bike ride with the best beer festival in the Southeast! Choose between a full 100-mile century or a 50-mile half-century on the most scenic roads in the tri-state region, including a closed-road climb up Lookout Mountain! ChattanoogaChallenge.com. Event organizer Shannon Burke, owner of Velo View Bike Tours, touts the ride as an affordable, scenic ride organized by locals. It's also an event Burke believes could fill the void left by the canceled 2018 3-State 3-Mountain Challenge.

"The Oktoberfest Chattanooga Challenge is my answer to the lack of a hometown ride," Burke said in an email to the Times Free Press. "Yes, we'll have the Hincapie Gran Fondo in May, which I'm sure will be great, but I felt that

Chattanooga needed a century ride put on by locals at a price point that was accessible to a wider audience."

Registration is now open at veloviewbiketours.com/chattanooga-challenge. It includes tickets for two beers and food at Oktoberfest, parking, a T-shirt and a water bottle. The event is \$40 for those who register before Memorial Day, \$50 for those who register between Memorial Day and Labor Day and \$60 for those who register after Labor Day. Registration closes Oct. 7.

Ride Pictures

The riders on the Riverpark Leisure 20-30 on May 5, 2018 were: Mike Hartline, Howard Rowe, Pete Williams, Gray Fletcher, Robert Powderly, John Vass, Don Fletcher, Joe Nivert, Bob Yandow, Tony Thompson, Beverly Short, Loretta Lynn, Daisy Blanton and Chuck (photographer). What a great picture of us on the Walnut Street Bridge.



Blue Goose Hollow — with Joe Nivert and Loretta Lynn. Back, Howard, Robert, Mike, Bob Yandow, Beverly



Blue Goose Hollow — with Gray Fletcher, Don Fletcher, Peter Williams, and Robert Powderly.

Blue Goose Hollow — with Daisy Blanton & Gray Fletcher



Chattanooga Donner Party Group having a drinking session for fallen member, Jon Bell, who broke his leg in a biking accident. Pictured are Robert Powderly, Bob Haag, Jon Bell, and Joe Nivert. Taking the picture was Loretta Lynn. Jon will be laid up for 8 weeks but should be ready for RAGBRAI.

5/5/18 CBC Member Ride

First sag stop in service.



Mother of the event!



Look at those happy faces.



The Newsman - John Vass



Richard Russell & Jen Rawlston



"The Legend" - George Perry



Sag stop chatter. Lou Pape, Sharon Russell, Jennifer Rawlston, Richard Russell, Gray Fletcher, Daisy Blanton. Johnny Barnes was so far ahead that we didn't get any pictures of him.



Bob Olson may not ride but he is one of the backbones of the club.



Pete Williams picked up an extra 10 miles by toying with doing the full century. That certainly deserves a Diet Mtn Dew!



No one showed up for the N GA Lite ride on Tuesday but just as I started off on my own, I spotted two folks with a Kansas tag getting bikes out of their truck. Turned out they have recently moved to Chattanooga and were trying to find places to ride. Of course I invited them to ride with me and Carol & Barry Bazemore had a delightful ride to Rock Springs. Look for them on some of our other rides. We could use a little help with selfies though.



Weekly CBC Birthdays

May 10 - May 16

James Reagan, 5/13; Cathy Becker, 5/14

Monthly Membership Notices - May 2018

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

Welcome New and Returning Members for the Month of May

Mark Claudio, Byron Mulligan

Membership Renewals Due in the month of June, 2018

James Baldwin, Shannon Burke & Celeste Cyr, Bob & Linda Connelly, Michael & Sheri Goins, David Hammel, Mark Jacobs, Ed & Amy Jones, Barry Matlock, Lori & Byron Smith

[Renew Online](#)

2018 April club annual meeting minutes.

<http://chattanoogabicycleclub.com/wp-content/uploads/2018/05/Apr-2018-mtg-minutes.pdf>

This Week's Upcoming Rides - check the CBC ride calendar for more details and activities <https://chattanoogabicycleclub.com/ride-calendar/>

Wednesday, May 9, 8:00 AM - Morning Riverwalk-Red Bank Ride - Leave from the Fry Center on the Riverwalk at 8:00 AM. Loop around Red Bank, Hixson and the Riverwalk. Ride about 20-25 miles, 12-15 mph, no drop. Bad weather cancels. James Sackett, 423-755-3635, kannk2006@gmail.com

