



Next CBC Meeting - Apr 16, 2018

The Tailwind 032118

**KICK-OFF THE SEASON WITH RIDES &
A CHILI COOK-OFF
PEACE, LOVE & CHILI**



Come out to Soddy at noon as some of the Club's finest Chili-Heads compete for bragging rights & loot. Then enjoy a great chili lunch while socializing with your fellow CBC members.

Everyone is welcome, bring your family and friends! ***(If you wanna eat, you gotta tell Lou how many are coming to chow down, b8man51@gmail.com or 423 580 3691.)***

Oh yeah... there will be 3 rides earlier in the day for cyclists of almost all abilities. All rides start at the Soddy Daisy Community Center. See the CBC Calendar for additional ride details.

1. 8:00 am - A challenging 44 mile ride featuring a climb up Brayton Mountain, led by Ed Park
2. 8:30 am - A moderately paced 30 mile social loop to Graysville & back, led by Joe Lodato
3. 9:30 am - A 10-20 mile leisurely tour of Soddy, Bakewell, and possibly Sale Creek. R/L to be determined. Start time is approximate.

MENU

- Mouthwatering Chili with all the fixin's
- Dessert
- Sweet Tea (SF & regular), SF Lemonade, coffee & water. (Or bring your own beverage but keep in mind the Community Center, like most other parks & facilities, has a no alcohol policy)
- You're welcome (and encouraged) to bring a side dish, dessert, or appetizer to share.

HOPE TO SEE YOU THERE!

3rd Annual Owen Cyclery Open House Party Demo/Giveaways - Thursday, March 22, 4-8:00 PM

Last year's Party was a blast! We had great food and drink, gave away a bunch of product and customers learned about new products. This year we will have product demos from Cannondale, Scott-Sport, Tacx Trainers, Sram, Continental, Garmin, just to name a few. This event is free. Come by and grab some food and a beer and win a prize or two.



Many thanks to Eric Hunt and Owen Cyclery for hosting our monthly meeting on Monday.

Group Ride Safety: Roadie Cyclists' and Motorists' Co-existence Must be a 'Two-Way Street'

Vehicle mirrors buzzing by your head. Vehicle drivers and passengers yelling at you while riding while in perfectly good form. Complaints about those a**hole bicyclists in conversations with friends and family. If you are a road bicyclist, you've all experienced some of this behavior. But the motorists aren't all to blame; and neither are the bicyclists. For us to have a healthy coexistence with motorists on the streets of Chattanooga and surrounding areas, the cordialities must happen in a "two-way street."

As leaders of the Chattanooga Bicycle Club, we are collectively working in 2018 to bring greater awareness to civic leaders and the public in general in our area about cycling safety. Hard to believe but, many motorists in our area – and across the country – don't realize that we have a three-foot law. Most states in the U.S. have a three-foot law, and you can check all states in the U.S. [here](#). The official Tennessee statute can be [found here](#) and it specifically states that *"The operator of a motor vehicle, when overtaking and passing a bicycle proceeding in the same direction on the roadway, shall leave a safe distance between the motor vehicle and the bicycle of not less than three feet (3') and shall maintain the clearance until safely past the overtaken bicycle."*

At CBC, we have a Cycling Advocacy Director, Phil Pugliese, and in addition to the great work Phil has already done over the years to bring cycling awareness to our community, he'll continue the push in 2018. One of our club officers will be attending the Tennessee Bike Walk Summit in Nashville this May to work with state leaders to build streets that are safer for cyclists and pedestrians. We will do our best to educate motorists that cyclists have as much right to the road as motor vehicles.

