



***Next CBC Meeting - Annual Meeting and Party,
Jan 20, 2018***

The Tailwind 011718

I apologize for the problem with the newsletter this week. I changed the return email address to my active one but it has rejected about half of the newsletters. I've changed it back to the invalid one and hope it will work again. Also Peggy added a new ride on Sunday after the first one had been published so I am able to include it in this

one. Daisy

Annual Meeting and Party, Jan 20, 2018

Annual CBC meeting and party will take place on Saturday, January 20, 2018 from 6:00 pm. to 9:00 pm. at the Chattanooga Homebuilder's Association (downstairs) on 3221 Harrison Pike (off Hwy 153 near Amnicola Hwy) in Chattanooga, TN.

The meeting and party will feature dinner catered by The Purple Daisy, presentations, awards for ride leaders, recognition of board members and door prizes.

Please bring desserts and appetizers. Please RSVP your attendance to Michelle Anderson, Social Director, at michelleande696@gmail.com or 423-505-7282. When you RSVP please let Michelle know what you are bringing. We look forward to seeing you and your family at this festive gathering.

"Sorry to be a party pooper but according to the Homebuilder's Association of Greater Chattanooga renter's contract, guests are not permitted to bring their own alcohol to events at the banquet hall. "

Just an FYI, at the annual CBC meeting on January 20, 2018, club members will have the opportunity to purchase 3 STATE 3 MOUNTAIN JERSEYS leftover from prior years. The cost is \$30 cash or check only. Unfortunately, they are not available in every size.



Area Mountain Bike Trail Closure Update

I believe all the SORBA trails are open now. For those wishing to ride any of the trails during this weather, we ask that you PLEASE only ride while the air/ground temperature is below freezing. When it is thawing is the worst time. Precip coupled with temperature changes will evoke serious freeze-thaw.

SORBA and its volunteers thank you for respecting closures, being cautious of changing trail conditions and your continued support. Please help “spread the word” to ensure safety and sustainability.

Winter Workshop Series: Wilderness First Aid

Outdoor Chattanooga's [Winter Workshop Series](#) returns in 2018 to offer a series of classroom based, outdoor education and skill building workshops that are free and open to the public. All ages are welcome. Reservations or

experience NOT required to attend. We start the series with a 2-part introduction to Wilderness First Aid on Jan. 18 and 25th (**Non-certification course**). Wilderness first aid training prepares you for how to handle emergencies in the woods until you can get to definitive care. **These workshops are not for certification, but do offer insightful discussions for training and practice purposes. Jan. 18 - Part 1: Participants will gain a better understanding on how to assess, treat, and contain emergencies related to soft tissue injury, fractures, trauma and building splints. Jan. 25 - Part 2: will cover emergencies related to environmental disasters, exposure, survival hacks, and hypothermia. Come for one or both. For more info email [Outdoor Chattanooga](mailto:OutdoorChattanooga) or call 423.643.6888 to learn more.



Additional Winter Workshops occur Thursdays, 6:00-7:30 p.m., Jan. 18 through March 1st at Outdoor Chattanooga, 200 River St. in Coolidge Park. [Click here](#) to learn more.

February 8 – Bike Packing 101

Think backpacking via bicycle. Cover more ground than your feet and access more remote places with increased adventure. Gaston Farmer, local outdoor recreation expert and athlete, will discuss two distinct styles of the sport, essential gear and equipment, packing list and how to pack, trip planning tips and resources. After attending this workshop, beginner to advanced cyclists will find more opportunities for unique family fun, 'wheelie' remote weekend warrior adventures, or maybe even be inspired to complete an epic cross country bikepacking adventure!



RESERVATIONS REQUIRED

Call (423) 643-6888

Email [Outdoor Chattanooga](mailto:OutdoorChattanooga)

February 15 – Bike Maintenance 101

Outdoor Chattanooga's bicycle guru, James Eubank, will lead participants through three different aspects of bicycle maintenance; fixing a flat tire and how to prevent flats, quick ways to clean and lube your bicycle with minimal equipment, and how to conquer the daunting task of tuning your rear derailleur. Participants can choose one or all three skills to learn. No previous bike knowledge is required, tools will be provided and questions will be encouraged. Hands and clothing might get dirty/greasy. Bring your bike for demonstration or use one of ours. No registration is required.

February 22 – Navigate with Map and Compass

We've become pretty dependent on smartphones for way finding, but what happens if the signal fails or the battery dies while you're out on the trail? Learn the basics of how to navigate using the "old school" method of map and compass. Maps and compasses are available to use in small groups for class.



Up the Creek, April 28, 2018



There's no place like Rome for the 28th annual [Up the Creek Century Ride](#).

The ride leaves from the Forum in Downtown Rome and heads north to the scenic roads and rolling hills of NW Georgia. Use UTC as a training ride for Big BRAG that will start in Rome and hit the Georgia mountains June 2-6. Back by popular demand is the LCCL Strawberry Farm SAG stop with the best homemade strawberry ice cream on the planet!

Route distances: 32 miles, 53 miles, 71 miles, and 104 miles.

Pricing:

Early bird registration, \$35 no-shirt option, until April 21

Early bird registration, \$45 shirt option, until April 21 (no show/no shirt)

After April 22, ALL registration \$55 with no-shirt option (remaining shirts may be available for \$10 purchase on site during ride day.) Your organization might already have a promo code to save you \$5, just ask!

All proceeds go to support TRED's mission of enhancing and building more trails in NW Georgia.