Wednesday, May 9, 6:00 PM - Red Bank Ride - The Usual One - Leave from the Old Red Bank BI-LO site, corner of Browntown Rd and Dayton Blvd, at 6:00 PM. Ride 23 to 27 miles depending on route, 13-14 mph. Martin Penny, 423-667-6933, hmartin.penny@gmail.com

Wednesday, May 9, 6:00 PM - Neurotic Hill Climb - Leave from the Kangaroo Station on Newberry St, Red Bank. Park up toward the EPB substation, at the Kangaroo Gas station, right across the street from the Brick Yard in Red Bank. For those of you who love hills, this is your ride. 10 miles, half of which is steep climbing. Up to 12% grade in places

but short in duration. Overall slope of climbing is around 7%. Speed is slow going uphill, faster going down. The ride is designed to toughen the rider for hilly climbs and increased depth of a rider's overall power. The ride is a loop through Stuart Heights, repeated 3 times. Takes about 1:40 to complete. Ed Park, 423/400-9530, eparkseven@yahoo.com

Thursday, May 10, 9:00 AM - Urban Ride-VW/Collegedale/Apisn Loop - Let's try something new! Meet at the Soap Box Derby/Redoubt Soccer parking lot. It's the lot directly across the street from the entrance to Enterprise South, on Bonny Oaks Drive. No restrooms.

We'll hit the road at 9:00 am and ride through Enterprise South and into Collegedale. We'll jump on the Wolftever Greenway to get through town. From there, we'll head out of town for a loop on some familiar roads out in Apison before returning to Collegedale and backtracking to our cars.

Here is the link to the ride on Ride With GPS: <https://ridewithgps.com/routes/26815131>

This is a no drop ride. We will stay together and regroup as needed. There will be pit stops along the Greenway with restrooms. Distance will be 31 miles with an overall average of 11-13mph. No drop.

Bad weather or poor road conditions will cancel this ride. Call if questionable. Peggy Olson, (920) 412-0999, pbiker10@yahoo.com

Thursday, May 10, 6:00 PM - Battlefield Ride: 16+ mph - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This posting is for faster riders. Leave from the Chickamauga Battlefield visitor center at 6:00. 15-30 miles, 16 mph +. Ben Keim, (423)504-8597, benkeim03@hotmail.com

Thursday, May 10, 6:00 PM - Battlefield Ride: 14-16 mph - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This posting is for intermediate riders. Leave from the Chickamauga Battlefield visitor center at 6:00. 15-30 miles, 14-16 mph+. Tony Perri, (239)370-0713, tony@perrimarketing.com; Sharon Russell, (423)240-2700, slr.tnruss@gmail.com; Regina Martin, (423)414-1256, reginamartin0308@gmail.com

Thursday, May 10, 6:00 PM - Battlefield Ride: 12-14 mph - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This ride is geared towards Advanced Beginners and anyone wanting to ride at a slower pace without the vehicle traffic. The emphasis will be on safety and fun while riding in a group. We will ride in and around the park while avoiding busy public roads. The restrooms at the visitors center may or may not be open. MY RULES: Helmet, Water Bottle, Extra Tube and Air Supply are required. I start the ride at the posted time, please don't be late, I won't wait. I will cancel for bad weather or wet roads. If you have any questions, please text or call and leave a message, I will get back to you. Leave from the Chickamauga Battlefield visitor center at 6:00. 20-25 miles, 12-14 mph, no drop. Tim Blaes, 423-364-0890, timblaes@epbfi.com.

Friday, May 11, 9:30 AM - Riverpark Twenty or Thirty Mile Leisure Ride - This ride consists of two loops. The first loop is a leisurely ride that follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo. Near the end of the loop, riders have the option of either heading back to Hubert Fry Center, or adding the second loop, a ten mile ride that follows the South Chickamauga Creek Greenway. 20 or 30 miles (Rider choice!), 9-10 mph, no drop. The average speed for the second loop will be a bit higher!

