

The Tailwind 020718

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Next CBC Meeting - Feb 19, 2018

The Tailwind 020718

Message from the ride coordinator:

Happy 2018! Some of you might have already braced yourselves against

the cold and started putting on miles, this year. Others of you might be waiting for those warm spring days. Either way, let's make 2018 a great year for riding a bike!

I've been working on the ride calendar for the year and finding volunteers to lead us on our adventures. We have some great ride leaders who have committed to leading our recurring weekly rides. Some have already started and some will begin after the time change in March. Here's what that schedule looks like:

Mondays:

Beginners Ride being led by Jim Trimble, Kevin Mowery and anyone else who would like to join in. Please note that if you ride with the beginners, please stay with them. They can use your encouragement and knowledge as they learn.

Intermediate and Advanced Ride being led by Mark Jacobs and Chuck P.

Tuesdays:

North Georgia Lite Ride led by Daisy Blanton

Wednesdays:

Red Bank Ride - need a leader

Thursdays:

Urban Ride led by various ride leaders.

Battlefield Ride, both intermediate and advanced levels, led by Tony Perri and Ben Keim

Fridays:

Riverwalk Ride led by Chuck P.

Sundays:

Riverview Park Rides led by Ed Park. He will have 2 different rotating routes from the park

rides from the park.

Along with all of these recurring rides, there will also be rides posted for Saturdays and Sundays each week. We'll try to get them on the calendar ahead of time, so that you can make plans to ride each week.

Even though we are not organizing the 3 State/3 Mountain Challenge this year, we will be posting a **Club Century** on the traditional 3 State date of May 5th. This will be a ride for members only, with other club members volunteering to support them. If this is something you want to participate in, make sure your club membership is up to date!

That being said...we will still be posting the **Climbing Series** this year. Rides will start on March 17th and continue until the century ride. I'm looking for volunteer ride leaders for these climbs. Please contact me if you're interested.

The monthly **Ladies Rides** have already begun! They occur on the 4th Saturday of each month and will meet and ride in a different area each month. These are slow, social rides with lunch to follow.

I will soon be posting all of the **local bike shop rides** on our calendar, too. These shops are always helping us out, so think about supporting their rides also. It's a win-win!

We may see the return of a **Silver Comet Weekend** for the CBC. Lou Pape, bike tour planner extraordinaire, is looking into the logistics of this. Stay tuned!

There are also some fun ideas rolling around for additional rides. We'll get them on the calendar as soon as we can.

With all of the fun rides we'll be having this year, I just want to remind everyone of some basic safety concerns that come up every year.

- 1) Please ride single file in traffic. It is legal to ride 2 abreast ONLY IF YOU ARE NOT IMPEDING TRAFFIC.
- 2) If you hear someone shout "Car Back", move to the right as quickly as safely possible.
- 3) It is a law that any slow moving vehicle, including bicycles, move off the road, when safe to do so, if there are 4 or more cars lined up behind you.
- 4) Remember to call out road hazards and signal for turns while riding with a group. This can alleviate mishaps and keep your fellow riders smiling.
- 5) Please be courteous to motorists. I know it's so tempting to shout or wave a finger, but it doesn't help the situation and can cause an unwanted scene. Just shake your head and keep going. Remember that while you're riding with the CBC, you are not only representing the club, but the entire cycling community.

I'm looking forward to a great year! Remember that this club is made up of its members. We can make it whatever we want it to be. The more involved you are, the more you'll enjoy it!

Happy Biking!

Peggy Olson
Road Ride Coordinator

Winter Workshop Series: February 8 – Bike Packing 101

Think backpacking via bicycle. Cover more ground than your feet and access more remote places with increased adventure. Gaston Farmer, local outdoor recreation expert and athlete, will discuss two distinct styles of the sport, essential gear and equipment, packing list and how to pack, trip planning tips and resources. After attending this workshop, beginner to advanced cyclists will find more opportunities for unique family fun, 'wheelie' remote weekend warrior adventures, or maybe even be inspired to complete an epic cross country bikepacking adventure!



RESERVATIONS REQUIRED

Call (423) 643-6888

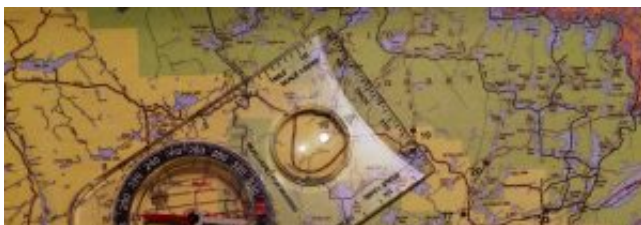
Email [Outdoor Chattanooga](#)

February 15 – Bike Maintenance 101

Outdoor Chattanooga's bicycle guru, James Eubank, will lead participants through three different aspects of bicycle maintenance; fixing a flat tire and how to prevent flats, quick ways to clean and lube your bicycle with minimal equipment, and how to conquer the daunting task of tuning your rear derailleur. Participants can choose one or all three skills to learn. No previous bike knowledge is required, tools will be provided and questions will be encouraged. Hands and clothing might get dirty/greasy. Bring your bike for demonstration or use one of ours. No registration is required.