Our place on the road as good-citizen cyclists however, must be cordially reciprocal to area motorists. By this, I mean we cyclists must obey the laws of the road just as a motor vehicle would:

- Stop at all red lights, stop signs, and road markings. If in a group, the group is treated as “one vehicle.” The front cyclist in a group must determine if the group (the collective “vehicle”) can all pass safely through the light. If not, stop and wait until all can pass safely.
 - In a group ride, stay right as close to the edge of the road as possible. Ride SINGLE FILE, except when overtaking the cyclist in front of you. In a group ride, the riders from the back to front need to communicate (“car back” or “car passing”). If you are in the front of the group, be cognizant of the pace you are keeping and try not to splinter the group. With drafting and proper pace rotation, all can keep the same pace and you can still maintain your average speed, you just have to act as a team.
 - Always have a light on the back and front of your bicycle. I keep my rear red flashing light on even during day rides. During dusk or other times of low visibility, keep your rear light on, front light as well if you have one. Wearing bright colored gear and having reflectors on helmets, clothing, cleats & pedals will also help with visibility.
 - Signal from back to front of the pack in a group ride as much as possible. Riders in the front are signaling for cyclists and motorists. Cyclists in the back are communicating with motorists that a turn is coming and are also communicating with front cyclists that it is safe to turn. Communication is key in a group ride, with both fellow cyclists and motorists.
 - Slowly slow: In a group ride, hand signal and announce verbally when braking. Don’t slam on brakes; be aware of what’s in front of you and plan your braking accordingly. This will help you with enough space to gradually break at a safe slow-down speed for the cyclists behind you.
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- If a motorist buzzes you or passes otherwise dangerously, don't engage them. Just let them pass and if needed call local law enforcement.
- More cycling safety tips can be on the [CBC website here](#). Bicyclesafe.com also has some [good tips here](#).

It is important to understand as cyclists, that one person can make a difference, negatively. In being a bad cycling citizen, certain motorists will think we are all bad cycling citizens. And they will be aggressive to all of us. As ride leader in Chattanooga, I can think of only one or two times in the past 3 years where I have seen poor cycling citizenry, so we don't think this is a big problem within the CBC. But again, all it takes is one of us to mess it up for the rest of us. If we all think about our fellow cyclists out there and with the thought that we are one collective entity, we can create safer streets for all cyclists. We will do our part as CBC leaders to spread the word about the three-foot law (and other cycling concerns) within the community, and we ask that member cyclists do their part and be good cycling citizens, with the hope that we can have safe interactions with motorists this coming cycling season.

Tony Perri, CBC VP and Safety Advocate

Mountain to Town - Downhill Bike Adventures

Friday, March 23 and Saturday, March 24 9:00 a.m. - 12:00 p.m.

Join Outdoor Chattanooga for an all-inclusive downhill bike adventure from [Lookout Mountain to downtown Chattanooga](#).

Enjoy views of the city from the top of the mountain while cruising the Guild Trail until

it connects with the Tennessee Riverwalk all the way back into town.

Outdoor Chattanooga's experienced guides will be with you during the ride



providing support and instruction. You can use your own bike or borrow one of ours at no additional cost. Ride time is approximately 2 hours. Appropriate for ages 12+ with an adult. This is a beginner friendly tour, but participants must be confident riding a bike, be able to shift gears and brake independently and listen to instruction while moving at higher speeds. Cost: \$25 per person includes bike, helmet, transportation, guide staff and ride support. Reservations required in advance as space is limited. For more information and to make a reservation call (423) 643-6888 or email [Outdoor Chattanooga](#)

COHUTTA FIREHOUSE CHILI RIDE - Saturday 4/7/18

Cohutta Firehouse Chili Ride is back! Just when he thought he was out... Andy Lopez has agreed to coordinate the 2018 ride.

100K (62 miles) and 50K (32 miles) routes with SAG stops

Registration starts at 8am

Ride starts at 9am

All registration is the morning of the event and is \$35.

NOTE: Due to management changes, for this year's ride we ***can only accept cash or checks for registration***. No credit cards.

As usual, we will have firehouse chili after the ride for all riders.

For any further info, call or text Andy Lopez at 706 934-6814

Save the date and let's have a huge CBC turn out for Andy and this popular ride. Wear your CBC jersey!

Cohutta



Firehouse Ride

Up the Creek, April 28, 2018



There's no place like Rome for the 28th annual [Up the Creek Century Ride](#).