<https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, cjp0124@gmail.com

Saturday, May 12, 8:00 AM - Chickamauga-Menlo-Cloudland Pre-Birthday Ride - 75.3 mile ride from Gordon Lee High School to Menlo, up Lookout Mountain to Cloudland and on through Mountain Cove Farms. We will stop at a store in Lafayette, for lunch at the Menlo Restaurant (706 862 2281), at Mountain Cove store if open, and otherwise whenever anyone wants to stop. The final average speed is expected to be ~11.5. RWGPS estimates 3210 ft elevation gain. Actual recorded value on a Garmin 510 was 4436 ft in 2015.

This is a Yes Drop ride. Feel free to take the route info and ride at your own speed. RL will probably finish the same day.

RL recommends the Epic Ride Weather App. It gives the forecast for the route, start time, and average speed given

to it. George Perry, 423/290-1482.

<https://ridewithgps.com/routes/12692987>

Sunday, May 13, 9:00 AM - Battlefield Beginner Ride - This is a true Beginner Ride (others are welcome of course). We will go over and practice the rules of riding in a group, build endurance and have fun. We will do loops in the Park and ride as far as each person is comfortable as fast/slow as everyone is comfortable. We will ride as a group, taking breaks as needed. Membership in the bike club is not necessary, applications will be available. Please eat a meal before you come, fasting before a ride is never a good idea. My Rules: Helmet, Water Bottle, Extra Tube and Air Supply are required. I will start the ride promptly at the posted time, don't be late I won't wait. If you have any questions please text or call and leave a message, I will get back to you. Leave from the Chickamauga Battlefield Visitors Center, lower parking lot at 9:00 AM. 5-15 miles, 10-12 mph average, no drop. Tim Blaes, 423-364-0890, timblaes@epbfi.com.

Monday, May 14, 6:00 PM - Beginner Ride - We'll start this ride in the Hospice Parking lot on Hamm Road across from Friends of the Festival. Take Manufacturer's Rd west to Hamm Rd (turn left about 1/2 mile from US-27). Parking lot is about 1/8 mile on the right. Start time: 6 pm, 5-20 miles, average speed varies, depending on who attends. This ride is to help new and returning riders develop skills, strength and stamina. The route, which may vary from week to week, will be in the Moccasin Bend/White Oak/Red Bank area. NO DROP RIDE. Inclement weather cancels the ride. Please contact ride leader if you have any questions. Jim Trimble, jimmit.t@gmail.com (478)287-0588 and John Hubbard, johnhubbard46@yahoo.com (423)432-9748

Monday, May 14, 6:00 PM - Monday Night City Ride-13-15 mph - Ride will start at Riverview Park on Riverview Rd at 6:00 PM. Front and rear lights will be needed. We've been riding the Burnt Mill Loop course. Fun ride with some rollers. 30 miles, no drop. Chuck, (865)321-0893, cjp0124@gmail.com.

Monday, May 14, 6:00 PM - Monday Night City Ride-16+ mph - Ride will start at Riverview Park on Riverview Rd at 6:00 PM. Front and rear lights will be needed. We've been riding the Burnt Mill Loop course. Fun ride with some rollers. 30 miles, no drop. Mark Jacobs, (423)653-4753, markj@foodliner.com.

Tuesday, May 15, 10:00 AM - N GA Lite - This is a ride that takes place every Tuesday morning. Its location and time is variable. If the ride calendar is not edited with specific information, that means there is no ride leader and there won't be a ride that day. We will try to have a ride each week. 20-35 miles, 10-13 mph, no drop. Daisy Blanton, 706/820-1157 h, 423/243-8203 c, DaisyBRider@cs.com

Tuesday, May 15, 6:00 PM - Battlefield Ride 12-14 mph - This ride is geared towards Advanced Beginners and anyone wanting to ride at a slower pace without the vehicle traffic. The emphasis will be on safety and fun while riding in a group. We will ride in and around the park while avoiding busy public roads. Leave from the Chickamauga Battlefield Visitors Center, lower parking lot at 6:00 PM. The restrooms at the visitors center may or may not be open. MY RULES: Helmet, Water Bottle, Extra Tube and Air Supply are required. I start the ride at the posted time, please don't be late, I won't wait. I will cancel for bad weather or wet roads. If you have any questions, please text or call and leave a message, I will get back to you. Tim Blaes, 423-364-0890, timblaes@epbfi.com

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