Honeybee Metric-Century Bicycle Ride - June 2, 2018



EARLY REGISTRATION: You can now register for the 2018 Honeybee Metric-Bicycle Ride. This year, we are hosting the HMBC Ride on the same day as the Honeybee Festival, June 2nd, 2018! [Early registration](#) will continue until March 15th, after that, registration will be \$45. All money raised from the bike ride goes back to reduce registration fees at the City of LaFayette Parks and Recreation Department. So as you plan your New Years resolution, go ahead and register for this great event and commit to a healthier you!

Ride Pictures

In spite of the threatening rain, we had fine weather and a really fun ride on Peggy's Urban Cleveland Ride. There were four of us: Beverly Short, Daisy

Blanton, Peggy Olson & Chuck.



Weekly CBC Birthdays

Jan 18 - Jan 24

No birthdays this week.

Monthly Membership Notices - January 2018

Please be sure to notify us of any email change since all our communication is generally online. Thanks.

Welcome New and Returning Members for the Month of January

Marshall & Jane Horton, Alton & Sandra Brazzle, Pat Allison, Doug & Joann Wood, Charlie & Agnes Breeding, Jon Bell & Loretta Lynn, Andy Jones, Eric & Tina Zitzow, Don Kent, Ben & Jodi Keim, Lois Newton, Kevin Zitzow & Judy Carruth, Joe Nivert

Membership Renewals Due between the End of October, 2017 and the End of January, 2018

Michelle & Eric Anderson, 1/31/2018; Noel Bergquist, 1/31/2018; David & Katie Bishop, 1/31/2018; Eric Darling, 1/31/2018; Don & Gray Fletcher, 1/31/2018; Mark Follett, 1/31/2018; Tom & Belinda Grey, 1/31/2018; Wendy Halsey-Richardson, 11/30/2017; Joseph & Michelle Anh Headrick, 11/30/2017; Troy & Ella Ivey, 1/31/2018; Tom Jamison, 1/31/2018; Dewayne Johnson, 1/31/2018; Ron & Frances Johnson, 1/31/2018; David & Darda Kerfield, 1/31/2018; Susan Lawton, 1/31/2018; David Layton, 1/31/2018; Liz McNelly, 1/31/2018; David Miller & Jim Bridges, 1/31/2018; Roger O'Quinn, 1/31/2018; Lou & Cindy Pape, 1/31/2018; Martin Penney, 1/31/2018; Janiece & Jim Rosenbloom, 1/31/2018; Dawn Salyer, 1/31/2018; Forrest Simmons, 1/31/2018; Karen & Webb Tallon, 1/31/2018; Shel Thomas, 1/31/2018; Jim Wright, 1/31/2018; Alan & Barbara Voss, 12/31/2017; Tim Zorca, 1/31/2018;

[Renew Online](#)

2017 November Club Meeting Minutes & January Agenda

2017 November club meeting minutes.

<http://chattanoogaclub.com/wp-content/uploads/2017/12/nov-20-mtg-minutes.pdf>

2018 January club annual meeting agenda.

http://chattanoogaclub.com/wp-content/uploads/2018/01/CBC_Agenda_Jan_2018.pdf

This Week's Upcoming Rides - check the CBC

ride calendar for more details and activities <https://chattanoogaclub.com/ride-calendar/>

Thursday, Jan 18, 11:00 AM - Urban Ride - City Ride - This urban ride offers a *very enjoyable* tour of Chattanooga! The ride tours east side and downtown areas of the city, and then goes on to tour the north shore with climbs up Young Avenue, and Tremont Street-Mississippi Avenue.

We *will* take our time on the climbs! Leave from the Hubert Fry Center on the Riverwalk at 11:00. 31 miles, 11-13 mph, no drop. Chuck, 865-321-0893, cjp0124@gmail.com.

<https://ridewithgps.com/routes/26564952>

Friday, Jan 19, 11:30 AM - Riverpark Twenty-Mile Leisure Ride - This leisurely ride follows the Riverwalk from the Hubert Fry Center to the Wheland Foundry Station in St. Elmo, and then returns to Hubert Fry Center. The ride has a "bring your own snack" stop at the Blue Goose Hollow Station on the way back from St. Elmo. Leave from the Riverpark Fry Center at 11:30. 20 miles, 9-10

mph. <https://ridewithgps.com/routes/26460895>

Chuck, 865/321-0893, cjp0124@gmail.com

Saturday, Jan 20, 6:00 PM - CBC Annual Meeting & Party - See above. Please come and RSVP. However, all members are welcome anyway.

Sunday, Jan 21, 1:00 PM - January Defrost Ride

- Cabin fever has hit, but it looks like better weather for the weekend. Let's get out and defrost a little! Meet at Red Clay Park and be ready to ride at 1:00pm. Please park in the lot by the picnic pavilion. We will do a 32 mile loop with no scheduled store stop, but we will regroup as needed. The average speed is posted at 12-14mph, but if you would like to go faster you can. Just make sure you know where you're going! I usually start out in the front and end up in the back with the cool kids. This is a no drop ride. Cue sheets will be available, but here is a link to the ride on Ride With

GPS: <https://ridewithgps.com/routes/18864796>

Bad weather or poor road conditions will cancel this ride. Call if questionable.. Peggy Olson, (920) 412-0999, pbiker10@yahoo.com

Tuesday, Jan 23 - N Ga Lite - We will have a ride if the weather allows. Looks really nice now. Check the CBC Calendar for details closer to the date. Daisy Blanton, 706/820-1157, DaisyBRider@cs.com



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You are an active member of the Chattanooga Bicycle Club

Our mailing address is:
Chattanooga Bicycle Club
PO Box 11495
Chattanooga, TN 37401

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