The ride leaves from the Forum in Downtown Rome and heads north to the scenic roads and rolling hills of NW Georgia. Use UTC as a training ride for Big BRAG that will start in Rome and hit the Georgia mountains June 2-6. Back by popular demand is the LCCL Strawberry Farm SAG stop with the best homemade strawberry ice cream on the planet!

Route distances: 32 miles, 53 miles, 71 miles, and 104 miles.

Pricing:

Early bird registration, \$35 no-shirt option, until April 21

Early bird registration, \$45 shirt option, until April 21 (no show/no shirt)

After April 22, ALL registration \$55 with no-shirt option (remaining shirts may be available for \$10 purchase on site during ride day.) Your

organization might already have a promo code to save you \$5, just ask!

All proceeds go to support TRED's mission of enhancing and building more trails in NW Georgia.

Honeybee Metric-Century Bicycle Ride - June 2, 2018

EARLY REGISTRATION: You can now register for the 2018 Honeybee Metric-Bicycle Ride. This year, we are hosting the HMBC Ride on the same day as the Honeybee Festival, June 2nd, 2018! [Early registration](#) will continue until March 15th, after that, registration will be \$45. All money raised from the bike ride goes back to reduce registration fees at the City of LaFayette Parks and Recreation Department. So as you plan your New Years resolution, go ahead and register for this great event and commit to a healthier you!

Here is the 2018 Honeybee Metric Bicycle Ride Jersey image! They will be available for a limited time, so you will need to get yours fast! Remember, this year the ride will be on the same day as the 2nd Annual Honeybee Festival, June 2 2018!

The 63 mile ride and 34 mile ride will kick off at 8 am and the Mayors

10mile ride will kick off at 8:10 am.

Registration and jersey purchases can be done at the following website:



<https://www.bikereg.com/honeybeemetric18>

Oktoberfest Chattanooga Challenge - Oct 13



The OKTOBERFEST CHATTANOOGA CHALLENGE pairs an amazing bike ride with the best beer festival in the Southeast! Choose between a full 100-mile century or a 50-mile half-century on the most scenic roads in the tri-state region, including a closed-road climb up Lookout

Mountain! ChattanoogaChallenge.com. Event organizer Shannon Burke, owner of Velo View Bike Tours, touts the ride as an affordable, scenic ride organized by locals. It's also an event Burke believes could fill the void left by the canceled 2018 3-State 3-Mountain Challenge.

"The Oktoberfest Chattanooga Challenge is my answer to the lack of a hometown ride," Burke said in an email to the Times Free Press. "Yes, we'll have the Hincapie Gran Fondo in May, which I'm sure will be great, but I felt that Chattanooga needed a century ride put on by locals at a price point that was accessible to a wider audience."

Registration is now open at veloviewbiketours.com/chattanooga-challenge. It includes tickets for two beers and food at Oktoberfest, parking, a T-shirt and a water bottle. The event is \$40 for those who register before Memorial Day, \$50 for those who register between Memorial Day and Labor Day and \$60 for those who register after Labor Day. Registration closes Oct. 7.

Ride Pictures

Another fun ride through the city. Beverly Short, Peggy Olson, Mike Hartline, Pete Williams, Raleigh Cooper, Daisy Blanton, and Photographer Chuck.



Halfway across the Veterans' Bridge.



The bridge near the Rowing Club has been refurbished, but it still has its old familiar wonderful rumble when riding across its new boards!!!!

The riders on the Riverpark Leisure 20 on 3-16-18 in the picture but not in order are: Raleigh Cooper, Daisy Blanton, James Sackett, Mike Hartline, Beverly Short, Tony Thompson, Forrest Simmons, Dave Bennett, and Jim Wildeman, Chuck (photographer).



It was still really foggy at the start of the Suck Creek Mtn climbing ride but the rain stopped just in time.



Yard Art



Top of the climb. They made it!!!!



Congratulations on successfully climbing Suck Creek Mountain, the first of the climbing series for 2018.