February 22 – Navigate with Map and Compass

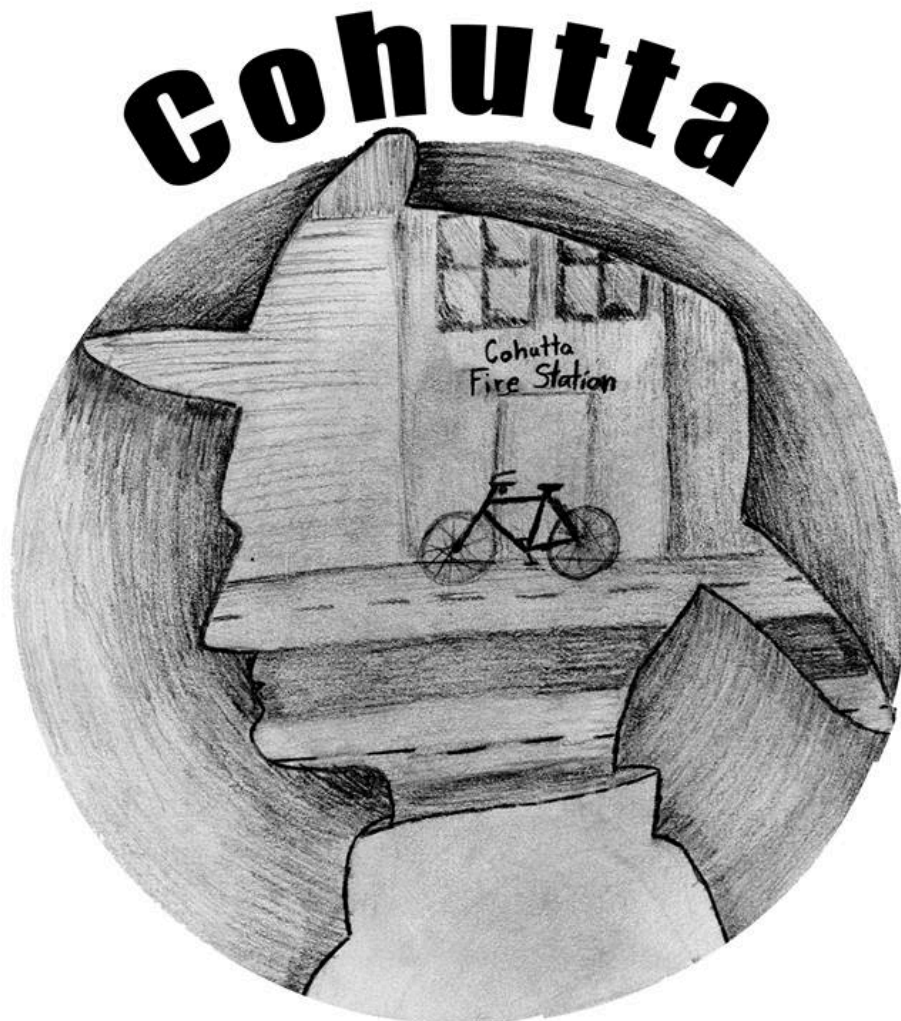
We've become pretty dependent on smartphones for way finding, but what happens if the signal fails or the battery dies while you're out on the trail? Learn the basics of how to navigate using the "old school" method of map and compass. Maps and compasses are available to use in small groups for class.





COHUTTA FIREHOUSE CHILI RIDE - Saturday 4/7/18

Cohutta Firehouse Chili Ride is back! Just when he thought he was out... Andy Lopez has agreed to coordinate the 2018 ride. Save the date and let's have a huge CBC turn out for Andy and this popular ride. Wear your CBC jersey! Details coming as soon as they are available.



Firehouse Ride

Up the Creek, April 28, 2018



There's no place like Rome for the 28th annual [Up the Creek Century Ride](#). The ride leaves from the Forum in Downtown Rome and heads north to the scenic roads and rolling hills of NW Georgia. Use UTC as a training ride for Big BRAG that will start in Rome and hit the Georgia mountains June 2-6. Back by popular demand is the LCCL Strawberry Farm SAG stop with the best homemade strawberry ice cream on the planet!

Route distances: 22 miles, 52 miles, 71 miles, and 104 miles

route distances: 52 miles, 55 miles, 71 miles, and 104 miles.

Pricing:

Early bird registration, \$35 no-shirt option, until April 21

Early bird registration, \$45 shirt option, until April 21 (no show/no shirt)

After April 22, ALL registration \$55 with no-shirt option (remaining shirts may be available for \$10 purchase on site during ride day.) Your organization might already have a promo code to save you \$5, just ask!

All proceeds go to support TRED's mission of enhancing and building more trails in NW Georgia.