Nice group on the St Elmo to Chickamauga ride. George Perry joined us for part of the ride. Jim Wildeman, Mike Hartline, Beverly Short, Daisy Blanton, George Perry, David Bennett



CBC almost got a mascot. This dog joined us at the Coke Ovens and stayed with us all the way through the park. While keeping up with us, he still managed to chase every squirrel he saw.



Weekly CBC Birthdays

Mar 22 - Mar 28

Pat Allison, 3/24; Chuck Puglisi, 3/27

Monthly Membership Notices - March 2018

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

Welcome New and Returning Members for the Month of March

Art & Ellen Thompson, Ron & Frances Johnson, Troy & Ella Ivey, Sally Wencel, Mariella Pechero, Forrest Simmons, Burton Brown

Membership Renewals Due between the End of December, 2017 and the End of March, 2018

Lee & Iris Abelson, 3/31/2018; Caleb & Ashley Antwine, 2/28/2018; Noel Bergquist, 1/31/2018; Kimberlie Breu, 3/31/2018; Tracy & Daniel Bryant, 2/28/2018; Angela Capelle, 2/28/2018; Mark Follett, 1/31/2018; Tom & Belinda Grey, 1/31/2018; Lisa & Oliver Heyer, 2/28/2018; John & Bernie Hilbrandt, 3/31/2018; Gary Hooper, 3/31/2018; Dewayne Johnson, 1/31/2018; Jim Johnson, 3/31/2018; Susan Lawton, 1/31/2018; David Layton, 1/31/2018; John & Stephanie Marshall, 3/31/2018; Liz McNelly, 1/31/2018; David Miller & Jim Bridges, 1/31/2018; Kevin Mowery, 2/28/2018; Deborah Mynatt, 3/31/2018; William Needham, 2/28/2018; Roger O'Quinn, 1/31/2018; Lou & Cindy Pape, 1/31/2018; David & Karen Price, 3/31/2018; James Sackett, 2/28/2018; Christy Snyder, 3/31/2018; Nancy Stueve, 3/31/2018; Del & Caitlyn Sudkamp, 2/28/2018; Shel Thomas, 1/31/2018; Heather & Caleb Thompson, 3/31/2018; Bob & Silvia Ward, 3/31/2018; Terry & Kathy Worley, 3/31/2018; Carol Zitzow, 3/31/2018; Tim Zorca, 1/31/2018;

2018 February Club Meeting Minutes & March Agenda

2018 February club annual meeting minutes.

<http://chattanoogabicycleclub.com/wp-content/uploads/2018/03/feb-2018-mtg-minutes.pdf>

2018 March club monthly meeting agenda.

<http://chattanoogabicycleclub.com/wp-content/uploads/2018/03/CBC-General-meeting-agenda-3-19-18.pdf>

This Week's Upcoming Rides - check the CBC ride calendar for more details and activities <https://chattanoogabicycleclub.com/ride-calendar/>

Wednesday, Mar 21, 6:00 PM - Riverwalk-Red Bank Ride - Leave from the Frye Center on the Riverwalk at 6:00 PM. Loop around Red Bank, Hixson and the Riverwalk. Ride about 20-25 miles, 12-15 mph, no drop. Bad weather cancels. Lights are recommended. James Sackett, 423-755-3635, kannk2006@gmail.com

Thursday, Mar 22, 10:00 AM - Urban Ride-Circle the City - This Urban ride circles the City, lots of variety and a no drop ride. Leave from the Riverpark access at Boathouse Restaurant at 10:00. 35 miles, 11-13 mph, no drop. Mike Hartline, 423-313-3716, hotz45@gmail.com

Ride with GPS link-

<https://ridewithgps.com/routes/25158299>

Thursday, Mar 22, 6:00 PM - Battlefield Ride: 16+ mph - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This posting is for faster riders. Leave from the Chickamauga

Battlefield visitor center at 6:00. 15-30 miles, 16 mph +. Ben Keim, (423)504-8597, benkeim03@hotmail.com

Thursday, Mar 22, 6:00 PM - Battlefield Ride: 14-16 mph - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This posting is for intermediate riders. Leave from the Chickamauga Battlefield visitor center at 6:00. 15-30 miles, 14-16 mph+. Tony Perri, (239)370-0713, tony@perrimarketing.com; Sharon Russell, (423)240-2700, slr.tnruss@gmail.com; Regina Martin, (423)414-1256, reginamartin0308@gmail.com

Thursday, Mar 22, 6:00 PM - Battlefield Ride: 12-14 mph - Come ride through the Chickamauga Battlefield and quiet county roads of north Georgia. This ride is geared towards Advanced Beginners and anyone wanting to ride at a slower pace without the vehicle traffic. The emphasis will be on safety and fun while riding in a group. We will ride in and around the park while avoiding busy public roads. The restrooms at the visitors center may or may not be open. MY RULES: Helmet, Water Bottle, Extra Tube and Air Supply are required. I start the ride at the posted time, please don't be late, I won't wait. I will cancel for bad weather or wet roads. If you have any questions, please text or call and leave a message, I will get back to you. Leave from the Chickamauga Battlefield visitor center at 6:00. 20-25 miles, 12-14 mph, no drop. Tim Blaes, 423-364-0890, timblaes@epbfi.com.

Friday, Mar 23, 10:00 AM - Riverpark Twenty-Mile Leisure Ride - This leisurely ride follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo. Please note that the time has changed for this ride. Leave from the Riverpark Fry Center at **10:00 (Note different time)**. 20 miles, 9-10

mph. <https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, cjp0124@gmail.com

Saturday, Mar 24, 8:00 AM - Mountain Cove/Dougherty Gap Ride-

Climbing Series #2 - Meet at Gordon Lee High School in Chickamauga GA at 8:00 am. Leave out at 8:15 am. Taking the opposite Ironman course on Cove Road to avoid the triathlete folks out training. Right on Kensington Rd, then Right on Hog Jowl Rd to the Cove Store. Up Dougherty Gap for those that wish and then back to store (5 miles total up and down and takes about 20-30) min. come back along West Cove Road to 193, right on 136, left on North Marble Top Rd. Then back Bowen Lane, Boss road, Garrets Chapel Rd and then Cove Rd back to GL High School. 49.76 miles with 2,683 feet climbed including The Gap climb – About 45 miles and less than 2,000 feet total without the Gap climb. 45-50 miles, 15+ mph. Scott Higgins, (423)619-1934, ridingforbee@gmail.com. Strava map and profile : <https://www.strava.com/routes/11932002>

Saturday, Mar 24, 10:00 AM - Ladies Ride-Apison Loop - For this

month's Ladies Ride, we'll take a tour around the gently rolling hills in the Apison area. Leave from Apison Elementary School on East Brainerd Rd in Apison, TN at 10 AM. There is no restroom at the beginning of this ride, so plan ahead. We can stop at a park in Collegedale, at mile 5, for a restroom break if necessary.

This is a no drop, social paced, ride. We will regroup often and enjoy the day. 22 miles, more or less. The pace is listed as 10-12 mph, but that can be adjusted, depending on who shows up. We will ride as a group, no matter what the pace. Accompanied children are welcome, as long as they can keep the pace for that distance.

Possible lunch at Rafael's in Collegedale after the ride.

Here's the Ride with GPS link for this ride:

<https://ridewithgps.com/routes/22968213>

Bad weather or poor road conditions will cancel this ride. Call if

questionable. Peggy Olson, (920) 412-0999, pbiker10@yahoo.com.

Sunday, Mar 25, 9:00 AM - Battlefield Beginner Ride - This is a true Beginner Ride (others are welcome of course.) We will go over and practice the rules of riding in a group, build endurance and have fun. Leave from the Chickamauga Battlefield Visitors Center, lower parking lot at 9:00AM. We will do loops in the Park and ride as far as each person is comfortable, as fast/slow as everyone is comfortable. We will ride as a group, taking breaks as needed. Membership in the bike club is not necessary, applications will be available. Please eat a meal before you come, fasting before a ride is never a good idea. My Rules: Helmet, Water Bottle, Extra Tube and Air Supply are required. I will start the ride promptly at the posted time, don't be late I won't wait. If you have any questions please text or call and leave a message, I will get back to you. Tim Blaes, 423-364-0890, timblaes@epbfi.com