Honeybee Metric-Century Bicycle Ride - June 2, 2018



EARLY REGISTRATION: You can now register for the 2018 Honeybee Metric-Bicycle Ride. This year, we are hosting the HMBC Ride on the same day as the Honeybee Festival, June 2nd, 2018! [Early registration](#) will continue until March 15th, after that, registration will be \$45. All money raised from the bike ride goes back to reduce registration fees at the City of LaFayette Parks and Recreation Department. So as you plan your New Years resolution, go ahead and register for this great event and commit to

years resolution, go ahead and register for this great event and commit to a healthier you!

Ride Pictures

What a wonderful ride on Signal Mtn. After showing us many beauty spots, we talked Alan Vass into showing us his treehouse. Not only did we get to see his amazing treehouse but his wife, Barbara, brought us hot apple cider and cookies. And if that wasn't enough, she found some Mtn Dew for Picky Pete. Such a nice person. Peggy Olson, Daisy Blanton, Alan Voss, Tom Caldwell, Tom Jamison, Pete Williams, and Chuck (photographer).



A cold Riverwalk ride. Some of us wimped out. Brave souls: Jim Wildeman, Pete Williams, Mike Hartline and Chuck (not pictured).





Weekly CBC Birthdays

Feb 8 - Feb 14

Russell Robbin, 2/9; Robert Powderly, 2/11; Lou Pape, 2/13

Monthly Membership Notices - February 2018

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

Welcome New and Returning Members for the Month of February

Sandy Battles, Mike Sabin, David & Katie Bishop

Membership Renewals Due between the End of November, 2017 and the End of February, 2018

Caleb & Ashley Antwine, 2/28/2018; Noel Bergquist, 1/31/2018; Tracy & Daniel Bryant, 2/28/2018; Angela Capelle, 2/28/2018; Eric Darling, 1/31/2018; Mark Follett, 1/31/2018; Tom & Belinda Grey, 1/31/2018; Lisa & Oliver Heyer, 2/28/2018; Troy & Ella Ivey, 1/31/2018; Dewayne Johnson, 1/31/2018; Ron & Frances Johnson, 1/31/2018; Craig Keener, 2/28/2018; Susan Lawton, 1/31/2018; David Layton, 1/31/2018; Matt & Jill Mallett, 2/28/2018; Liz McNelly, 1/31/2018; Dennis & Ann Meinert, 2/28/2018; David Miller & Jim Bridges, 1/31/2018; Terry & David Moffett, 2/28/2018; Kevin Mowery, 2/28/2018; William Needham, 2/28/2018; Roger O'Quinn, 1/31/2018; Lou & Cindy Pape, 1/31/2018; John Poinsette, 2/28/2018; Janiece & Jim Rosenbloom, 1/31/2018; James Sackett, 2/28/2018; Dawn Salyer, 1/31/2018; Forrest Simmons, 1/31/2018; Del & Caitlyn Sudkamp, 2/28/2018; Karen & Webb Tallon, 1/31/2018; Shel Thomas, 1/31/2018; Sharon Tingley, 2/28/2018; Jim Wright, 1/31/2018; Tim Zorca, 1/31/2018;
[Renew Online](#)

2017 November Club Meeting Minutes & January Agenda

2017 November club meeting minutes.

<http://chattanoogabicycleclub.com/wp-content/uploads/2017/12/nov-20-mtg-minutes.pdf>

2018 January club annual meeting agenda.

http://chattanoogabicycleclub.com/wp-content/uploads/2018/01/CBC_Agenda_Jan_2018.pdf

This Week's Upcoming Rides - check the CBC ride calendar for more details and activities <https://chattanoogabicycleclub.com/ride-calendar/>

Thursday, Feb 8, 11:00 AM - Urban Ride-Big Biscuit Ride - It's time to hit the Big Biscuit!

Meet at the Fry Center on the Tennessee Riverwalk and be ready to ride at 11 am. This is a 33 mile ride that is challenging in the beginning, climbing

Missionary Ridge. After working up an appetite, we'll stop for a snack at The Big Biscuit. Then, we'll loop toward the Battlefield, then to downtown Chattanooga to pick up the Riverwalk to head back to our cars. This is a no drop ride and we will regroup as needed. Our overall average will be between 11-13mph.

Here is the link to this ride on Ride With GPS:

<https://ridewithgps.com/routes/26775009>

Bad weather or poor road/trail conditions will cancel this ride. Call if questionable. Peggy Olson, (920) 412-0999, pbiker10@yahoo.com

Friday, Feb 9, 11:30 AM - Riverpark Twenty-Mile Leisure Ride - This leisurely ride follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo. Leave from the Riverpark Fry Center at 11:30. 20 miles, 9-10

mph. <https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, cjp0124@gmail.com

Saturday, Feb 10 - No ride scheduled - Feel free to add one!

Sunday, Feb 11 - No ride scheduled - Feel free to add one!

Tuesday, Feb 13 - N Ga Lite - St Elmo-Flintstone-Chickamauga - We will have a ride if the weather allows. Check the CBC Calendar for details closer to the date. Daisy Blanton, 706/820-1157, DaisyBRider@cs.com



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You are an active member of the Chattanooga Bicycle Club

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