Sunday, Mar 25, 1:00 PM - "The Wall" Loop - I pulled off the "The Wall Loop" from the ride library which also starts at the battlefield. I would like to start a 1 p.m. Meet at the lower lot of the visitors center. It is a 24.9 mile ride. I may continue to ride a few miles more in the battlefield after the official ride is over if I am so inclined. (As in not too tired.) The speed will be 12-14 no one dropped. Meet at the lower lot of the Chickamauga Battlefield Visitor Center and be ready to ride at 1pm.

This is a 24.9 mile ride around the Chickamauga area, with a climb up "The Wall." There is a possibility of additional miles in the park, after the ride, depending on how tired the ride leader is. (Winter legs!) Average speed at the end of the ride will be between 12-14 mph. This is a no drop ride and we will regroup as needed. Bad weather or poor road conditions will cancel this ride. Lynn Seeger, (423) 667-5134, lynn.seeger@epbfi.com.

Monday, Mar 26, 6:00 PM - Beginner Ride - We'll start this ride in the Hospice Parking lot on Hamm Road across from Friends of the Festival.

Take Manufacturer's Rd west to Hamm Rd (turn left about 1/2 mile from US-27). Parking lot is about 1/8 mile on the right. Start time: 6 pm, 5-20 miles, average speed varies, depending on who attends. This ride is to help new and returning riders develop skills, strength and stamina. The route, which may vary from week to week, will be in the Moccasin Bend/White Oak/Red Bank area. NO DROP RIDE. Inclement weather cancels the ride. Please contact ride leader if you have any questions. Jim Trimble, (478)287-0588, jimmit.t@gmail.com and John Hubbard, (423)432-9748, johnhubbard46@yahoo.com

Monday, Mar 26, 6:00 PM - Monday Night City Ride-13-15 mph - Ride will start at Riverview Park on Riverview Rd at 6:00 PM. Front and rear lights will be needed. We've been riding the Burnt Mill Loop course. Fun ride with some rollers. 30 miles, no drop. Chuck, (865)321-0893, cjp0124@gmail.com.

Monday, Mar 26, 6:00 PM - Monday Night City Ride-16+ mph - Ride will start at Riverview Park on Riverview Rd at 6:00 PM. Front and rear lights will be needed. We've been riding the Burnt Mill Loop course. Fun ride with some rollers. 30 miles, no drop. Mark Jacobs, (423)653-4753, markj@foodliner.com.

Tuesday, Mar 27, 11:00 AM - N Ga Lite - We will have a ride but not sure of the route. 20-30 miles, 11-13 mph, no drop. Weather is always questionable. Check calendar closer to ride. Daisy Blanton, 706/820-1157, DaisyBRider@cs.com

Tuesday, Mar 28, 6:00 PM - Battlefield Ride 12-14 mph - This ride is geared towards Advanced Beginners and anyone wanting to ride at a slower pace without the vehicle traffic. The emphasis will be on safety and fun while riding in a group. We will ride in and around the park while avoiding busy public roads. Leave from the Chickamauga Battlefield

Visitors Center, lower parking lot at 6:00 PM. The restrooms at the visitors center may or may not be open. MY RULES: Helmet, Water Bottle, Extra Tube and Air Supply are required. I start the ride at the posted time, please don't be late, I won't wait. I will cancel for bad weather or wet roads. If you have any questions, please text or call and leave a message, I will get back to you. Tim Blaes, 423-364-0890, timblaes@epbfi.com

Wednesday, Mar 29, 6:00 PM - Riverwalk-Red Bank Ride - Leave from the Frye Center on the Riverwalk at 6:00 PM. Loop around Red Bank, Hixson and the Riverwalk. Ride about 20-25 miles, 12-15 mph, no drop. Bad weather cancels. Lights are recommended. James Sackett, 423-755-3635, kannk2006@gmail.com



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You are an active member of the Chattanooga Bicycle Club

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